Putting an End to Bullying and Sexual Violence

Research shows that boys who behave impulsively and aggressively as children are more likely to be sexually violent when they are older. Teaching boys to be less impulsive and aggressive when they are in middle school can help prevent bullying and sexual violence later on. Texas used a portion of its Preventive Health and Health Services (PHHS) Block Grant funding for a community anti-bullying program created by Rape and Suicide Crisis of Southeast Texas, Inc. (RSCST).

RSCST worked with community partners to create the Bullying Prevention: Beginning to End Coalition. The coalition’s 25 core members meet regularly to discuss how their community can prevent sexual violence. To teach students how to make decisions, resolve conflicts, and prevent bullying, RSCST created educational activities for middle school students, junior high school students, coaches, teachers, and parents. The activities are part of RSCST’s Bullying Prevention, Increasing Adult Modeling & Reducing the Tolerance of Sexual Violence educational program, which helps boys and girls learn how they are expected to behave around other children, how to respect others, and how to speak up when they see bullying happening around them. The program also teaches adults how to recognize and stop bullying behaviors.

In 2013 alone, more than 5,000 students in middle school or junior high school and 600 parents attended educational seminars based on the bullying prevention program. After completing the program, almost all of the boys said they knew more about how sexual violence starts. As they grow older, these young men may be less likely to bully or harm others. Texas used PHHS Block Grant funding to support the anti-bullying program through 2015.
Preventive Health and Health Services Block Grant

What is the PHHS Block Grant?

The Preventive Health and Health Services (PHHS) Block Grant provides flexible federal funding to 61 states, tribes, and US territories. These grantees use the funding to meet vital public health needs within their jurisdictions that align with national priorities—the Healthy People (HP) 2020 objectives.

Block Grant Investment Across the Nation

In fiscal year 2015, the 61 grantees received about $126 million from the PHHS Block Grant to support critical programs and services. Most funds (85%) supported HP 2020 objectives in 10 key areas: 1) Public Health Infrastructure, 2) Education and Community-Based Programs, 3) Injury and Violence Prevention, 4) Nutrition and Weight Status, 5) Heart Disease and Stroke Prevention, 6) Environmental Health, 7) Immunization and Infectious Diseases, 8) Emergency Medical Services, 9) Oral Health, and 10) Physical Activity.

Public Health Infrastructure was the most funded area (26% of total funding); 43 grantees directed funds toward public health systems assessment, health improvement planning, accreditation, quality improvement, laboratory services, and other infrastructure activities. Education and Community-Based Programs was the second-most funded area (21% of total funding); 29 grantees directed funds toward community-based primary prevention services, worksite health promotion programs, and culturally appropriate community health programs.

Grantees also directed funds toward supporting local organizations working to improve community health (27% of total funding) and reduce health disparities (23% of total funding).

Please visit www.cdc.gov/phhsblockgrant for more information.