The 10 Essential Public Health Services

An Overview

Office for State, Tribal, Local and Territorial Support
Centers for Disease Control and Prevention
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Objectives

- Describe the 10 Essential Public Health Services
- Review the history of the development of the 10 Essential Public Health Services
- Show the use of the 10 Essential Public Health Services as a framework for public health initiatives
Core Functions of Public Health Steering Committee: "Public Health in America"

- **Core Functions of Public Health**
  - Assessment
  - Policy development
  - Assurance

- **Purpose of Public Health**
  - Prevent epidemics and spread of disease
  - Protect against environmental hazards
  - Prevent injuries
  - Promote and encourage healthy behaviors
  - Respond to disasters and assist communities in recovery
  - Assure the quality and accessibility of services

The 10 Essential Public Health Services

1. **Monitor health status** to identify and solve community health problems

2. **Diagnose and investigate** health problems and health hazards in the community

3. **Inform, educate, and empower** people about health issues

4. **Mobilize community partnerships** to identify and solve health problems

5. **Develop policies and plans** that support individual and community health efforts
The 10 Essential Public Health Services (cont’d.)

6. **Enforce laws and regulations** that protect health and ensure safety

7. **Link people to needed personal health services** and assure the provision of health **care** when otherwise unavailable

8. **Assure a competent** public and personal healthcare **workforce**

9. **Evaluate** effectiveness, accessibility, and quality of personal and population-based health services

10. **Research** for new insights and innovative solutions to health problems
Essential Public Health Services
The 10 Essential Services as a Framework

- Provide a foundation for any public health activity
- Describe public health at the state, tribal, local, and territorial levels
- Used as a foundation for the National Public Health Performance Standards (NPHPS)
  - NPHPS provides a description of the essential service at an optimal level that public health systems can use to assess their performance
- Provided structure for national voluntary public health accreditation

http://www.cdc.gov/nphpsp/
http://www.phaboard.org/accreditation-overview/what-is-accreditation/
Essential Service (ES) 1 – Monitor Health to Identify and Solve Community Health Problems

• Accurate, periodic assessment of the community’s health status
  • Identification of health risks
  • Attention to vital statistics and disparities
  • Identification of assets and resources

• Use of methods and technology (e.g., mapping technology) to interpret and communicate data

• Maintenance of population health registries
ES 2 – Diagnose and Investigate Health Problems and Hazards in the Community

• Timely identification and investigation of health threats

• Availability of diagnostic services, including laboratory capacity

• Response plans to address major health threats
ES 3 – Inform, Educate, and Empower People About Health Issues

- Initiatives using health education and communication sciences to
  - Build knowledge and shape attitudes
  - Inform decision-making choices
  - Develop skills and behaviors for healthy living

- Health education and health promotion partnerships within the community to support healthy living

- Media advocacy and social marketing
ES 4 – Mobilize Community Partnerships to Identify and Solve Health Problems

- Constituency development
- Identification of system partners and stakeholders
- Coalition development
- Formal and informal partnerships to promote health improvement
ES 5 – Develop Policies and Plans That Support Individual and Community Health Efforts

- Policy development to protect health and guide public health practice
- Community and state improvement planning
- Emergency response planning
- Alignment of resources to assure successful planning
ES 6 – Enforce Laws and Regulations That Protect Health and Ensure Safety

- Review, evaluation, and revision of legal authority, laws, and regulations
- Education about laws and regulations
- Advocating for regulations needed to protect and promote health
- Support of compliance efforts and enforcement as needed
ES 7 – Link People to Needed Personal Health Services and Assure the Provision of Health Care When Otherwise Unavailable

• Identification of populations with barriers to care
• Effective entry into a coordinated system of clinical care
• Ongoing care management
• Culturally appropriate and targeted health information for at risk population groups
• Transportation and other enabling services
ES 8 – Assure a Competent Public and Personal Healthcare Workforce

• Assessing the public health and personal health workforce

• Maintaining public health workforce standards
  • Efficient processes for licensing /credentialing requirements
  • Use of public health competencies

• Continuing education and life-long learning
  • Leadership development
  • Cultural competence
ES 9 – Evaluate Effectiveness, Accessibility, and Quality of Personal and Population-Based Health Services

• Evaluation must be ongoing and should examine:
  • Personal health services
  • Population based services
  • The public health system

• Quality Improvement

• Performance Management
ES 10 – Research for New Insights and Innovative Solutions to Health Problems

• Identification and monitoring of innovative solutions and cutting-edge research to advance public health

• Linkages between public health practice and academic/research settings

• Epidemiological studies, health policy analyses and public health systems research
For More Information

• 10 Essential Public Health Services and the Public Health in America Statement
  www.health.gov/phfunctions/public.htm

• Mobilizing for Action through Planning and Partnerships
  www.naccho.org/topics/infrastructure/mapp/index.cfm

• National Public Health Performance Standards
  www.cdc.gov/nphpsp

• Public Health Accreditation Board
  www.phaboard.org
For more information, please contact CDC’s Office for State, Tribal, Local and Territorial Support

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The findings and conclusions in this presentation are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.