READY WRIGLEY PREPARES FOR WINTER WEATHER
Note to Parents, Guardians, and Teachers

The Centers for Disease Control and Prevention has created Ready Wrigley to provide young children, parents, guardians, and teachers with tips, activities, and a story to help the whole family prepare for emergencies. Together with your child, join Wrigley as she helps her family prepare for emergencies by staying informed, packing emergency kits, and making a family communication plan.

The activity book is designed to provide an interactive tool to further your child’s education and promote disaster preparedness in your community. We hope you will encourage its use in your schools, communities, and families to help children learn the importance of being prepared.
It is very cold outside! Wrigley must get her family ready for winter weather. There is so much to do!

READY WRIGLEY TO THE RESCUE!
Before it gets too cold, Wrigley and her family talk about what to do and who to call in an emergency.

**Fill out a plan with your family to have in an emergency.**

**MY FAMILY COMMUNICATION PLAN**

- **My Name:**
- **My Address:**
- **My Telephone Number:**
- **Meeting Place:**

**Family Information**

- **Work Number:**
- **Cell Number:**
- **Email:**
- **Neighbor/Relative name and number:**
- **Out of town contact name and number:**

*Always remember to dial 911 in emergencies.*
Wrigley and her family make sure their emergency kit has winter items in it. An emergency kit keeps everything you might need in an emergency in one place.

Can you find the emergency items hidden in this picture?

- Batteries
- Blanket
- Cell phone
- First aid kit
- Flashlight
- Food
- Map
- Medicine
- Money
- Pet food
- Radio
- Water
Some families might need extra items for special needs. Don’t forget to include these items in your kit!

Draw a line to match the word on the left with the correct item on the right.

- Baby supplies
- Glasses
- Hearing aid
- Insulin shot
- Medication
- Oxygen
- Walker

If a family member needs special care, make a list of information such as doctors’ names and numbers, and medications and their dosage.
Wrigley and her family check to make sure their smoke detectors and carbon monoxide detectors work and have new batteries.

Carbon monoxide detectors can alert you to dangerous gas in the house. If the carbon monoxide alarm sounds, move outside to get fresh air and call for help from there.
Wrigley and her family listen to the radio and the news on TV for information on winter storms.

**WE EXPECT A LOT OF SNOW TO FALL TODAY...**

Have a battery-powered or hand crank radio ready for news during a storm or when the power is out.
Wrigley and her family put down rock salt and sand to melt the ice so they don’t slip on their driveway and sidewalks. Walk very slowly on snowy, icy walkways.

If your family uses a generator, make sure to use it outside, away from the house.
Wrigley is ready to play outside! She has a fur coat, but her family has to wear several layers of warm clothes. They make sure to wear bright colors so it is easy to see each other.

Color the winter clothes you need to stay warm.
After playing outside for a while, Wrigley and the kids come inside to warm up and change into dry clothes.

Decode the secret message to learn what to do when you come in from the snow.

3 8 1 14 7 5

15 21 20 15 6

23 5 20

3 12 15 20 8 5 19

KEY

Shivering, tiredness, and numbness in your nose, earlobes, fingers, and toes can be signs of frostbite or hypothermia.
Wrigley and her family travel in the daytime when it is snowing. They tell someone where they are going, what time they will be there, and what route they are going to take.

Help Wrigley get home safely!

Double check to make sure that you have winter supplies in your car emergency kit.
In case the power goes out, Wrigley and her family find blankets, flashlights, and a radio to put in one room. It is easier to heat one room than an entire house!

Help Wrigley find supplies by circling the blankets, flashlights, and radios in the house.
KEEP YOUR PETS SAFE!

Bring your pets inside during the winter. Make sure their drinking water is not frozen!
HELP YOUR NEIGHBORS

Your neighbors might need extra help before and after a winter storm. Wrigley and her family visit Mrs. Jackson after the storm to make sure she is okay.
After a storm, roads and sidewalks may be dangerous and icy. There may be a lot of snow and it may be very cold outside. Wrigley and her family stay inside where it is nice and warm.

Help Wrigley find all the winter words below. The words can be across, down, or even diagonal.

WINTER WORD SEARCH

R R W A T F W I N T E R E
K M P C Q J R U O R X B V
S W U O S H E E Q H H B M
C J T A N O J D E P L N Z
O Q D T O C D I C Z M N F
L V A X W U X M F S I C E
D H R C M Z M I A B N N N
I Z S C A R F T J O Y O G
Q S C A N S J T O O J L W
L K R S H O V E L T B F P
G F H H R W D N Y S F C M
S L H O K N X S Q S Q C L

BOOTS     HAT     SHOVEL
COAT      ICE      SNOW
COLD     MITTENS  SNOWMAN
FREEZING  SCARF   WINTER
GREAT JOB!

(Your Name) is ready for winter weather!

Before winter weather arrives, remember to:

• Fill out your emergency communication plan.
• Get the house ready.
• Check your emergency kit and make sure you have everything you need.
• Listen to the radio or TV for information.
• Keep your pets safe!

Here are some things I learned:

1______________________
2______________________
3______________________
U.S. Department of Health and Human Services
Centers for Disease Control and Prevention

For more fun activities visit
www.cdc.gov/phpr/readywrigley