Preventive Health and Health Services Block Grant

Kentucky

Giving People a Fighting Chance to Beat Colon Cancer

Cancer of the colon (large intestine) is life-threatening and expensive to treat. Kentucky has one of the highest rates of new colon cancer cases in the United States. The disease kills more than 900 Kentuckians each year, and many people who are likely to get colon cancer can’t afford the recommended tests or medical care.

Kentucky uses a portion of its Preventive Health and Health Services (PHHS) Block Grant funding to support the Kentucky Colon Cancer Screening Program (KCCSP). The funding pays for staff support and activities to raise public awareness about colon cancer throughout the state. Patient navigators are also a key part of the program. The navigators are located in communities throughout the state and help program participants understand the colon cancer screening process.

People can reduce their colon cancer risk by getting the recommended tests and removing precancerous growths—called “polyps”—early. People can have polyps for years without knowing it. One way to check for polyps is to have a colonoscopy, where a tiny, flexible camera is used to look inside the colon. Screening tests that look for hidden blood in the stool, which can be an early sign of colon cancer, are also used.

One way KCCSP educates the public about colon cancer is with their educational colon exhibit. At community sites across the state, participants are able to walk through a large, interactive model of a colon, which shows how polyps form and can lead to colon cancer if not treated. In 2014, more than 80,000 Kentuckians walked through the exhibit to learn about colon cancer screening and prevention. Nine hundred and seventy-four people without insurance were screened for colon cancer, 80 had polyps removed, and 5 people who were diagnosed with colon cancer got treatment.
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What is the PHHS Block Grant?

The Preventive Health and Health Services (PHHS) Block Grant provides flexible federal funding to 61 states, tribes, and US territories. These grantees use the funding to meet vital public health needs within their jurisdictions that align with national priorities—the Healthy People (HP) 2020 objectives.

Block Grant Investment Across the Nation

In fiscal year 2015, the 61 grantees received about $126 million from the PHHS Block Grant to support critical programs and services. Most funds (85%) supported HP 2020 objectives in 10 key areas: 1) Public Health Infrastructure, 2) Education and Community-Based Programs, 3) Injury and Violence Prevention, 4) Nutrition and Weight Status, 5) Heart Disease and Stroke Prevention, 6) Environmental Health, 7) Immunization and Infectious Diseases, 8) Emergency Medical Services, 9) Oral Health, and 10) Physical Activity.

Public Health Infrastructure was the most funded area (26% of total funding); 43 grantees directed funds toward public health systems assessment, health improvement planning, accreditation, quality improvement, laboratory services, and other infrastructure activities. Education and Community-Based Programs was the second-most funded area (21% of total funding); 29 grantees directed funds toward community-based primary prevention services, worksite health promotion programs, and culturally appropriate community health programs.

Grantees also directed funds toward supporting local organizations working to improve community health (27% of total funding) and reduce health disparities (23% of total funding).

Please visit www.cdc.gov/phhsblockgrant for more information.