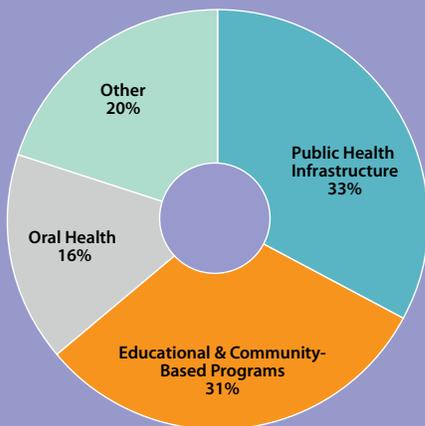


Preventive Health and Health Services Block Grant

Nebraska

How Nebraska Invested PHHS Block Grant Funding

Total FY 2015 Funding: \$2,270,504



Wellness Toolkit Helps Build a Healthier Workforce

In 2013, more than 100,000 Nebraskan adults were living with chronic diseases such as diabetes, heart disease, or cancer. These health conditions typically change the quality of a person's life, are expensive to manage, and can make working difficult. Since many people spend most of their day at work, employers can encourage healthy habits that can help people take fewer sick days and avoid developing chronic diseases. The Nebraska Department of Health and Human Services (NDHHS) used a portion of its Preventive Health and Health Services (PHHS) Block Grant funding to support development of the Nebraska Worksite Wellness Toolkit, which was designed to help businesses improve employee health.

The worksite wellness toolkit was created through a collaboration of health and wellness experts, health promotion specialists, and business representatives. This high-quality, evidence-based toolkit supports employers' efforts to improve worksite wellness programs and teach employees about making smart, healthy choices—such as stopping tobacco use, choosing healthy foods, and finding ways to exercise during the day.

The toolkit connects businesses with valuable local and state resources for planning, implementing, or expanding worksite wellness programs. Participating in these programs helps employees stay healthy, prevent disease, and improve job attendance and performance. At the same time, the programs help businesses reduce the amount of money spent on employee healthcare. The toolkit is free and available both online and in print.

The 2013 NDHHS Worksite Wellness Survey Report shows a substantial increase in the number of Nebraska businesses that have wellness committees. The toolkit helped these businesses start or enhance their wellness programs with strategies that are proven to work. The toolkit continues to guide businesses in selecting strong worksite wellness strategies and in finding local and state resources to build healthier workforces and communities.

The NDHHS Toolkit can be found at: dhhs.ne.gov/publichealth/WorkplaceWellnessToolkit.

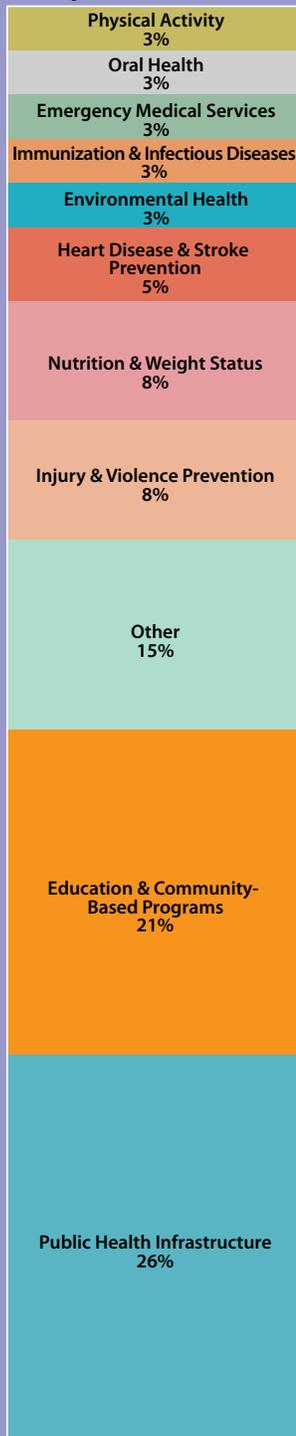
Nebraska used PHHS Block Grant funding to develop the Nebraska Worksite Wellness Toolkit.



Centers for Disease Control and Prevention
Office for State, Tribal, Local and Territorial Support

Preventive Health and Health Services Block Grant

2015 Top-Funded Health Areas



Excludes all non-discretionary funding: administrative costs (up to 10%), direct assistance, and funds set aside for sexual violence (rape prevention).

What is the PHHS Block Grant?

The Preventive Health and Health Services (PHHS) Block Grant provides flexible federal funding to 61 states, tribes, and US territories. These grantees use the funding to meet vital public health needs within their jurisdictions that align with national priorities—the Healthy People (HP) 2020 objectives.

Block Grant Investment Across the Nation

In fiscal year 2015, the 61 grantees received about \$126 million from the PHHS Block Grant to support critical programs and services. Most funds (85%) supported HP 2020 objectives in 10 key areas: 1) Public Health Infrastructure, 2) Education and Community-Based Programs, 3) Injury and Violence Prevention, 4) Nutrition and Weight Status, 5) Heart Disease and Stroke Prevention, 6) Environmental Health, 7) Immunization and Infectious Diseases, 8) Emergency Medical Services, 9) Oral Health, and 10) Physical Activity.

Public Health Infrastructure was the most funded area (26% of total funding); 43 grantees directed funds toward public health systems assessment, health improvement planning, accreditation, quality improvement, laboratory services, and other infrastructure activities. Education and Community-Based Programs was the second-most funded area (21% of total funding); 29 grantees directed funds toward community-based primary prevention services, worksite health promotion programs, and culturally appropriate community health programs.

Grantees also directed funds toward supporting local organizations working to improve community health (27% of total funding) and reduce health disparities (23% of total funding).