Preconception Health Indicators[a] in CPONDER
Domain: Mental Health

Domain	CPONDER Indicator/ CPONDER Topic Area	Indicator Description[b]	Question in PRAMS	Core[c] or Standard [d]/ Years Available	Which States
Mental Health: Anxiety and Depression	Indicator of pre– pregnancy depression check Topic Area: Preconception Health	Percentage of women aged 18–44 years[e] having a live birth who visited a health care provider to be checked or treated for anxiety or depression during the 12 months prior to pregnancy	At any time during the *12 months before* you got pregnant with your new baby, did you do any of the following things? I visited a health care worker to be checked or treated for depression or anxiety	PRAMS Core 2009–2011	All[f]
Mental Health: Postpartum Depression	Indicator of whether mother reported frequent postpartum depressive symptoms (**Note:** separate indicator for years 2004–2008 and 2009 – 2011) Topic Area: Mental Health	**Years 2004–2008**: Percentage of women aged 18–44 years having a live birth who experienced depressive symptoms after pregnancy (defined as a response of "Always" or "Often" for either or both questions).	**Years 2004–2008**: Since your new baby was born, how often have you felt down, depressed, or hopeless? [ ] Always [ ] Often [ ] Sometimes [ ] Rarely [ ] Never Since your new baby was born, how often have you had little interest or little pleasure in doing things? [ ] Always [ ] Often [ ] Sometimes [ ] Rarely [ ] Never **Years 2009–2011**:	PRAMS Standard 2004–2008 (25 states) PRAMS Core 2009–2011	**Years 2004–2008**: AK, CO, DE, GA, HI, MA, MD, ME, MN, MO, NC, NE, NM, NY, OH, OR, PA, RI, SC, TN, UT, VT, WA, WI, WY

| | | Years 2009–2011: Percentage of women aged 18–44 years having a live birth who experienced depressive symptoms after pregnancy defined as the sum of the codes from all three subparts being 10 or more. | Below is a list of feelings and experiences that women sometimes have after childbirth. Read each item to determine how well it describes your feelings and experiences. Then, write on the line the number of the choice that best describes how often you have felt or experienced things this way *since your new baby was born.* Use the scale when answering:

1   2   3   4   5
Never Rarely Sometimes Often Always

• I felt down, depressed, or sad
• I felt hopeless
• I felt slowed down | | Years 2009–2011: All |

[a] All preconception health indicators in CPONDER include the designation (*PCH) in their label.

[b] Unless otherwise stated the denominator for all indicators is women aged 18–44 years who delivered a live–born infant.

[c] Core questions are available for all PRAMS states.

[d] Standard questions are not available for all PRAMS states.

[e] PRAMS preconception health indicators are only defined for women aged 18–44 years but PRAMS data include women of all ages who had a live birth. To restrict the estimates to women aged 18–44 years in CPONDER, use the breakout variable "Break out by Maternal Age — 18–44 years only."

[f] PRAMS states must reach or exceed the response rate threshold of 70% (for 2000–2006) and 65% (for 2007 and beyond) for their data to be included in CPONDER.