Disease Detectives Help Solve Dangerous Mystery

In 2013, the Colorado Department of Public Health and Environment (CDPHE), the New Mexico Department of Health, and the Centers for Disease Control and Prevention worked together to uncover and respond to a large outbreak of hepatitis A. Preventive Health and Health Services (PHHS) Block Grant funds helped pay for the data systems that public health workers used to quickly detect and respond to this disease emergency.

Hepatitis A is a virus often spread through food. It causes liver swelling and extreme stomach pain. It can often be prevented by giving people a shot of hepatitis A vaccine within 14 days of the time they came into contact with the virus.

In May 2013, public health workers in Colorado identified a case of hepatitis A in a flight attendant. CDPHE worked with local public health authorities to determine whether certain passengers needed shots to keep them from getting sick. At the same time, the New Mexico Department of Health identified two hepatitis A cases in their state. They joined Colorado in working to stop the outbreak.

Disease detectives and public health nurses quickly discovered that the source of this outbreak was unsafe food. CDPHE worked with a large warehouse store chain to obtain purchase records for people who were sick to determine what foods they had all eaten. They found that the source was Turkish pomegranate seeds in a frozen berry blend. The Food and Drug Administration then worked to identify any other foods that contained the unsafe fruit. This investigation led to a nationwide product recall.

CDPHE and local public health agencies discovered the outbreak, identified the source, and told the public about the unsafe product in only 11 days. Unlike previous hepatitis A outbreaks, this 11-day alert was enough time for others to get the vaccine and prevent illness. Overnight, CDPHE prepared to give shots to all people who had come into contact with the virus, giving more than 400 shots in the following days. Ultimately, only 29 Colorado residents got sick from this outbreak.

This was the first known time that a hepatitis A food source was identified quickly enough for vaccines to be given before everyone who ate the food item got sick.
Preventive Health and Health Services Block Grant

What is the PHHS Block Grant?

The Preventive Health and Health Services (PHHS) Block Grant provides flexible federal funding to 61 states, tribes, and US territories. These grantees use the funding to meet vital public health needs within their jurisdictions that align with national priorities—the Healthy People (HP) 2020 objectives.

Block Grant Investment Across the Nation

In fiscal year 2015, the 61 grantees received about $126 million from the PHHS Block Grant to support critical programs and services. Most funds (85%) supported HP 2020 objectives in 10 key areas: 1) Public Health Infrastructure, 2) Education and Community-Based Programs, 3) Injury and Violence Prevention, 4) Nutrition and Weight Status, 5) Heart Disease and Stroke Prevention, 6) Environmental Health, 7) Immunization and Infectious Diseases, 8) Emergency Medical Services, 9) Oral Health, and 10) Physical Activity.

Public Health Infrastructure was the most funded area (26% of total funding); 43 grantees directed funds toward public health systems assessment, health improvement planning, accreditation, quality improvement, laboratory services, and other infrastructure activities. Education and Community-Based Programs was the second-most funded area (21% of total funding); 29 grantees directed funds toward community-based primary prevention services, worksite health promotion programs, and culturally appropriate community health programs.

Grantees also directed funds toward supporting local organizations working to improve community health (27% of total funding) and reduce health disparities (23% of total funding).

Please visit www.cdc.gov/phhsblockgrant for more information.