

# Applying CDC's Guideline for Prescribing Opioids: Module 2: Treating Chronic Pain without Opioids

**WB2859**

**PROGRAM DESCRIPTION:** This module will look at the CDC recommended options for treating chronic pain without opioids. You will have the opportunity to examine the benefits and expected outcomes of prescribing nonopioid medications and nonpharmacologic treatments to your patients.

Please refer to the *CDC Guideline for Prescribing Opioids for Chronic Pain* for additional information as needed during this training.

## **OBJECTIVES:**

At the conclusion of the session, the participant will be able to:

- 1) Recognize that nonopioid medications and nonpharmacologic treatments are the preferred methods for treating chronic pain
- 2) Describe communication techniques that facilitate a patient-centered approach to manage chronic pain
- 3) Describe risks and benefits of first-line treatments for chronic pain
- 4) Identify nonopioid medications for various types of chronic pain
- 5) Identify nonpharmacologic treatment options for various types of chronic pain

## **FACULTY/CREDENTIALS:**

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**ORIGINATION DATE**

August 4, 2017

**RENEWAL DATE:**

August 4, 2019

**EXPIRATION DATE:**

August 4, 2022

**URL:**

<https://www.cdc.gov/drugoverdose/training/nonopioid/index.html>

**HARDWARE/SOFTWARE:** Computer Hardware; Internet connection;  
Browser

**MATERIALS:** None

**TARGET AUDIENCE:** Physicians, Registered Nurses, Other  
Professionals

**PREREQUISITES:** None

**FORMAT:** These modules are web-based training

**CONTACT INFORMATION:**

Division of Unintentional Injury Prevention, NCIPC, CDC, 800-CDC-INFO (800-232-4636)

**ACCREDITATION STATEMENTS:**

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This activity provides **0.6** contact hours.

**CEU:** The Centers for Disease Control and Prevention is authorized by IACET to offer **0.1** CEU's for this program.

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## **Instructions for Obtaining Continuing Education (CE)**

In order to receive continuing education (CE) for WB2859-Applying CDC's Guideline for Prescribing Opioids: Module 2: Treating Chronic Pain without Opioids, please visit [TCEO](#) and follow these [9 Simple Steps](#) before August 4, 2021.

Complete the activity

Complete the Evaluation at [www.cdc.gov/GetCE](http://www.cdc.gov/GetCE)

Pass the posttest at **80%** at [www.cdc.gov/GetCE](http://www.cdc.gov/GetCE)

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