

# Information About Certain Diseases Regarding Uranium Millers

*This page has information for former uranium millers today.*

Even though working in uranium mills may have increased your risk for certain diseases, this *does not mean that you will get one of those diseases*. We are providing you with the following information concerning the diseases listed in the enclosure entitled, “A Study Overview - Health Risks from Exposures in Uranium Mills.”

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## Lymphoma

Cancers occur when cells in the body grow and divide uncontrollably. Lymphoma is a general term for cancers that develop in the lymphatic system. The lymphatic system includes a network of thin vessels that branch into tissue throughout the body. The vessels carry lymph, a colorless, watery fluid that fights infection. Along the vessels are small organs called lymph nodes. Lymph nodes are mainly found in the underarms, groin, neck, chest, and abdomen.

Symptoms of lymphoma may include:

- A swelling in the lymph nodes of the underarm, groin, or neck
- Unexplained recurrent fevers
- Night sweats
- Unexplained weight loss
- Itchy or red patches on the skin

When symptoms like this occur, they are not sure signs of lymphoma. They may also be caused by other, less serious conditions. However, if they persist, it is important to see a doctor to have the illness diagnosed.

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## Respiratory Diseases

- See your doctor if you have trouble breathing, cough continuously, or feel very tired. Take a copy of the enclosed materials to your doctor.
- Smoking is harmful to the lungs and causes lung cancer and other lung diseases. If you smoke, you should make every attempt to quit. Even if you have smoked for a long time, stopping now will improve your health.
- Eating a variety of fresh fruits and vegetables every day may help prevent lung cancer and other diseases.

**The American Lung Association** can answer questions about lung diseases, including cancer. They also provide classes to stop smoking. Call their toll-free number to find the office closest to you:

**1-800-586-4872**

**The American Cancer Society** can also answer questions about cancers, including lymphoma and lung cancer. They also provide classes to stop smoking. Call their toll-free number to find the office closest to you:

**1-800-227-2345**

*See back page*



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