Occupational Health Guideline for
Naphtha (Coal Tar)

INTRODUCTION
This guideline is intended as a source of information for employees, employers, physicians, industrial hygienists, and other occupational health professionals who may have a need for such information. It does not attempt to present all data; rather, it presents pertinent information and data in summary form.

SUBSTANCE IDENTIFICATION
• Formula: C₇H₈ — C₆H₆ (approximately)
• Synonyms: Naphtha, 49 degrees Be-coal tar type; crude solvent coal tar naphtha; high-solvent coal tar naphtha
• Appearance and odor: Reddish-brown, mobile liquid with an aromatic odor.

PERMISSIBLE EXPOSURE LIMIT (PEL)
The current OSHA standard for coal tar naphtha is 100 parts of coal tar naphtha per million parts of air (ppm) averaged over an eight-hour work shift. This may also be expressed as 400 milligrams of coal tar naphtha per cubic meter of air (mg/m³).

HEALTH HAZARD INFORMATION
• Routes of exposure
Coal tar naphtha can affect the body if it is inhaled, comes in contact with the eyes or skin, or is swallowed.
• Effects of overexposure
1. Short-term Exposure: Overexposure to coal tar naphtha can cause lightheadedness, drowsiness, and unconsciousness. It also may cause mild irritation of the eyes, nose, and skin.
2. Long-term Exposure: Prolonged overexposure to coal tar naphtha may cause irritation of the skin.
3. Reporting Signs and Symptoms: A physician should be contacted if anyone develops any signs or symptoms and suspects that they are caused by exposure to coal tar naphtha.
• Recommended medical surveillance
The following medical procedures should be made available to each employee who is exposed to coal tar naphtha at potentially hazardous levels:
1. Initial Medical Screening: Employees should be screened for history of certain medical conditions (listed below) which might place the employee at increased risk from coal tar naphtha exposure.
   — Skin disease: Coal tar naphtha is a defatting agent and can cause dermatitis on prolonged exposure. Persons with pre-existing skin disorders may be more susceptible to the effects of this agent.
   — Liver disease: Although coal tar naphtha is not known as a liver toxin in humans, the importance of this organ in the biotransformation and detoxification of foreign substances should be considered before exposing persons with impaired liver function.
   — Kidney disease: Although coal tar naphtha is not known as a kidney toxin in humans, the importance of this organ in the elimination of toxic substances justifies special consideration in those with impaired renal function.
   — Chronic respiratory disease: In persons with impaired pulmonary function, especially those with obstructive airway diseases, the breathing of coal tar naphtha might cause exacerbation of symptoms due to its irritant properties.
2. Periodic Medical Examination: Any employee developing the above-listed conditions should be referred for further medical examination.
• Summary of toxicology
Coal tar naphtha vapor is narcotic. Rats survived continuous exposure at 3200 ppm for two months; at 1800 ppm some animals showed damage to the liver and kidneys; above 1000 ppm there was evidence of narcotic action. Rats exposed at 567 ppm and 312 ppm for 18 to 20 hours a day for 7 days had some reduction in blood leukocytes, possibly the result of the presence of benzene. There are few if any well documented reports of industrial injury resulting from the inhalation of

These recommendations reflect good industrial hygiene and medical surveillance practices and their implementation will assist in achieving an effective occupational health program. However, they may not be sufficient to achieve compliance with all requirements of OSHA regulations.

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naphtha. However, exposure to high concentrations might be expected to cause lightheadedness, drowsiness, and possibly irritation of the eyes, nose, and throat. Repeated or prolonged contact with the liquid may result in drying and cracking skin due to defatting action. Coal tar (naphtha) is a non-uniform mixture of aromatic hydrocarbons and may contain benzene.

CHEMICAL AND PHYSICAL PROPERTIES

- **Physical data**
  1. Molecular weight: 110 (approximately)
  2. Boiling point (760 mm Hg): 110 to 190 C (230 to 374 F)
  3. Specific gravity (water = 1): 0.97
  4. Vapor density (air = 1 at boiling point of coal tar naphtha): 3 (approximately)
  5. Melting point: Data not available
  6. Vapor pressure at 20 C (68 F): Less than 5 mm Hg
  7. Solubility in water, g/100 g water at 20 C (68 F): Insoluble
  8. Evaporation rate (butyl acetate = 1): Greater than 1

- **Reactivity**
  1. Conditions contributing to instability: Heat
  2. Incompatibilities: Contact with strong oxidizing agents may cause fires and explosions.
  3. Hazardous decomposition products: Toxic gases and vapors (such as carbon monoxide) may be released in a fire involving coal tar naphtha.
  4. Special precautions: Coal tar naphtha will attack some forms of plastics, rubber, and coatings.

- **Flammability**
  1. Flash point: 38 to 43 C (100 to 109 F) (closed cup)
  2. Autoignition temperature: 482 to 510 C (900 to 950 F)
  3. Flammable limits in air, % by volume: Data not available
  4. Extinguishant: Dry chemical, foam, carbon dioxide

- **Warning properties**
  1. Odor Threshold: Since the odor thresholds of the main constituents of coal tar naphtha are below their permissible exposure limits, the odor threshold of coal tar naphtha is assumed to be below the permissible exposure limit.
  2. Eye Irritation Level: According to Grant, Gafafar states that the naphthas cause conjunctival irritation. Two of the main constituents of coal tar naphtha, xylene and toluene, cause noticeable eye irritation at concentrations of 200 and 300 ppm, respectively.
  3. Evaluation of Warning Properties: Since the odor threshold of the main constituents of coal tar naphtha are well below their permissible exposure limits, coal tar naphtha is treated as a material with adequate warning properties.

MONITORING AND MEASUREMENT PROCEDURES

- **General**
  Measurements to determine employee exposure are best taken so that the average eight-hour exposure is based on a single eight-hour sample or on two four-hour samples. Several short-time interval samples (up to 30 minutes) may also be used to determine the average exposure level. Air samples should be taken in the employee’s breathing zone (air that would most nearly represent that inhaled by the employee).

- **Method**
  Sampling and analyses may be performed by collection of coal tar naphtha vapors using an adsorption tube with subsequent desorption with carbon disulfide and gas chromatographic analysis. Also, detector tubes certified by NIOSH under 42 CFR Part 84 or other direct-reading devices calibrated to measure coal tar naphtha may be used. An analytical method for coal tar naphtha is in the NIOSH Manual of Analytical Methods, 2nd Ed., Vol. 3, 1977, available from the Government Printing Office, Washington, D.C. 20402 (GPO No. 017-033-00261-4).

RESPIRATORS

- Good industrial hygiene practices recommend that engineering controls be used to reduce environmental concentrations to the permissible exposure level. However, there are some exceptions where respirators may be used to control exposure. Respirators may be used when engineering and work practice controls are not technically feasible, when such controls are in the process of being installed, or when they fail and need to be supplemented. Respirators may also be used for operations which require entry into tanks or closed vessels, and in emergency situations. If the use of respirators is necessary, the only respirators permitted are those that have been approved by the Mine Safety and Health Administration (formerly Mining Enforcement and Safety Administration) or by the National Institute for Occupational Safety and Health.

- In addition to respirator selection, a complete respiratory protection program should be instituted which includes regular training, maintenance, inspection, cleaning, and evaluation.

PERSONAL PROTECTIVE EQUIPMENT

- Employees should be provided with and required to use impervious clothing, gloves, face shields (eight-inch minimum), and other appropriate protective clothing necessary to prevent repeated or prolonged skin contact with liquid coal tar naphtha.
- Clothing wet with liquid coal tar naphtha should be placed in closed containers for storage until it can be discarded or until provision is made for the removal of
coal tar naphtha from the clothing. If the clothing is to
be laundered or otherwise cleaned to remove the coal
tar naphtha, the person performing the operation should
be informed of coal tar naphtha's hazardous properties.
• Non-impervious clothing which becomes wet with
liquid coal tar naphtha should be removed promptly
and not re-worn until the coal tar naphtha is removed
from the clothing.
• Employees should be provided with and required to
use splash-proof safety goggles where liquid coal tar
naphtha may contact the eyes.

SANITATION

• Skin that becomes wet with liquid coal tar naphtha
should be promptly washed or showered with soap or
mild detergent and water to remove any coal tar
naphtha.

COMMON OPERATIONS AND CONTROLS

The following list includes some common operations in
which exposure to coal tar naphtha may occur and
control methods which may be effective in each case:

<table>
<thead>
<tr>
<th>Operation</th>
<th>Controls</th>
</tr>
</thead>
<tbody>
<tr>
<td>Use in preparation of coal-tar paints</td>
<td>Process enclosure; general dilution ventilation; personal protective equipment</td>
</tr>
<tr>
<td>Use in preparation of coumarone and indene</td>
<td>General dilution ventilation; personal protective equipment</td>
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<tr>
<td>Use as a solvent in rubber industry in manufacture of water-proof cloth, shoe adhesives, and rubber tires</td>
<td>Process enclosure; general dilution ventilation; local exhaust ventilation; personal protective equipment</td>
</tr>
<tr>
<td>Use as a solvent, diluent, or thinner in paint, varnish, and lacquer industries</td>
<td>General dilution ventilation; local exhaust ventilation; personal protective equipment</td>
</tr>
<tr>
<td>Use in formulations of nitrocellulose and ethylcellulose</td>
<td>General dilution ventilation; local exhaust ventilation; personal protective equipment</td>
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**Operation**

Use as a solvent for polymerized styrol, short-oil phenolic varnishes, urea, resins, melamine, and other synthetic resins; use as a solvent for pesticides as DDT and Gammahexane

**Controls**

General dilution ventilation; local exhaust ventilation; personal protective equipment

**EMERGENCY FIRST AID PROCEDURES**

In the event of an emergency, institute first aid procedures and send for first aid or medical assistance.

• **Eye Exposure**
  If coal tar naphtha gets into the eyes, wash eyes immediately with large amounts of water, lifting the lower and upper lids occasionally. If irritation persists after washing, get medical attention. Contact lenses should not be worn when working with this chemical.

• **Skin Exposure**
  If coal tar naphtha gets on the skin, promptly wash the contaminated skin using soap or mild detergent. If coal tar naphtha soaks through the clothing, remove the clothing immediately and wash the skin using soap or mild detergent. If irritation persists after washing, get medical attention.

• **Breathing**
  If a person breathes in large amounts of coal tar naphtha, move the exposed person to fresh air at once. If breathing has stopped, perform artificial respiration. Keep the affected person warm and at rest. Get medical attention as soon as possible.

• **Swallowing**
  If coal tar naphtha has been swallowed, do not induce vomiting. Get medical attention immediately.

• **Rescue**
  Move the affected person from the hazardous exposure. If the exposed person has been overcome, notify someone else and put into effect the established emergency rescue procedures. Do not become a casualty. Understand the facility’s emergency rescue procedures and know the locations of rescue equipment before the need arises.

**SPILL, LEAK, AND DISPOSAL PROCEDURES**

• Persons not wearing protective equipment and clothing should be restricted from areas of spills or leaks until cleanup has been completed.

• If coal tar naphtha is spilled or leaked, the following steps should be taken:
  1. Remove all ignition sources.
  2. Ventilate area of spill or leak.
  3. For small quantities, absorb on paper towels. Evaporate in a safe place (such as a fume hood). Allow sufficient time for evaporating vapors to completely
clear the hood ductwork. Burn the paper in a suitable location away from combustible materials. Large quantities can be collected and atomized in a suitable combustion chamber. Coal tar naphtha should not be allowed to enter a confined space, such as a sewer, because of the possibility of an explosion.

- Waste disposal methods:
  - Coal tar naphtha may be disposed of:
  1. By absorbing it in vermiculite, dry sand, earth or a similar material and disposing in a secured sanitary landfill.
  2. By atomizing in a suitable combustion chamber.

REFERENCES

<table>
<thead>
<tr>
<th>Condition</th>
<th>Minimum Respiratory Protection* Required Above 100 ppm</th>
</tr>
</thead>
<tbody>
<tr>
<td>1000 ppm or less</td>
<td>A chemical cartridge respirator with a full facepiece and an organic vapor cartridge(s).</td>
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<tr>
<td>5000 ppm or less</td>
<td>A gas mask with a chin-style or a front- or back-mounted organic vapor canister. Any supplied-air respirator with a full facepiece, helmet, or hood. Any self-contained breathing apparatus with a full facepiece.</td>
</tr>
<tr>
<td>10,000 ppm or less</td>
<td>A Type C supplied-air respirator with a full facepiece operated in pressure-demand or other positive pressure mode or with a full facepiece, helmet, or hood operated in continuous-flow mode.</td>
</tr>
<tr>
<td>Greater than 10,000 ppm or entry and escape from unknown concentrations</td>
<td>Self-contained breathing apparatus with a full facepiece operated in pressure-demand or other positive pressure mode. A combination respirator which includes a Type C supplied-air respirator with a full facepiece operated in pressure-demand or other positive pressure or continuous-flow mode and an auxiliary self-contained breathing apparatus operated in pressure-demand or other positive pressure mode.</td>
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<tr>
<td>Fire Fighting</td>
<td>Self-contained breathing apparatus with a full facepiece operated in pressure-demand or other positive pressure mode.</td>
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<tr>
<td>Escape</td>
<td>Any gas mask providing protection against organic vapors. Any escape self-contained breathing apparatus.</td>
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*Only NIOSH-approved or MSHA-approved equipment should be used.