

About This Scorecard

Licensing regulations for early care & education (ECE) programs can encourage widespread adoption of policies and practices that support healthy eating and physical activity. This scorecard measures state support of 47 high-impact obesity prevention standards across four ECE licensing subdomains: 1) healthy infant feeding, 2) nutrition, 3) physical activity, and 4) screen time limits. It can be used to understand how your state compares nationally and to other states.

Scores are calculated using publicly available state ratings of 2019 licensing data from the National Resource Center for Health and Safety in Child Care & Early Education:

https://nrckids.org/files/Final.ASHW.2018.Supplement_8.19.19.pdf

Child care is an important setting for learning healthy habits early in life.

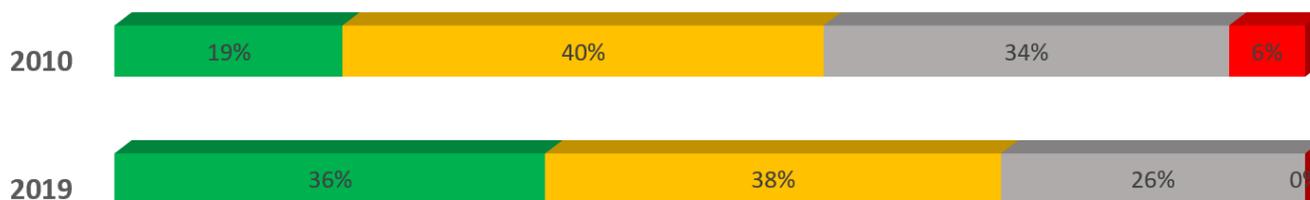


Use This Scorecard to:

- Educate partners on obesity prevention in ECE
- Mobilize ECE partners
- Plan for improvements

How well do Alaska licensing regulations for child care centers support high-impact obesity prevention standards over time?

■ Fully Support
 ■ Partially Support
 ■ Fail to Address
 ■ Contradict



n = 47 High-Impact Obesity Prevention Standards

RESULTS YOU CAN USE

*To learn more about the methodology for your state's overall score and licensing subdomain scores visit: <https://www.cdc.gov/obesity/strategies/early-care-education/scoring-methods.html>

ALASKA OVERALL SCORE * **71**

NATIONAL AVERAGE SCORE **64**

Out of 100

ECE LICENSING SUBDOMAIN SCORES

→ *The 47 High-Impact Obesity Prevention Standards* are science-based and promoted by leading health organizations.



→ *State FAST FACT:* Licensing regulations that impact:
 a) infant feeding
 b) nutrition
 c) physical activity
 d) screen time
 were last revised in your state **June 2006**[†]

Healthy Infant Feeding (11 Standards)

	Alaska	National
Breastfeeding Support Score	70	70
Infant Feeding Practices Score	84	71

Nutrition (21 standards)

	Alaska	National
Nutrition Standard Score	77	68
Healthy Mealtime Practices Score	55	61

Physical Activity (11 standards)

	Alaska	National
	66	57

Screen Time Limits (4 standards)

	Alaska	National
	50	51

Alaska's Overall Scores:



The HTML version of this report card can be found at: <https://www.cdc.gov/obesity/strategies/early-care-education/licensing-reports-2020-508.html>

[†]This state requires all licensed child care centers to follow CACFP nutrition standards, regardless of program participation. A national update of CACFP meal patterns in 2017 resulted in an automatic increase in the state's score, even though licensing regulations were not opened for revision during this time.