You had me at
3-day supply of food and water.

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EMERGENCY KIT Checklist

CS242176-F

Create an emergency kit for your home, office, school or vehicle:

- ❑ Water—one gallon per person, per day (*3-day supply for evacuation, 2-week supply for home*)
- ❑ Food—non-perishable, easy-to-prepare items (*3-day supply for evacuation, 2-week supply for home*)
- ❑ Flashlight
- ❑ Battery-powered or hand-crank radio (*NOAA Weather Radio, if possible*)
- ❑ Extra batteries
- ❑ First-aid kit (*whistle, antibiotic ointment, bandages, face masks, gloves and reference book*)
- ❑ Medications (*7-day supply*) and medical items
- ❑ Multi-purpose tool
- ❑ Sanitation and personal hygiene items, including bleach
- ❑ Copies of personal documents (*medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies*)
- ❑ Cell phone with chargers
- ❑ Family and emergency contact information
- ❑ Extra cash
- ❑ Emergency blanket, extra clothes, sleeping bags
- ❑ Map(s) of the area
- ❑ Consider the needs of all family members and add supplies to your kit. Suggested items to help meet additional needs are:
  - ❑ Medical supplies (*hearing aids with extra batteries, glasses, contact lenses, syringes, etc*)
  - ❑ Baby supplies (*bottles, formula, baby food, diapers*)
  - ❑ Games and activities for children
  - ❑ Pet supplies (*collar, leash, ID, food, carrier, bowl*)
  - ❑ Two-way radios
  - ❑ Extra set of car keys and house keys
  - ❑ Manual can opener

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Office of Public Health Preparedness and Response