WARNING!

Serious knee injuries frequently result when carpet layers kneel on hard surfaces and use a knee kicker to install carpet.

Take the following precautions to protect your knees:

1. Use a power stretcher instead of a knee kicker to install wall-to-wall carpet.

2. Use a knee kicker only for attaching the carpet edges to the tack strip or for installing carpet in very small areas such as closets.

3. Always wear protective knee pads when working directly on hard surfaces.

For additional information, see the NIOSH Alert on knee injuries in carpet layers [DHHS (NIOSH) 90-104], or call 1-800-35-NIOSH.

U.S. Department of Health and Human Services
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