

Your work affects your health

We spend half our waking hours at work. Nearly 3 million work-related injuries and illnesses are recorded on OSHA logs each year, but these are only the tip of the iceberg. Whether we are sitting or standing, cooking or typing, our occupation has an impact on our health and well-being.

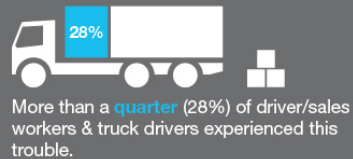
NIOSH statistics taken from the 2010 National Health Interview Survey Occupational Health Supplement.

In 2010...

Dermatitis affected over **15 million** U.S. workers, including...



16% of U.S. workers had trouble combining work and family responsibilities.



32% of U.S. workers worried about becoming unemployed.

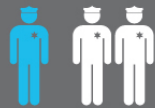


Among construction workers, **55%** experienced job insecurity.

Carpal tunnel syndrome affected almost **5 million** U.S. workers, including...



8% of U.S. workers reported being threatened, bullied, or harassed on the job.



One third of law enforcement officers reported a hostile work environment.

Among all U.S. workers, 20% had frequent skin contact with chemicals.

Over half of workers (52%) in personal services had frequent skin contact with chemicals.



Among non-smoking U.S. workers, 10% were frequently exposed to secondhand smoke at work.

This was most prevalent in the mining industry where **28%** of the non-smokers were frequently exposed to secondhand smoke.

For more statistics like this, including statistics for your industry and occupation, see www.cdc.gov/niosh/topics/nhis.



DEPARTMENT OF HEALTH AND HUMAN SERVICES
Centers For Disease Control And Prevention
National Institute For Occupational Safety And Health