

Health Conditions in Miners

Compared to workers in other industries, miners are more likely to have certain health conditions.

Hearing loss

- Miners have more hearing loss than other workers
- Miners reported having moderate to severe hearing loss **more than twice as often as other workers**
- Work-related hearing loss is permanent but preventable

Get a yearly hearing test if you're exposed to hazardous noise



2.3x
Moderate to severe hearing loss

High blood pressure

- About **30% of miners** reported having high blood pressure
- Miners under age 55 were roughly 60% more likely to have high blood pressure compared with workers the same age in other industries
- High blood pressure can go unnoticed with no symptoms but can lead to heart attacks, kidney damage, etc.

Ask your health care team to measure your blood pressure regularly



30%
High blood pressure

Pain

- Miners reported chronic pain **twice as often as most other workers**, especially pain in the back, legs, and joints
- Chronic pain can be appropriately and effectively treated

Talk to your health care provider about safe and effective pain management



2x
Chronic pain