

Why are annual **FIT TESTS required?**

OSHA requires annual fit testing: 29 CFR 1910.134

Administrator

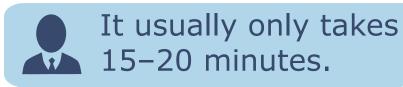


Time for your annual fit testing!

Worker



Can we do this another day? I've got so much to do.





I'm busy. You're busy. Why is it necessary to do this **EVERY YEAR?**

Bottom line...



If your respirator doesn't fit, it can't efficiently protect you. OSHA requires annual fit testing: 29 CFR 1910.134

NIOSH Facts



NIOSH research confirms the need for annual testing:10% of subjects failed a fit test after 1 year using the same make, model, and size respirator.

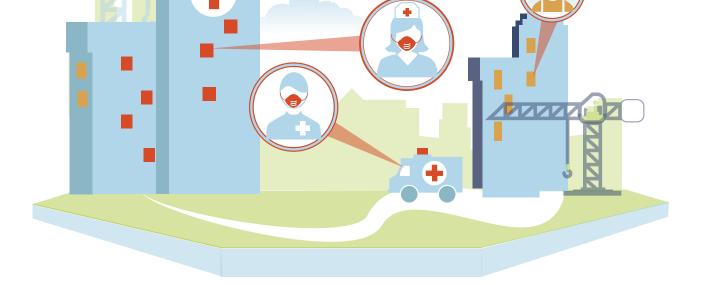
NIOSH research also suggests Ζ. that those who have lost > 20 lbs should prioritize getting fit tested again right away. Other facial changes requiring fit testing include significant weight gain, extensive dental work,

Respirator fit **CAN** change over time. If your respirator doesn't fit, it doesn't work.



scarring, or cosmetic surgery.

If the respirator fit is unacceptable, the worker must be given the opportunity to select a different respirator and be retested.



Sources: OSHA Fit Testing Procedures 1910.134, Appendix A, https://www.osha.gov/pls/oshaweb/owadisp.show_document?p_table=STANDARDS&p_id=9780 New NIOSH Study Supports the OSHA Annual Fit Testing Requirements for Filtering Facepiece Respirators, http://blogs.cdc.gov/niosh-science-blog/2016/01/05/fit-testing/

DEPARTMENT OF HEALTH AND HUMAN SERVICES

Center for Disease Control and Prevention National Institute for Occupational Safety and Health

