Community Gardens: A Growing Success

Lack of transportation, money, and access to healthy foods can contribute to unhealthy diets. These challenges are especially evident in Marion County, Ohio, where more than 37% of residents live in poverty, according to the 2013 US Census Bureau. To improve access to healthy foods, several Ohio organizations worked together to make nutritious foods more available to the community. The Ohio Department of Health and Creating Healthy Communities used Preventive Health and Health Services (PHHS) Block Grant funds to create a community garden in Marion County that provides fresh food to many families.

In early 2013, the Creating Healthy Communities program coordinator, whose position is funded through the PHHS Block Grant, proposed building a small community garden on a church’s property. The program and local partners were able to bring the community together to create a local garden for residents.

With continued PHHS Block Grant funds, the church’s garden site expanded in 2014, serving an additional 10 families in the community. Marion City Schools also signed on to the project and added 30 garden plots at 6 schools. In a matter of months, Marion County expanded from 10 gardens to more than 50 gardens—producing more than 2,500 pounds of food. More community residents than ever before gained access to healthy fruits and vegetables and saved about $5,600 in food costs.

This successful collaborative project supplied nutritious food to many Marion County families and helped them save money.
Preventive Health and Health Services Block Grant

What is the PHHS Block Grant?

The Preventive Health and Health Services (PHHS) Block Grant provides flexible federal funding to 61 states, tribes, and US territories. These grantees use the funding to meet vital public health needs within their jurisdictions that align with national priorities—the Healthy People (HP) 2020 objectives.

Block Grant Investment Across the Nation

In fiscal year 2015, the 61 grantees received about $126 million from the PHHS Block Grant to support critical programs and services. Most funds (85%) supported HP 2020 objectives in 10 key areas: 1) Public Health Infrastructure, 2) Education and Community-Based Programs, 3) Injury and Violence Prevention, 4) Nutrition and Weight Status, 5) Heart Disease and Stroke Prevention, 6) Environmental Health, 7) Immunization and Infectious Diseases, 8) Emergency Medical Services, 9) Oral Health, and 10) Physical Activity.

Public Health Infrastructure was the most funded area (26% of total funding); 43 grantees directed funds toward public health systems assessment, health improvement planning, accreditation, quality improvement, laboratory services, and other infrastructure activities. Education and Community-Based Programs was the second-most funded area (21% of total funding); 29 grantees directed funds toward community-based primary prevention services, worksite health promotion programs, and culturally appropriate community health programs.

Grantees also directed funds toward supporting local organizations working to improve community health (27% of total funding) and reduce health disparities (23% of total funding).

Please visit www.cdc.gov/phhsblockgrant for more information.