

## Professional Wellbeing Plan Outline

## How to use this plan:

- Use the following chart to help identify what goals your Professional Wellbeing Team will accomplish over the next 12 months.
- List your goals by intervals of three, six, and 12 months for each of the categories (individual support, measurement, and operational).
  - Individual Support Goals: Focus on improving individual professional wellbeing among staff.
  - **Measurement Goals:** Focus on continuously assessing professional wellbeing among staff.
  - **Operational Improvement Goals:** Focus on implementing operational changes that support professional wellbeing.
- Choose whether you'd like to add an ownership column as you decide which team members should be responsible for and lead each goal.

| Goal                        | Month 3 | Month 6 | Month 12 |
|-----------------------------|---------|---------|----------|
| Individual<br>Support Goal: |         |         |          |
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| Goal                 | Month 3 | Month 6 | Month 12 |
|----------------------|---------|---------|----------|
| Measurement<br>Goal: |         |         |          |
| Operational          |         |         |          |
| Improvement Goal:    |         |         |          |
|                      |         |         |          |