Total Worker Health™
Integrating Health Protection and Health Promotion

Top Reasons to Create a New Pathway for a Safer and Healthier Workforce
Annually, employers report...

Nearly 4 Million nonfatal workplace injuries and illnesses\(^1,2\)

Over 55,000 deaths from work-related injuries and illnesses\(^3\)
The health of workers is tied to the health and productivity of organizations.
Nearly 50% of Americans have one chronic health condition. And, of this group almost half have multiple conditions.\(^5\).

\[ \text{\red{\large 10 Million}} \]
The estimated annual health cost of obesity in the U.S. is $147 Billion\(^6\)

Prevalence* of Self-Reported Obesity Among U.S. Adults, 2012\(^7\)

*Prevalence reflects BRFSS methodological changes in 2011, and these estimates should not be compared to those before 2011.
By 2020, one in four American workers will be 55 years of age or older.
In 2010...

44% of Americans reported that work is often or always stressful.⁹
With access to 65% of the U.S. adult population...

...workplaces are effective settings for addressing individual health and the health of communities.\(^{10,11}\)
Up to **50%** of employees report that work regularly interferes with responsibilities at home and keeps them from spending time with their families.\(^{12,13}\)

And, **40%** of employees do not take their allotted vacation time.\(^{13}\)
Workers’ risk of disease may be increased by exposure to both occupational hazards and individual risk-related behaviors.¹⁴
In 2012...

U.S. healthcare spending reached

$2.79 Trillion
References

2. CDC (Centers for Disease Control and Prevention) [2013]. Workers’ Memorial Day: April 28, 2013. MMWR 62(16):301. [http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6216a1.htm?s_cid=mm6216a1_w].