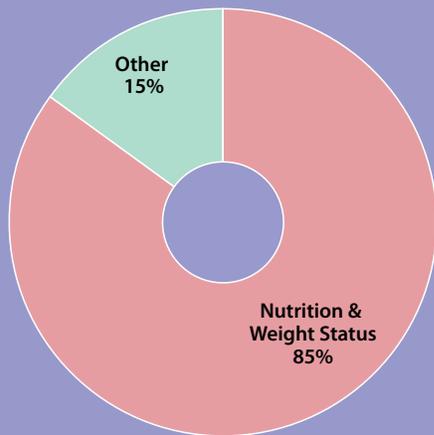


Preventive Health and Health Services Block Grant

Alaska

How Alaska Invested PHHS Block Grant Funding

Total FY 2015 Funding: \$474,612



Alaska schools are serving healthier food and letting children run and play more during the school day.

Alaskan School Districts Are Making Days More Active

Alaska is just one of many states struggling with a high childhood obesity rate. More than one-third of the state's elementary school students and more than one-quarter of its high school students were overweight or obese in 2011. Obese children are more likely to have high blood pressure, trouble breathing, and other serious health problems. They are also more likely to be obese when they grow up.

Since 2003, Alaska has been working to help its students be healthier by using well-tested obesity prevention activities in schools. In 2014, funding from the Preventive Health and Health Services (PHHS) Block Grant was used to continue this work on obesity prevention for Alaska's students.

Seven school districts worked with the Alaska Department of Health and Social Services and the Alaska Department of Education on projects to reduce childhood obesity by helping kids eat better and exercise more before, during, and after school. Staff from the state health department taught school district coordinators about prevention activities like farm-to-school (making sure food served at school is as fresh as possible and comes from local farms) and active recess (planning games or other activities so that students run and play during break times every day). One school district served breakfast to all students every day in over half of its schools. The same district made salad bars a lunch option in more elementary schools. Another district is working to have active classrooms, where students get up and move around while they learn.

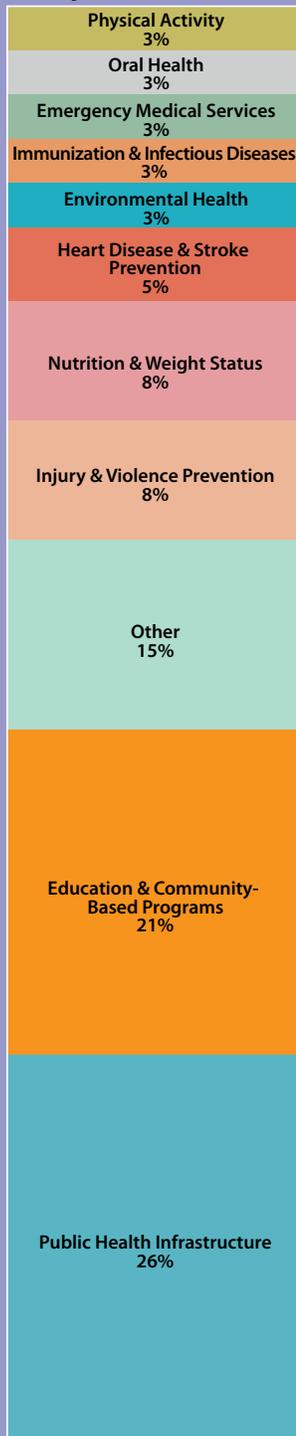
Alaska's efforts are making a difference. In the Anchorage metropolitan area, the number of obese children dropped by 3% between 2004 and 2011. With funding from the PHHS Block Grant, children in Alaska are becoming healthier.



Centers for Disease Control and Prevention
Office for State, Tribal, Local and Territorial Support

Preventive Health and Health Services Block Grant

2015 Top-Funded Health Areas



Excludes all non-discretionary funding: administrative costs (up to 10%), direct assistance, and funds set aside for sexual violence (rape prevention).

What is the PHHS Block Grant?

The Preventive Health and Health Services (PHHS) Block Grant provides flexible federal funding to 61 states, tribes, and US territories. These grantees use the funding to meet vital public health needs within their jurisdictions that align with national priorities—the Healthy People (HP) 2020 objectives.

Block Grant Investment Across the Nation

In fiscal year 2015, the 61 grantees received about \$126 million from the PHHS Block Grant to support critical programs and services. Most funds (85%) supported HP 2020 objectives in 10 key areas: 1) Public Health Infrastructure, 2) Education and Community-Based Programs, 3) Injury and Violence Prevention, 4) Nutrition and Weight Status, 5) Heart Disease and Stroke Prevention, 6) Environmental Health, 7) Immunization and Infectious Diseases, 8) Emergency Medical Services, 9) Oral Health, and 10) Physical Activity.

Public Health Infrastructure was the most funded area (26% of total funding); 43 grantees directed funds toward public health systems assessment, health improvement planning, accreditation, quality improvement, laboratory services, and other infrastructure activities. Education and Community-Based Programs was the second-most funded area (21% of total funding); 29 grantees directed funds toward community-based primary prevention services, worksite health promotion programs, and culturally appropriate community health programs.

Grantees also directed funds toward supporting local organizations working to improve community health (27% of total funding) and reduce health disparities (23% of total funding).