Comparison of Potentially Preventable Hospitalizations Related to Diabetes Among Native Hawaiian, Chinese, Filipino, and Japanese Elderly Compared with Whites, Hawai‘i, December 2006–December 2010

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Abstract

Introduction
Approximately 25% of individuals aged 65 years or older in the United States have diabetes mellitus. Diabetes rates in this age group are higher for Asian American and Pacific Islanders (AA/PI) than for whites. We examined racial/ethnic differences in diabetes-related potentially preventable hospitalizations (DRPH) among people aged 65 years or older for Japanese, Chinese, Filipinos, Native Hawaiians, and whites.

Methods
Discharge data for hospitalizations in Hawai‘i for people aged 65 years or older from December 2006 through December 2010 were compared. Annual rates of DRPH by patient were calculated for each racial/ethnic group by sex. Rate ratios (RRs) were calculated relative to whites. Multivariable models controlling for insurer, comorbidity, diabetes prevalence, age, and residence location provided final adjusted rates and RRs.

Results
A total of 1,815 DRPH were seen from 1,515 unique individuals. Unadjusted RRs for DRPH by patient were greater than 1 in all AA/PI study groups compared with whites, but were highest among Native Hawaiians and Filipinos. In fully adjusted models accounting for higher diabetes prevalence in AA/PI groups, Native Hawaiian (adjusted rate ratio [aRR] = 1.59), Filipino (aRR = 2.26), and Japanese (aRR = 1.86) men retained significantly higher rates of diabetes-related potentially preventable hospitalizations than whites, as did Filipino women (aRR = 1.61).

Conclusion
Native Hawaiian, Filipino, and Japanese men and Filipino women aged 65 years or older have a higher risk than whites for DRPH. Health care providers and public health programs for elderly patients should consider effective programs to reduce potentially preventable hospitalizations among Native Hawaiian, Filipino, and Japanese men and Filipino women aged 65 years or older.

Introduction
Approximately 25% of the elderly (aged ≥65 years) in the United States have diabetes mellitus (1). Diabetes rates in this age group are higher for Asian Americans and Pacific Islanders (AA/PI) than for whites (2). For instance, during 2005 through 2007, Native Hawaiian elderly had twice the rate of diabetes (25.4%) of that for whites (13.1%) (3). Diabetes incidence among older Asians is increasing faster than in many other racial groups (4). In one study, the adjusted diabetes prevalence rates for Asians aged 67 years or older increased 68.0%, from 144 per 1,000 to 243 per
1,000, over a 7-year period; this was the highest increase among all racial/ethnic groups studied (4). Disparities in diabetes-related complications are also seen for Pacific Islanders compared with whites (2,5). Asians also show higher rates of some types of diabetes-related complications, including end-stage renal disease (6).

Little is known about diabetes-related potentially preventable hospitalizations (DRPH) in AA/PI groups. Because diabetes can typically be managed in ambulatory care settings, most hospitalizations for diabetes-related conditions are considered potentially preventable (7). Decreasing such preventable hospitalizations can affect 4 key health care goals — reducing cost, improving quality, increasing health equity, and relieving suffering — and are a focus of many recent policy initiatives (7,8).

Many AA/PI groups have limited access to high-quality, culturally relevant primary care and diabetes care (2); thus, AA/PI elderly may not only have higher diabetes prevalence than whites but also higher rates of DRPH. Preventable hospitalizations are known to be higher among black and Hispanic elderly than for whites (9), but detail is lacking for AA/PI elderly, particularly among specific AA/PI subpopulations. This is mainly due to the small sample sizes of AA/PI in many studies, which preclude meaningful AA/PI disaggregation. The few studies on preventable hospitalizations that do include AA/PI groups typically combine these diverse and heterogeneous subgroups into 1 category (10,11) despite known limitations of this approach (2,12,13).

Studies aggregating AA/PI populations have found lower rates of potentially preventable hospitalizations than among whites in elderly and nonelderly populations (10,11). However, evidence suggests that AA/PI subgroup variations in DRPH are hidden by this categorization method (2,12,13). In particular, DPRH may be higher in Native Hawaiians and Filipinos, groups with known health disparities and poorer access to care compared with white and other AA/PI groups (2,12). This hypothesis is supported by a recent study considering all preventable hospitalizations across disaggregated AA/PI subgroups that found strong evidence of disparities for some AA/PI subgroups (14). However, this study did not focus in particular on DRPH or the elderly and did not control for other factors that are known to vary by AA/PI subgroups (2,12) and might impact DRPH (such as sex or insurance status).

The goal of this study was to investigate disparities in DRPH for elderly AA/PI groups compared with whites by using data from all hospitalizations in Hawai’i over 4 years, from December 2006 through December 2010.

Methods

Hawai’i is home to 29% of the total US Native Hawaiian or other Pacific Islander population (15), and more than 40% of the population in Hawai’i identifies as Asian (16). As such, hospital data in Hawai’i has unique racial and ethnic detail about AA/PI groups not available in other states. We analyzed Hawai’i Health Information Corporation (HHIC) inpatient data for December 2006 through December 2010; HHIC data have detailed discharge data from all hospitalizations by all payers (17), including patient race/ethnicity, insurer, age, sex, and International Classification of Diseases, Ninth Revision, Clinical Modification (ICD-9) primary diagnosis, secondary diagnosis, and procedure codes.

Sample

All hospitalizations of those aged 65 years or older were considered (N = 167,793). Hospitalizations with Department of Defense (DOD) as payer were excluded (n = 7,987) because the DOD does not consistently report race/ethnicity data. Hospitalizations without valid race/ethnicity data were excluded (n = 3,073) as were those not reporting a race/ethnicity for the 5 largest ethnic subgroups in Hawai’i (ie, Japanese, Chinese, Native Hawaiians, Filipinos, or white), which were the focus of this study. To be consistent with population and disease prevalence totals used for rate denominators (estimated for Hawai’i residents), individuals not from Hawai’i were excluded (n = 5,362). We also excluded transfers and unknown admission source (n = 4,517) to meet the definitions of the Agency for Healthcare Research and Quality (AHRQ) for diabetes-related preventable hospitalizations.

HHIC data include a master patient identification variable that tracks individuals across all hospitals in the state. Considering unique individuals confirms that multiple visits by members of certain racial/ethnic groups are not driving health disparities, an important issue in diabetes where racial disparities are seen in readmissions (18). After exclusions, there were a total of 146,854 eligible hospitalizations from 72,876 unique patients.

Diabetes-related potentially preventable hospitalizations

We followed AHRQ definitions to identify DRPH (19). Specifically, we included 1) uncontrolled diabetes without mention of a short-term or long-term complication, 2) diabetes with short-term complications (eg, ketoacidosis, hyperosmolarity, coma), 3) diabetes with long-term complications (eg, renal, eye, neurologic, circulatory, or complications not otherwise specified), and 4) lower extremity diabetes-related amputations. More detail is available from AHRQ (www.qualityindicators.ahrq.gov/Downloads/Modules/PQI/V31/pqi_guide_v31.pdf).
Race/ethnicity
The HHIC race/ethnicity variable was created from race/ethnicity categories available consistently across all hospitals in Hawai`i from December 2006 through December 2010 (17). Race/ethnicity data are typically provided by patient self-report at intake and include only 1 primary race. Mixed-race individuals are represented as their primary race of identification or excluded by being part of the “other” racial/ethnic category.

Control variables
In multivariable models, we included sex, because diabetes prevalence varies by this factor (20); comorbidity, defined by the Charlson comorbidity index (CCI) (21); payer (Medicare, Medicaid, private, and other); location of residence (lives on Oahu vs another Hawaiian island), based on evidence that access to care is often worse on the other islands compared with the more urban Oahu; and age (continuous), because of differences in age structure by racial/ethnic groups. In summary tables, unadjusted and adjusted rates are presented by sex to be more useful for clinical and policy purposes.

Denominators
When calculating rates of preventable hospitalizations, population totals within the relevant geographic region (eg, the state) are often used as denominators (22). This takes into account the fact that subpopulations have different sizes, allowing identification of the burden of preventable hospitalizations in specific subpopulations. Recent research has emphasized that the disease burden by subpopulations should also be considered in preventable hospitalizations rates (22), particularly when there are known disparities in disease prevalence across subgroups (23). To understand the full burden of DRPH specifically among each racial/ethnic subgroup in Hawai`i, we calculated DRPH rates first using population totals, and then using disease prevalence totals.

Population totals by sex and race/ethnicity combinations as well as the number of people with diabetes by subgroup were obtained from 2007–2010 Hawai`i Behavioral Risk Factor Surveillance System (BRFSS) data. The BRFSS is the standard for state-level diabetes rates in Hawai`i. Self-reported diabetes prevalence was calculated yearly from this representative statewide survey using standard methods (24). Four years of survey data were combined to provide more reliable state-level estimates of disease burden by race/ethnicity. The BRFSS race/ethnicity classification scheme is compatible with that used by HHIC because it is self-reported and includes racial/ethnic categories for the 5 major racial/ethnic groups in Hawai`i.

Statistical analysis
Characteristics of the patients with a DRPH were summarized by descriptive statistics for each racial/ethnic subgroup and compared among subgroups using χ2 tests or Fisher’s exact tests (for categorical variables) and analysis of variance (ANOVA) or nonparametric Kruskal–Wallis test (for continuous variables). For patients with multiple visits, we used the patient’s first hospitalization in the analysis.

The unadjusted average annual rates of DRPH by patient among AA/PI subgroups and whites were calculated by sex first by using BRFSS population totals and then using population-level totals of diabetes prevalence as denominators. Unadjusted rate ratios (RR) of DRPH by patient were then calculated by dividing the unadjusted rate for each racial/ethnic group by the unadjusted rate for whites. A possible disparity for an AA/PI subgroup relative to whites is represented as RR greater than 1.0. Next, multivariable models were developed to estimate diabetes-related potentially preventable hospitalization rates by patient adjusting not only for sex and race/ethnicity but also for other explanatory factors that may predict hospitalization (ie, comorbidity, residency in Oahu, age, and insurer). To fully understand the portrait of DRPH by racial group, we used 2 multivariable models. In the first model (model A), adjusted rates were calculated by racial/ethnic group by using population totals for rate denominators. This represents the most common portrait of potentially preventable hospitalizations and matches AHRQ guidelines. In the second model (model B), adjusted rates were calculated by racial/ethnic group by using diabetes prevalence for the rate denominators. This represents a portrait of preventable hospitalizations that may more fully capture disparities and shed more light on access to care or quality of outpatient care issues.

In both models, percentage of public insurance (Medicare and Medicaid) and median CCI for each race and sex combination were calculated considering insurer and comorbidity factors, respectively, and entered into models. Overall hospitalization data were modeled using negative binomial regressions models adjusting for possible overdispersion (25). Multivariable adjusted rate ratios (aRR) of patients with DRPH by patient were derived from the final models for each racial/ethnic group compared with whites. All data analyses were performed in SAS 9.3 (SAS Institute Inc, Cary, North Carolina). A 2-tailed P value of less than .05 was regarded as significant.

Results
A total of 1,815 DRPH by 1,515 unique individuals were found (Table 1). Japanese represented the highest percentage (34.8%) of total DRPH followed by Filipinos (20.3%), whites (20.1%), Native Hawaiians (18.2%) and Chinese (6.6%).
Across racial groups, no significant differences were seen in the average number of DRPH per person or the percentage of DRPH by payer. Most DRPH (>90%) were paid by Medicare across all racial/ethnic groups. Significant differences were seen across race/ethnicity in comorbidity scores, living on Oahu, and by sex.

Population totals as denominator

In unadjusted models, with population totals as the rate denominator, disparities in DRPH were seen for women and men in all AA/PI racial/ethnic groups compared with whites, with RRs ranging from 1.32 in Chinese men to 3.98 in Filipino women (Table 2). These findings remained when other factors were controlled. Even in the adjusted model (model A), a significantly higher population-level burden of DRPH was seen for women and men in all nonwhite racial/ethnic groups compared with whites. Adjusted RRs ranged from 1.94 (95% CI, 1.30–2.91) in Chinese women to 4.18 (95% CI, 3.31–5.27) in Filipino women.

Diabetes prevalence as denominator

When the rates of DRPH by patient only among those with diabetes were considered, for some AA/PI groups, particularly women, the higher population-level burden of DRPH was explained by the higher diabetes burden in AA/PI groups compared with whites. When the number of people with diabetes was used as the denominator, even in unadjusted models, no disparity in DRPH was seen for Chinese women (RR = 0.90) and men (RR = 0.91) and Japanese women (RR = 0.95) relative to whites. Whites appear to have a disparity relative to these AA/PI groups (Table 3).

However, this was not true for all AA/PI groups. Even when the higher prevalence of diabetes was considered, disparities in DRPH remained for Filipinos, Native Hawaiians, and Japanese in unadjusted models. In fully adjusted models, disparities remained for Filipino women (aRR = 1.61; 95% CI, 1.28–2.03) and Filipino men (aRR = 2.26; 95% CI, 1.71–2.99), Native Hawaiian men (aRR = 1.59; 95% CI, 1.11–2.28), and Japanese men (aRR = 1.86; 95% CI, 1.04–3.33) compared with whites.

Discussion

Significant disparities in DRPH were seen among many AA/PI subpopulations compared with whites, in particular for men. Even in fully adjusted models among elderly adults, accounting for insurer, comorbidity, age, location of residence, and population-level diabetes, Native Hawaiian, Filipino, and Japanese men all had higher rates of DRPH than whites. Higher rates of DRPH were also seen among Filipino women compared with whites in final models.

This study adds new evidence about diabetes-related hospitalizations, a particularly expensive, burdensome, and often preventable consequence of diabetes. As expected, among elderly adults, we found disparities for Native Hawaiians and Filipinos compared with whites. Native Hawaiians and Filipinos are known to have lower access to primary care and to have higher rates of diabetes-related illness and death (2,12). We also found disparities among elderly Japanese men. This was unexpected, as Japanese in Hawai‘i tend to have favorable health profiles (26) and good access to, and use of, chronic care management. It would be interesting to consider whether these disparities are also seen among those aged less than 65 years to see if this is an age or a cohort effect. If diabetes management is getting worse among the Japanese as they age, this is a critical transition area in which to improve care. Also, as the largest total number of DRPH was among Japanese individuals, this is an important issue.

Our results confirm that disparities in DRPH exist in AA/PI subgroups, even among the elderly who are primarily insured under the same provider (Medicare). This has also been found among African Americans compared with whites (9). National and state-level programs targeted for groups with particular burdens of DRPH are needed.

This study adds to the growing evidence base showing the importance of disaggregating AA/PI subgroups to better understand specific health risks generally and for diabetes specifically (2,12,13). Previous research using combined AA/PI samples did not find significant disparities in DRPH compared with whites (10,11), but when AA/PI groups were disaggregated, we found significant differences for some elderly AA/PI groups compared with whites. Disparities also varied in magnitude between AA/PI groups, a finding that would similarly be hidden in aggregated AA/PI analyses.

We also provide further evidence that using population totals versus disease prevalence totals indicate different portraits of rates and of disparities in preventable hospitalizations (22). The large variation in the magnitude of racial/ethnic associations across the 2 multivariable models suggests that most disparities in DRPH are due to disparities in prevalence. However, this is not the case for all racial/ethnic groups. For example, when population totals were used as denominators, a higher prevalence of DRPH was seen in Japanese, Native Hawaiian, and Filipino women and men relative to whites even in adjusted models. However, once the higher diabetes prevalence in Japanese, Native, Hawaiian, and Filipino populations compared with whites was considered, the relative burden of DRPH disappeared for Japanese and Native Hawaiian women but not for Filipino women or for men of any of the 3 AA/PI racial groups. In these groups it was reduced but not eliminated.
Thus, the reasons for the higher DRPH in elderly adults among Filipinos, Japanese, and Native Hawaiians appear distinct by age and race/ethnicity and suggest differential interventions. To resolve the burden of DRPH among Japanese and Native Hawaiian women, reducing diabetes generally appears to be most important. Filipino women with diabetes, as well as Japanese, Native Hawaiian, and Filipino men, appear to have a further issue with access to care, some health care utilization factor, or more severe illnesses that lead to a double diabetes burden among these populations — higher rates of diabetes and a higher likelihood of being hospitalized with a preventable complication of diabetes.

By using the master patient ID information available in the HHIC data set, we were able to consider unique individuals. This allowed us to ensure that multiple visits by unique patients within racial/ethnic groups were not responsible for our findings, an acknowledged weakness in many previous studies on this topic and a particular issue in diabetes, where readmissions are known to vary by race/ethnicity (18).

Limitations
Individuals had to have a diabetes diagnosis to meet the AHRQ definition for DRPH. Because 40% of diabetes in the United States is undiagnosed (27), some visits that should be classified as a DRPH may not be. Also, the self-reported diabetes prevalence obtained from the BRFSS likely underestimates true prevalence, both because not all people with diabetes are aware of their condition (which may vary by race/ethnicity) and because the BRFSS sample excludes people without a telephone, which may include people particularly likely to be hospitalized for diabetes (28). If whites and all AA/PI groups are similarly underestimated, the underestimation would affect point estimates, but not relative rates.

Although we have a comprehensive, state-level data set, we include only 1 state, and it may not be representative of other areas. However, because access to culturally appropriate care may be worse for AA/PI groups in many other settings, our study may actually underestimates AA/PI disparities.

Our analyses are based on administrative data, which have some general limitations (29) and lack some variables that would have been useful, such as demographics (eg, education), modifiable risk factors (eg, obesity), differences in access (eg, having a primary care provider), pathways to care (eg, emergency department vs outpatient setting), or quality of care. We also lack information about the time since a diabetes diagnosis. These are all areas for future research. Also, although the HHIC race/ethnicity data have been verified to be collected consistently across hospitals, this is not guaranteed in all cases. However, in this regard we share these limitations with many studies on this topic because the AHRQ metrics are designed to use administrative data.

Conclusions
We identified 1,815 hospitalizations by 1,515 elderly patients in a 4-year period in Hawai‘i that were potentially avoidable with better primary care for diabetes. The burdens of these hospitalizations are distributed unevenly across AA/PI populations. The first step in reducing disparities in preventable hospitalizations is documenting such disparities. Although disparities between many other racial/ethnic groups in preventable hospitalizations have been noted (9), AA/PI subgroups have not been well represented in this research. As preventable hospitalizations have received considerable policy attention (8,30) and hidden AA/PI subgroup disparities are receiving increasing focus (2,12–14), this is a timely and important issue.

Acknowledgments
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References


Tables

Table 1. Descriptive Characteristics of People Aged 65 years or Older With a Diabetes-Related Potentially Preventable Hospitalization (DRPH) by Race/Ethnicity, Hawai‘i, December 2006–December 2010

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Chinese</th>
<th>Filipino</th>
<th>Native Hawaiian</th>
<th>Japanese</th>
<th>White</th>
<th>P Valueb</th>
</tr>
</thead>
<tbody>
<tr>
<td>No. of patients</td>
<td>101 (6.7)</td>
<td>307 (20.3)</td>
<td>270 (17.8)</td>
<td>545 (36.0)</td>
<td>292 (19.3)</td>
<td>NA</td>
</tr>
<tr>
<td>No. of hospitalizations</td>
<td>120 (6.6)</td>
<td>368 (20.3)</td>
<td>331 (18.2)</td>
<td>632 (34.8)</td>
<td>364 (20.1)</td>
<td>NA</td>
</tr>
<tr>
<td>Female</td>
<td>49 (48.5)</td>
<td>175 (57.0)</td>
<td>145 (53.7)</td>
<td>276 (50.6)</td>
<td>124 (42.5)</td>
<td>.008</td>
</tr>
<tr>
<td>Payer</td>
<td></td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Medicaid</td>
<td>–c</td>
<td>–c</td>
<td>–c</td>
<td>0</td>
<td>–c</td>
<td>.11</td>
</tr>
<tr>
<td>Medicare</td>
<td>98 (97.0)</td>
<td>282 (91.9)</td>
<td>250 (92.6)</td>
<td>516 (94.7)</td>
<td>270 (92.5)</td>
<td>.23</td>
</tr>
<tr>
<td>Private</td>
<td>–c</td>
<td>20 (6.5)</td>
<td>17 (6.3)</td>
<td>24 (4.4)</td>
<td>20 (6.9)</td>
<td>.22</td>
</tr>
<tr>
<td>Other</td>
<td>0</td>
<td>–c</td>
<td>–c</td>
<td>–c</td>
<td>–c</td>
<td>.81</td>
</tr>
<tr>
<td>Live on Oahu</td>
<td>95 (94.1)</td>
<td>234 (76.2)</td>
<td>152 (56.3)</td>
<td>425 (78.0)</td>
<td>173 (59.3)</td>
<td>&lt;.001</td>
</tr>
<tr>
<td>Types of DRPH</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Uncontrolleddiabetes (DM)</td>
<td>–c</td>
<td>15 (4.1)</td>
<td>–c</td>
<td>22 (3.5)</td>
<td>22 (6.0)</td>
<td>.032</td>
</tr>
<tr>
<td>Characteristic</td>
<td>Chinese</td>
<td>Filipino</td>
<td>Native Hawaiian</td>
<td>Japanese</td>
<td>White</td>
<td>P Value&lt;sup&gt;b&lt;/sup&gt;</td>
</tr>
<tr>
<td>----------------------------------------------------</td>
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</tr>
<tr>
<td>Short-term DM complications</td>
<td>17 (14.2)</td>
<td>40 (10.9)</td>
<td>11 (3.3)</td>
<td>59 (9.3)</td>
<td>35 (9.6)</td>
<td>.00009</td>
</tr>
<tr>
<td>Long-term DM complication</td>
<td>69 (57.5)</td>
<td>225 (61.1)</td>
<td>206 (62.2)</td>
<td>418 (66.1)</td>
<td>194 (53.3)</td>
<td>.003</td>
</tr>
<tr>
<td>Lower-extremity DM-related amputations</td>
<td>32 (26.1)</td>
<td>88 (23.9)</td>
<td>108 (32.5)</td>
<td>133 (21.0)</td>
<td>113 (31.0)</td>
<td>&lt;.001</td>
</tr>
<tr>
<td>Charlson comorbidity index (21), mean (SD)</td>
<td>4.83 (3.08)</td>
<td>4.97 (3.15)</td>
<td>6.38 (3.49)</td>
<td>4.40 (3.11)</td>
<td>5.48 (3.13)</td>
<td>&lt;.001</td>
</tr>
<tr>
<td>Continuous age, mean (SD)</td>
<td>78.9 (7.2)</td>
<td>76.8 (7.0)</td>
<td>73.3 (6.1)</td>
<td>79.7 (7.2)</td>
<td>75.4 (6.9)</td>
<td>&lt;.001</td>
</tr>
<tr>
<td>No. of hospitalizations per patient, mean (SD)</td>
<td>1.2 (0.5)</td>
<td>1.2 (0.5)</td>
<td>1.2 (0.6)</td>
<td>1.2 (0.5)</td>
<td>1.2 (0.6)</td>
<td>.25</td>
</tr>
</tbody>
</table>

Abbreviation: NA, not applicable; DM, diabetes mellitus.
<sup>a</sup> Data are presented as no. (%) unless otherwise indicated. Source: Hawai‘i Health Information Corporation inpatient data (17).
<sup>b</sup> P values based on χ² tests (or Fisher’s exact tests) for categorical variables and one-way analysis of variance for continuous variables except for number of hospitalizations per patient, for which Kruskal–Wallis test was used.
<sup>c</sup> This number is <10 and cannot be reported.

### Table 2. Unadjusted and Adjusted Rate Ratios of Diabetes-Related Potentially Preventable Hospitalizations (DRPH) for People Aged 65 Years or Older by Race/Ethnicity and Sex, Using Population Totals for the Denominator<sup>a</sup>, Hawai‘i, December 2006–December 2010

<table>
<thead>
<tr>
<th>Sex and Race/Ethnicity</th>
<th>Population Totals</th>
<th>No. of DRPH&lt;sup&gt;b&lt;/sup&gt;</th>
<th>No. of Unique Individuals With DRPH&lt;sup&gt;b&lt;/sup&gt;</th>
<th>Unadjusted Annual Rate per 10,000 Population</th>
<th>Unadjusted Rate Ratio per Patient by Population Totals</th>
<th>Adjusted Model by Population Totals</th>
<th>Adjusted Rate Ratio (95% CI)</th>
<th>P Value&lt;sup&gt;c&lt;/sup&gt;</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Female</strong></td>
<td></td>
<td></td>
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<td></td>
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<td></td>
</tr>
<tr>
<td>Chinese</td>
<td>7,726</td>
<td>59</td>
<td>49</td>
<td>15.53</td>
<td>1.69</td>
<td>1.94 (1.30–2.91)</td>
<td>.002</td>
<td></td>
</tr>
<tr>
<td>Filipino</td>
<td>11,700</td>
<td>209</td>
<td>175</td>
<td>36.63</td>
<td>3.98</td>
<td>4.18 (3.31–5.27)</td>
<td>&lt;.001</td>
<td></td>
</tr>
<tr>
<td>Native Hawaiian</td>
<td>10,560</td>
<td>174</td>
<td>145</td>
<td>33.63</td>
<td>3.65</td>
<td>3.25 (1.90–5.27)</td>
<td>&lt;.001</td>
<td></td>
</tr>
<tr>
<td>Japanese</td>
<td>40,186</td>
<td>310</td>
<td>276</td>
<td>16.82</td>
<td>1.83</td>
<td>2.96 (1.81–4.82)</td>
<td>&lt;.001</td>
<td></td>
</tr>
<tr>
<td>White</td>
<td>33,005</td>
<td>151</td>
<td>124</td>
<td>9.20</td>
<td>Reference</td>
<td>Reference</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Male</strong></td>
<td></td>
<td></td>
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<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chinese</td>
<td>6,893</td>
<td>61</td>
<td>52</td>
<td>18.47</td>
<td>1.32</td>
<td>2.13 (1.11–4.08)</td>
<td>.024</td>
<td></td>
</tr>
<tr>
<td>Filipino</td>
<td>8,381</td>
<td>159</td>
<td>132</td>
<td>38.57</td>
<td>2.75</td>
<td>3.49 (2.64–4.62)</td>
<td>&lt;.001</td>
<td></td>
</tr>
<tr>
<td>Native Hawaiian</td>
<td>7,063</td>
<td>157</td>
<td>125</td>
<td>43.34</td>
<td>3.09</td>
<td>2.57 (1.79–3.71)</td>
<td>&lt;.001</td>
<td></td>
</tr>
<tr>
<td>Japanese</td>
<td>25,393</td>
<td>322</td>
<td>269</td>
<td>25.94</td>
<td>1.85</td>
<td>2.55 (1.40–4.63)</td>
<td>.003</td>
<td></td>
</tr>
<tr>
<td>White</td>
<td>29,366</td>
<td>213</td>
<td>168</td>
<td>14.01</td>
<td>Reference</td>
<td>Reference</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Table 3. Unadjusted and Adjusted Rate Ratios of Diabetes-Related Potentially Preventable Hospitalizations (DRPH) for People Aged 65 Years or Older by Race/Ethnicity and Sex, Using the Number With Diabetes for the Denominator, Hawai‘i, December 2006–December 2010

<table>
<thead>
<tr>
<th>Sex and Race/Ethnicity</th>
<th>No. (%) With Diabetes</th>
<th>No. of Unique Individuals With DRPH</th>
<th>Unadjusted Annual DRPH Rate per 10,000 Patients With Diabetes</th>
<th>Unadjusted Rate Ratio by No. With Diabetes</th>
<th>Adjusted Model by No. with Diabetes</th>
<th>P Value (^d)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Female</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chinese</td>
<td>1,424 (18.4)</td>
<td>49</td>
<td>84.27</td>
<td>0.90</td>
<td>0.91 (0.61–1.36)</td>
<td>.64</td>
</tr>
<tr>
<td>Filipino</td>
<td>2,939 (25.1)</td>
<td>175</td>
<td>145.82</td>
<td>1.56</td>
<td>1.61 (1.28–2.03)</td>
<td>&lt;.001</td>
</tr>
<tr>
<td>Native Hawaiian</td>
<td>3,226 (30.6)</td>
<td>145</td>
<td>110.08</td>
<td>1.18</td>
<td>1.13 (0.67–1.89)</td>
<td>.66</td>
</tr>
<tr>
<td>Japanese</td>
<td>7,571 (18.8)</td>
<td>276</td>
<td>89.28</td>
<td>0.95</td>
<td>1.38 (0.85–2.25)</td>
<td>.20</td>
</tr>
<tr>
<td>White</td>
<td>3,242 (9.8)</td>
<td>124</td>
<td>93.67 Reference</td>
<td>Reference</td>
<td>Reference Reference Reference</td>
<td></td>
</tr>
<tr>
<td><strong>Male</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chinese</td>
<td>1,420 (20.6)</td>
<td>52</td>
<td>89.68</td>
<td>0.91</td>
<td>1.21 (0.64–2.30)</td>
<td>.57</td>
</tr>
<tr>
<td>Filipino</td>
<td>1,880 (22.4)</td>
<td>132</td>
<td>171.95</td>
<td>1.75</td>
<td>2.26 (1.71–2.99)</td>
<td>&lt;.001</td>
</tr>
<tr>
<td>Native Hawaiian</td>
<td>1,707 (24.2)</td>
<td>125</td>
<td>179.33</td>
<td>1.82</td>
<td>1.59 (1.11–2.28)</td>
<td>.012</td>
</tr>
<tr>
<td>Japanese</td>
<td>4,383 (17.3)</td>
<td>269</td>
<td>150.30</td>
<td>1.53</td>
<td>1.86 (1.04–3.33)</td>
<td>.037</td>
</tr>
<tr>
<td>White</td>
<td>4,176 (14.2)</td>
<td>168</td>
<td>98.52 Reference</td>
<td>Reference</td>
<td>Reference Reference Reference</td>
<td></td>
</tr>
</tbody>
</table>

Abbreviation: CI, confidence interval.

\(^a\) For multivariate comparisons. Based on multivariable model adjusting for age (fixed at 77 y), race/ethnicity, sex, median Charlson Comorbidity Index (21) (fixed at 4), percentage of public insurer (fixed at 73%), and location of residence (fixed at Oahu); age, sex, race/ethnicity, and location of residence were significant at \( P < .05 \).

\(^b\) Data source: Hawai‘i Health Information Corporation (17).

\(^c\) \( P \) values were obtained from multivariable negative binomial regression models.

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