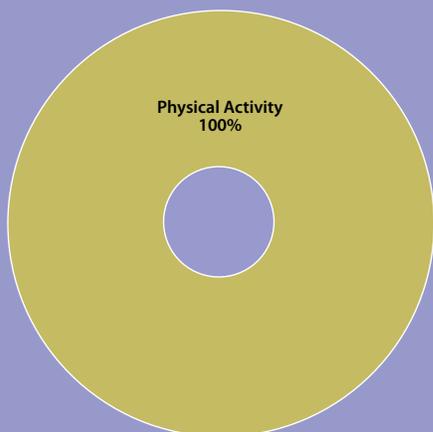


# Preventive Health and Health Services Block Grant

## Kickapoo Tribe in Kansas

### How the Kickapoo Tribe Invested PHHS Block Grant Funding

Total FY 2015 Funding: \$45,615



The PHHS Block Grant funding helps children and teens at the Kickapoo Boys and Girls Club in Kansas stay healthy and physically active year-round.

### Boys and Girls Club Gets Kickapoo Youth Moving

More than 80% of children and teens in the United States don't get the one hour or more of daily aerobic exercise recommended by health experts. This hour or more of daily exercise helps young people develop healthy bones and muscles, control their weight, and reduce stress. Regular exercise also reduces their risk of becoming obese and developing chronic diseases such as diabetes, heart disease, and certain cancers. The Kickapoo Boys and Girls Club in Kansas was created to give children and teens a place to gather, play, and exercise, but it offered limited activities and had too few staff to engage kids and keep them interested.

The Kickapoo Tribe used its Preventive Health and Health Services (PHHS) Block Grant funds to help the Kickapoo Boys and Girls Club hire a physical activity coordinator and additional staff. Funding also helped provide game equipment for Kickapoo children and teens aged 5–18. The Club was able to increase the number of sports and games offered, including new activities like volleyball, tennis, and basketball.

The new staff added more age-specific activity options and enabled the Club to sponsor four teams for official basketball league play. A nearby college, sports fans, and parents also got involved with the Club activities year-round. Many of the kids had problems getting to the Club, so the new staff worked with schools to help them get transportation.

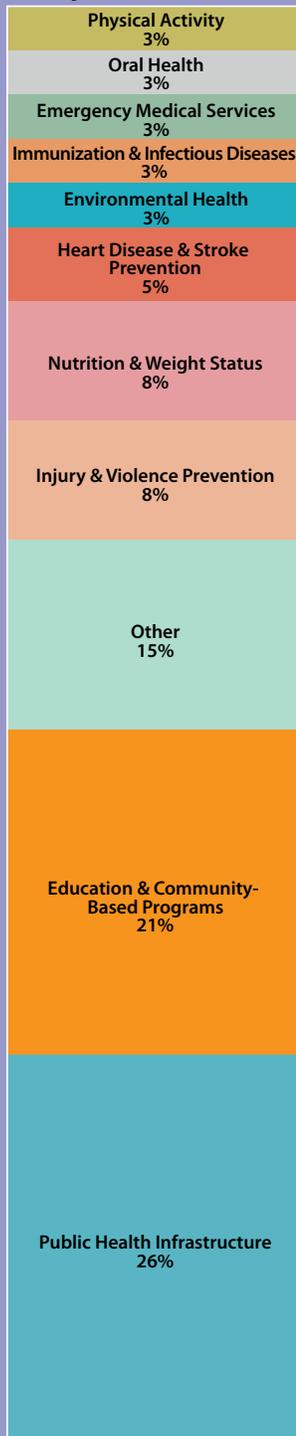
Average daily participation at the Kickapoo Boys and Girls Club increased from 17 kids in 2011 to 59 for the after-school program, and 72 for the summer program by 2014. The kids were exercising more, averaging one hour per day during the school year and two hours during the summer.

Strong partnerships and a stable workforce are expected to expand the Club's growth and help more children be healthier.



# Preventive Health and Health Services Block Grant

## 2015 Top-Funded Health Areas



*Excludes all non-discretionary funding: administrative costs (up to 10%), direct assistance, and funds set aside for sexual violence (rape prevention).*

## What is the PHHS Block Grant?

The Preventive Health and Health Services (PHHS) Block Grant provides flexible federal funding to 61 states, tribes, and US territories. These grantees use the funding to meet vital public health needs within their jurisdictions that align with national priorities—the Healthy People (HP) 2020 objectives.

## Block Grant Investment Across the Nation

In fiscal year 2015, the 61 grantees received about \$126 million from the PHHS Block Grant to support critical programs and services. Most funds (85%) supported HP 2020 objectives in 10 key areas: 1) Public Health Infrastructure, 2) Education and Community-Based Programs, 3) Injury and Violence Prevention, 4) Nutrition and Weight Status, 5) Heart Disease and Stroke Prevention, 6) Environmental Health, 7) Immunization and Infectious Diseases, 8) Emergency Medical Services, 9) Oral Health, and 10) Physical Activity.

Public Health Infrastructure was the most funded area (26% of total funding); 43 grantees directed funds toward public health systems assessment, health improvement planning, accreditation, quality improvement, laboratory services, and other infrastructure activities. Education and Community-Based Programs was the second-most funded area (21% of total funding); 29 grantees directed funds toward community-based primary prevention services, worksite health promotion programs, and culturally appropriate community health programs.

Grantees also directed funds toward supporting local organizations working to improve community health (27% of total funding) and reduce health disparities (23% of total funding).