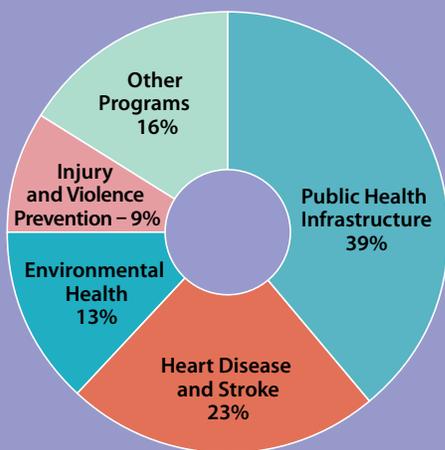


# Preventive Health and Health Services Block Grant

## Connecticut

### How Connecticut Invested PHS Block Grant Funding

Total FY 2015 Funding: \$2,199,907



PHHS Block Grant funding helped the residents of Fairfield, Connecticut, get a new bike route and be more physically active.

### Fairfield Rolls Out First Bike Route

The town of Fairfield, Connecticut, is on its way to better health. The Preventive Health and Health Services (PHHS) Block Grant partially funded a new bike route that makes it easier for people in Fairfield to get more exercise.

In 2011, nearly 30% of Connecticut residents had high blood pressure, and even more (36%) had high cholesterol—two conditions that can lead to heart disease. Regular exercise can reduce a person's risk for heart disease and other health problems. However, Fairfield residents did not have many safe roads where they could walk or bike. They needed more designated bike routes, sidewalks on major roads, and bike-friendly public transportation centers, such as indoor bicycle storage facilities at train stations. Research shows that people with safe places to walk or bike near their homes are more likely to get enough exercise.

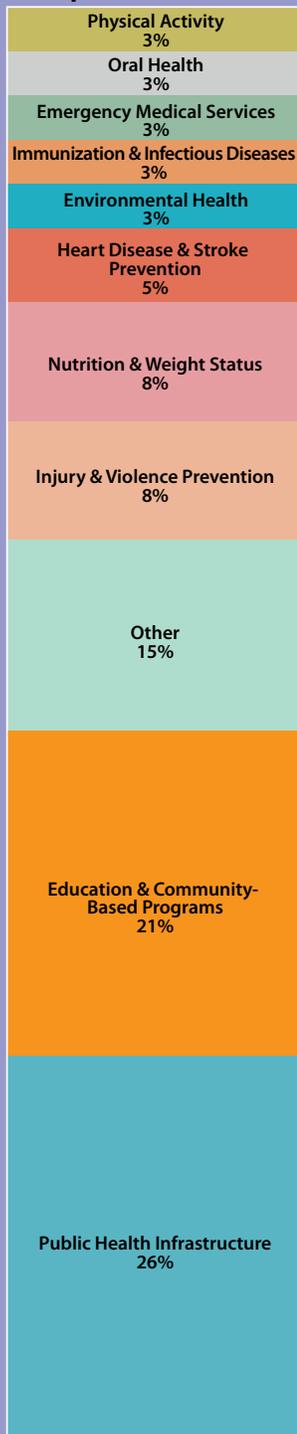
Using a portion of PHHS Block Grant funds, the Fairfield Health Department and several community groups created Fairfield's first official bike route in June 2013. The bike route is about three miles long, begins in a residential neighborhood, and ends in the heart of the downtown area. The health department and community groups worked to provide a bike route that is safe, easy to get to, and attractive for residents. The neighborhood's reaction to the bike route has been very positive.

The Fairfield Health Department will continue to work on bike route development and promotion. The success of the new route has encouraged the Fairfield Health Department to start a Bike Share program so that people without a bike can borrow one to use when they need it.



# Preventive Health and Health Services Block Grant

## 2015 Top-Funded Health Areas



*Excludes all non-discretionary funding: administrative costs (up to 10%), direct assistance, and funds set aside for sexual violence (rape prevention).*

## What is the PHHS Block Grant?

The Preventive Health and Health Services (PHHS) Block Grant provides flexible federal funding to 61 states, tribes, and US territories. These grantees use the funding to meet vital public health needs within their jurisdictions that align with national priorities—the Healthy People (HP) 2020 objectives.

## Block Grant Investment Across the Nation

In fiscal year 2015, the 61 grantees received about \$126 million from the PHHS Block Grant to support critical programs and services. Most funds (85%) supported HP 2020 objectives in 10 key areas: 1) Public Health Infrastructure, 2) Education and Community-Based Programs, 3) Injury and Violence Prevention, 4) Nutrition and Weight Status, 5) Heart Disease and Stroke Prevention, 6) Environmental Health, 7) Immunization and Infectious Diseases, 8) Emergency Medical Services, 9) Oral Health, and 10) Physical Activity.

Public Health Infrastructure was the most funded area (26% of total funding); 43 grantees directed funds toward public health systems assessment, health improvement planning, accreditation, quality improvement, laboratory services, and other infrastructure activities. Education and Community-Based Programs was the second-most funded area (21% of total funding); 29 grantees directed funds toward community-based primary prevention services, worksite health promotion programs, and culturally appropriate community health programs.

Grantees also directed funds toward supporting local organizations working to improve community health (27% of total funding) and reduce health disparities (23% of total funding).