

Professional Wellbeing Plan Outline

How to use this plan:

- Use the following chart to help identify what goals your Professional Wellbeing Team will accomplish over the next 12 months.
- List your goals by intervals of three, six, and 12 months for each of the categories (individual support, measurement, and operational).
 - Individual Support Goals: Focus on improving individual professional wellbeing among staff.
 - **Measurement Goals:** Focus on continuously assessing professional wellbeing among staff.
 - **Operational Improvement Goals:** Focus on implementing operational changes that support professional wellbeing.
- Choose whether you'd like to add an ownership column as you decide which team members should be responsible for and lead each goal.

Goal	Month 3	Month 6	Month 12
Individual Support Goal:			
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Goal	Month 3	Month 6	Month 12
Measurement Goal:			
Operational			
Improvement Goal:			