

Checklist for Talking to Patients About Pain

You can use this checklist to cover key points when making decisions with patients about their pain management.

- Patient:** Involve your patient in collaborative decision-making by using non-judgmental language and open-ended questions.
- **Nonopioids:** Provide information about different methods of nonopioid pain management as the first treatment option.
- **Instructions:** Provide clear instructions on how to take medications, including timing and precautions.
- **Adverse Effects:** Explain potential side effects, risks, and benefits from pain management methods (both nonopioid or opioid) and address patient concerns.