

Preconception Indicators in CPONDER
 Domain: Health Care

Domain	CPONDER Indicator/ CPONDER Topic Area	Indicator Description^b	Question in PRAMS	Core^c or Standard^d/ Years Available	Which States
Health Care: Postpartum Checkup	Since your new baby was born, have you had a postpartum checkup for yourself? Topic Area: Maternal Health Care	Percentage of women aged 18–44 years ^e having a live birth who had a postpartum checkup	<i>Since your new baby was born</i> , have you had a postpartum checkup for yourself? (A postpartum checkup is the regular checkup a woman has about 6 weeks after she gives birth).	PRAMS Standard 2004–2008 (18 states) PRAMS Standard 2009–2011 (18 states)	Years 2004–2008: AR, GA, HI, MA, MN, MO, NJ, NYC, NY, OH, RI, SC, TN, VT, WA, WI, WV, WY Years 2009–2011: AR, GA, HI, MA, MI, MN, MO, NJ, NYC, NY, OH, RI, TN, TX, UT, WA, WI, WV
Health Care: Access to and Utilization of Health Care	Indicator of health insurance coverage in the month before pregnancy (Note: separate indicator for years 2004–2008 and 2009 – 2011) Topic Area: Insurance Coverage	Years 2004–2008: Percentage of women aged 18–44 years having a live birth who had health care coverage just before pregnancy Years 2009–2011: Percentage of women aged 18–44 years having a live birth who had health care coverage during the month prior to pregnancy	Years 2004–2008: Just before you got pregnant, did you have health insurance? Don't count Medicaid. Just before you got pregnant, were you on Medicaid? Years 2009–2011: During the <i>month before</i> you got pregnant with your new baby, were you covered by any of these types of health insurance plans? <ul style="list-style-type: none"> • Health insurance from a job (your job or the job of your 	PRAMS Core 2004–2011	All ^f

			<p>husband, partner or parents)</p> <ul style="list-style-type: none"> • Health insurance that you or someone else paid for (not from a job) • Medicaid (or <i>state Medicaid name</i>) • TRICARE or other military health care • <i>State-specific option</i> • I did not have any health insurance • Other source => Please tell us 		
Health Care: Content and Quality of Care	<p>Indicator of having received preconception counseling</p> <p>(Note: separate indicator for years 2004–2008 and 2009 – 2011)</p> <p>Topic Area: Maternal Health Care</p>	<p>Years 2004–2008: Percentage of women aged 18–44 years having a live birth who received preconception counseling about healthy lifestyle behaviors and prevention strategies from a health care provider prior to pregnancy</p> <p>Years 2009–2011: Percentage of women aged 18–44 years having a live birth who, prior to pregnancy, received</p>	<p>Years 2004–2008: Before you got pregnant with your new baby, did a doctor, nurse, or other health care worker talk to you about how to prepare for a healthy pregnancy and baby?</p> <p>Years 2009–2011: Before you got pregnant with your new baby, did a doctor, nurse, or other health care worker talk with you about any of the things listed below? <i>Please count only discussions, not reading materials or videos.</i></p> <ul style="list-style-type: none"> • Taking vitamins with folic acid before pregnancy 	<p>PRAMS Standard 2004–2008 (6 states)</p> <p>PRAMS Standard 2009–2011 (4 states)</p>	<p>Years 2004–2008: LA, ME, NJ, OH, UT, VT</p> <p>Years 2009–2011: MD, MI, NJ, OH</p>

		preconception counseling (defined as a doctor, nurse, or other health care worker talked with them about 5 or more of 11 lifestyle behaviors and prevention strategies)	<ul style="list-style-type: none"> • Being a healthy weight before pregnancy • Getting my vaccines updated before pregnancy • Visiting a dentist or dental hygienist before pregnancy • Getting counseling for any genetic diseases that run in my family • Controlling any medical conditions such as diabetes and high blood pressure • Getting counseling or treatment for depression or anxiety • The safety of using prescription or over-the-counter medicines during pregnancy • How smoking during pregnancy can affect a baby • How drinking alcohol during pregnancy can affect a baby • How using illegal drugs during pregnancy can affect a baby 		
Health Care: Access to Dental Care	Years 2004–2008: Indicator of mother having her teeth cleaned any time prior to pregnancy	Years 2004–2008: Percentage of women aged 18–44 years having a live birth who had their teeth cleaned before pregnancy.	Years 2004–2008: When did you have your teeth cleaned by a dentist or dental hygienist? Before my recent pregnancy	PRAMS Standard 2004–2008 (19 states)	Years 2004–2008: AK, AR, CO, MD, ME, MI, MO, MS, NE, NJ, NY, OH, SC, TN, UT, VT, WA, WV

	<p>Years 2009–2011: Indicator of mother having her teeth cleaned in the 12 months prior to pregnancy</p> <p>Topic Area: Oral Health</p>	<p>Years 2009–2011: Percentage of women aged 18–44 years having a live birth who had their teeth cleaned during the 12 months prior to pregnancy</p>	<p>Years 2009–2011: At any time during the 12 <i>months before</i> you got pregnant with your new baby, did you do any of the following things?</p> <p>I had my teeth cleaned by a dentist or dental hygienist</p>	<p>PRAMS Core 2009–2011</p>	<p>Years 2009–2011: All</p>
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^a All preconception health indicators in CPONDER include the designation (*PCH) in their label.

^b Unless otherwise stated the denominator for all indicators is women aged 18–44 years who delivered a live-born infant.

^c Core questions are available for all PRAMS states.

^d Standard questions are not available for all PRAMS states.

^e PRAMS preconception health indicators are only defined for women aged 18–44 years but PRAMS data include women of all ages who had a live birth. To restrict the estimates to women aged 18–44 years in CPONDER, use the breakout variable “Break out by Maternal Age — 18–44 years only.”

^f PRAMS states must reach or exceed the response rate threshold of 70% (for 2000–2006) and 65% (for 2007 and beyond) for their data to be included in CPONDER.