OCCUPATIONAL SAFETY AND HEALTH GUIDELINE FOR
ETHYL MERCAPTAN

INTRODUCTION

This guideline summarizes pertinent information about ethyl mercaptan for workers, employers, and occupational safety and health professionals who may need such information to conduct effective occupational safety and health programs. Recommendations may be superseded by new developments in these fields; therefore, readers are advised to regard these recommendations as general guidelines.

SUBSTANCE IDENTIFICATION

- Formula: C₂H₅SH
- Structure: CH₃—CH₂—SH

- Synonyms: Ethanethiol, ethyl sulfhydrate, ethyl thiolalcohol, thioethanol, thioethyl alcohol
- Identifiers: CAS 75-08-1; RTECS DJ9625000; DOT 2363. label required: “Flammable Liquid”
- Appearance and odor: Colorless liquid with a penetrating odor like garlic or decayed cabbage

CHEMICAL AND PHYSICAL PROPERTIES

- Physical data
  1. Molecular weight: 62.13
  2. Boiling point (at 760 mmHg): 35°C (95°F)
  3. Specific gravity (water = 1): 0.839
  4. Vapor density (air = 1 at boiling point of ethyl mercaptan): 2.1
  5. Melting point: -148°C (-234°F)
  6. Vapor pressure at 20°C (68°F): 442 mmHg
  7. Solubility in water, g/100 g water at 20°C (68°F): 1.5
  8. Evaporation rate (butyl acetate = 1): 24.9
  9. Saturation concentration in air (approximate) at 20°C (68°F): 58.2% (582,000 ppm)
  10. Ionization potential: 9.28 eV

- Reactivity
  1. Incompatibilities: Strong oxidizing agents
  2. Hazardous decomposition products: Toxic vapors and gases (e.g., sulfur dioxide and carbon monoxide) may be released in a fire involving ethyl mercaptan.

3. Caution: Ethyl mercaptan will attack some forms of plastics, coatings, and rubber.

- Flammability
  1. Flash point: <−18°C (<0°F) (closed cup)
  2. Autoignition temperature: 300°C (572°F)
  3. Flammable limits in air, % by volume: Lower, 2.8; upper, 18
  4. Extinguishment: Carbon dioxide or dry chemicals for small fires. alcohol foam for large fires
  5. Class IA Flammable Liquid (29 CFR 1910.106), Flammability Rating 4 (NFPA)

- Warning properties
  1. Odor threshold: 0.26 to 0.97 ppb
  2. Evaluation of warning properties for respirator selection: Because of its odor, ethyl mercaptan can be detected below the National Institute for Occupational Safety and Health (NIOSH) recommended exposure limit (REL); thus, it is treated as a chemical with adequate warning properties.

EXPOSURE LIMITS

The current Occupational Safety and Health Administration (OSHA) permissible exposure limit (PEL) for ethyl mercaptan is 10 parts of ethyl mercaptan per million parts of air (ppm) [25 milligrams of ethyl mercaptan per cubic meter of air (mg/m³)] as a ceiling concentration which shall at no time be exceeded. The NIOSH REL is 0.5 ppm (1.3 mg/m³) as a ceiling concentration determined in any 15-minute sampling period. The American Conference of Governmental Industrial Hygienists (ACGIH) threshold limit value (TLV®) is 0.5 ppm (1 mg/m³) as a time-weighted average (TWA) concentration for a normal 8-hour workday and a 40-hour workweek (Table 1).

<table>
<thead>
<tr>
<th>Table 1.—Occupational exposure limits for ethyl mercaptan</th>
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<tbody>
<tr>
<td>Exposure limits</td>
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<tr>
<td>ppm</td>
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<tr>
<td>OSHA PEL ceiling</td>
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<tr>
<td>NIOSH REL ceiling (15 min)</td>
</tr>
<tr>
<td>ACGIH TLV® TWA</td>
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</table>

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Public Health Service  Centers for Disease Control
National Institute for Occupational Safety and Health
Division of Standards Development and Technology Transfer

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HEALTH HAZARD INFORMATION

- **Routes of exposure**
  Ethyl mercaptan may cause adverse health effects following exposure via inhalation, ingestion, or dermal or eye contact.

- **Summary of toxicology**
  1. **Effects on animals**: Acute inhalation of ethyl mercaptan by rats and mice caused irritation of mucous membranes, incoordination, staggering gait, weakness, partial skeletal muscle paralysis, deficient oxygenation of the blood (cyanosis), respiratory depression, coma, and death. Sublethal doses produced swelling, fatty degeneration, and tissue destruction (necrosis) of the liver and cloudy swelling in the kidneys. Undiluted ethyl mercaptan instilled in the eyes of rabbits caused slight-to-moderate irritation. Chronic inhalation of ethyl mercaptan by rats and rabbits caused cardiovascular disorders, decreased gas exchange, increased nervous excitability, and effects on the blood-forming system including decreased red blood cell counts.
  2. **Effects on humans**: Persons clinically exposed to low concentrations of ethyl mercaptan over a 5- to 10-day period reported an altered taste reaction to bitter and sweet substances and a rise in olfactory threshold.

- **Signs and symptoms of exposure**
  **Short-term (acute)**: Exposure to ethyl mercaptan can cause headache, nausea, weakness, fatigue, incoordination, and irritation of the mucous membranes.

RECOMMENDED MEDICAL PRACTICES

- **Medical surveillance program**
  Workers with potential exposures to chemical hazards should be monitored in a systematic program of medical surveillance intended to prevent or control occupational injury and disease. The program should include education of employers and workers about work-related hazards, placement of workers in jobs that do not jeopardize their safety and health, earliest possible detection of adverse health effects, and referral of workers for diagnostic confirmation and treatment. The occurrence of disease (a “sentinel health event,” SHE) or other work-related adverse health effects should prompt immediate remedial evaluation of primary preventive measures (e.g., industrial hygiene monitoring, engineering controls, and personal protective equipment). A medical surveillance program is intended to supplement, not replace, such measures.

  A medical surveillance program should include systematic collection and epidemiologic analysis of relevant environmental and biologic monitoring, medical screening, morbidity, and mortality data. This analysis may provide information about the relatedness of adverse health effects and occupational exposure that cannot be discerned from results in individual workers. Sensitivity, specificity, and predictive values of biologic monitoring and medical screening tests should be evaluated on an industry-wide basis prior to application in any given worker group. Intrinsic to a surveillance program is the dissemination of summary data to those who need to know, including employers, occupational health professionals, potentially exposed workers, and regulatory and public health agencies.

- **Preplacement medical evaluation**
  Prior to placing a worker in a job with a potential for exposure to ethyl mercaptan, the physician should evaluate and document the worker's baseline health status with thorough medical, environmental, and occupational histories, a physical examination, and physiologic and laboratory tests appropriate for the anticipated occupational risks. These should concentrate on the function and integrity of the skin, eyes, and nervous and respiratory systems.

  Medical surveillance for respiratory disease should be conducted by using the principles and methods recommended by NIOSH and the American Thoracic Society (ATS).

  A preplacement medical evaluation is recommended in order to detect and assess preexisting or concurrent conditions which may be aggravated or result in increased risk when a worker is exposed to ethyl mercaptan at or below the NIOSH REL. The examining physician should consider the probable frequency, intensity, and duration of exposure, as well as the nature and degree of the condition, in placing such a worker. Such conditions, which should not be regarded as absolute contraindications to job placement, include chronic diseases of the skin and respiratory system.

- **Periodic medical screening and/or biologic monitoring**
  Occupational health interviews and physical examinations should be performed at regular intervals. Additional examinations may be necessary should a worker develop symptoms that may be attributed to exposure to ethyl mercaptan. The interviews, examinations, and appropriate medical screening and/or biologic monitoring tests should be directed at identifying an excessive decrease or adverse trend in the physiologic function of the skin, eyes, and nervous and respiratory systems as compared to the baseline status of the individual worker or to expected values for a suitable reference population. The following tests should be used and interpreted according to standardized procedures and evaluation criteria recommended by NIOSH and the ATS: standardized questionnaires and tests of lung function.

- **Medical practices recommended at the time of job transfer or termination**
  The medical, environmental, and occupational history interviews, the physical examination, and selected physiologic or laboratory tests which were conducted at the time of placement should be repeated at the time of job transfer or termination. Any changes in the worker's health status should be compared to those expected for a suitable reference population.

MONITORING AND MEASUREMENT PROCEDURES

- **Ceiling concentration evaluation**
  Measurements to determine worker exposure should be taken during periods of maximum expected airborne concentrations of ethyl mercaptan. Each measurement to determine the
NIOSH REL (ceiling exposure) in the worker's breathing zone should consist of a 15-minute sample or a series of consecutive samples that total 15 minutes. A minimum of three measurements should be taken during one workshift, and the highest of all measurements taken is an estimate of the worker's exposure. If the periods of maximum exposure are not clearly defined, a statistical procedure which can be used as a peak exposure detection strategy is given in the *Occupational Exposure Sampling Strategy Manual*.

### Method
Currently there is no NIOSH-validated method for sampling and analysis of ethyl mercaptan. Detector tubes or other direct-reading devices calibrated to measure ethyl mercaptan may be used if available.

### PERSONAL PROTECTIVE EQUIPMENT
Chemical protective clothing (CPC) should be selected after utilizing available performance data, consulting with the manufacturer, and then evaluating the clothing under actual use conditions.

Workers should be provided with and required to use CPC, gloves, face shields (8-inch minimum), and other appropriate protective clothing necessary to prevent skin contact with ethyl mercaptan.

Workers should be provided with and required to use splash-proof safety goggles where ethyl mercaptan may come in contact with the eyes.

### SANITATION
Clothing which is contaminated with ethyl mercaptan should be removed immediately and placed in closed containers for storage until it can be discarded or until provision is made for the removal of ethyl mercaptan from the clothing. If the clothing is to be laundered or cleaned, the person performing the operation should be informed of ethyl mercaptan's hazardous properties.

Change and shower rooms should be provided with separate locker facilities for street and work clothes.

Skin that becomes contaminated with ethyl mercaptan should be promptly washed with soap and water.

The storage, preparation, dispensing, or consumption of food or beverages, the storage or application of cosmetics, the storage or smoking of tobacco or other smoking materials, or the storage or use of products for chewing should be prohibited in work areas.

Workers who handle ethyl mercaptan should wash their faces, hands, and forearms thoroughly with soap and water before eating, smoking, or using toilet facilities.

### COMMON OPERATIONS AND CONTROLS
Common operations in which exposure to ethyl mercaptan may occur and control methods which may be effective in each case are listed in Table 2.

### Table 2.—Operations and methods of control for ethyl mercaptan

<table>
<thead>
<tr>
<th>Operations</th>
<th>Controls</th>
</tr>
</thead>
<tbody>
<tr>
<td>During use as a fuel gas odorant</td>
<td>Process enclosure, general dilution ventilation, personal protective equipment</td>
</tr>
<tr>
<td>During use as a chemical intermediate or raw material in the production of insecticides, anti-oxidants, plastics, and pharmaceuticals</td>
<td>Process enclosure, general dilution ventilation, personal protective equipment</td>
</tr>
<tr>
<td>During use as a stabilizer (0.5 to 5% quantities for stabilizing synthetic resins, rubber, polyvinyl compounds, and adhesives)</td>
<td>Process enclosure, general dilution ventilation, personal protective equipment</td>
</tr>
<tr>
<td>During synthesis and processing of ethyl mercaptan</td>
<td>Process enclosure, general dilution ventilation, personal protective equipment</td>
</tr>
<tr>
<td>During use as a solvent for elastomeric polymers and oil soluble dyes in industrial stains and quicksetting rubber cements</td>
<td>Local exhaust ventilation, general dilution ventilation, personal protective equipment</td>
</tr>
<tr>
<td>During cleaning and maintenance of storage vessels and equipment</td>
<td>Local exhaust ventilation, general dilution ventilation, personal protective equipment</td>
</tr>
</tbody>
</table>

### EMERGENCY FIRST AID PROCEDURES
In the event of an emergency, remove the victim from further exposure, seek for medical assistance, and initiate emergency procedures.

#### Eye exposure
Where there is any possibility of a worker's eyes being exposed to ethyl mercaptan, an eye-wash fountain should be provided within the immediate work area for emergency use.

If ethyl mercaptan gets into the eyes, flush them immediately with large amounts of water for 15 minutes, lifting the lower and upper lids occasionally. Get medical attention as soon as possible. Contact lenses should not be worn when working with this chemical.

#### Skin exposure
Where there is any possibility of a worker's body being exposed to ethyl mercaptan, facilities for quick drenching of the body should be provided within the immediate work area for emergency use.

If ethyl mercaptan gets on the skin, wash it immediately with soap and water. If ethyl mercaptan penetrates the clothing, remove the clothing immediately and wash the skin with soap and water. Get medical attention promptly.
• Rescue
If a worker has been incapacitated, move the affected worker from the hazardous exposure. Put into effect the established emergency rescue procedures. Do not become a casualty. Understand the facility’s emergency rescue procedures and know the locations of rescue equipment before the need arises.

SPILLS AND LEAKS
Workers not wearing protective equipment and clothing should be restricted from areas of spills or leaks until cleanup has been completed.

If ethyl mercaptan is spilled or leaked, the following steps should be taken:
1. Remove all ignition sources.
2. Ventilate area of spill or leak.
3. For small quantities of liquids containing ethyl mercaptan, absorb on paper towels and place in an appropriate container. Place towels in a safe place such as a fume hood for evaporation. Allow sufficient time for evaporation of the vapors so that the hood ductwork is free from ethyl mercaptan vapors. Burn the paper in a suitable location away from combustible materials.
4. Large quantities of liquids containing ethyl mercaptan may be absorbed in vermiculite, dry sand, earth, or a similar material, treated with hypochlorite, and placed in an appropriate container. Ethyl mercaptan should not be allowed to enter a confined space such as a sewer because of the possibility of an explosion.
5. Liquids containing ethyl mercaptan may be collected by vacuuming with an appropriate system. If a vacuum system is used, there should be no sources of ignition in the vicinity of the spill, and flashback prevention devices should be provided.

WASTE REMOVAL AND DISPOSAL
U.S. Environmental Protection Agency, Department of Transportation, and/or state and local regulations shall be followed to assure that removal, transport, and disposal are in accordance with existing regulations.

RESPIRATORY PROTECTION
It must be stressed that the use of respirators is the least preferred method of controlling worker exposure and should not normally be used as the only means of preventing or minimizing exposure during routine operations. However, there are some exceptions for which respirators may be used to control exposure: when engineering and work practice controls are not technically feasible, when engineering controls are in the process of being installed, or during emergencies and certain maintenance operations including those requiring confined-space entry (Table 3).

In addition to respirator selection, a complete respiratory protection program should be instituted which as a minimum complies with the requirements found in the OSHA Safety and Health Standards, 29 CFR 1910.134. A respiratory protection program should include as a minimum an evaluation of the worker’s ability to perform the work while wearing a respirator, the regular training of personnel, fit testing, periodic environmental monitoring, maintenance, inspection, and cleaning. The implementation of an adequate respiratory protection program, including selection of the correct respirators, requires that a knowledgeable person be in charge of the program and that the program be evaluated regularly.

Only respirators that have been approved by the Mine Safety and Health Administration (MSHA, formerly Mining Enforcement and Safety Administration) and by NIOSH should be used. Remember! Air-purifying respirators will not protect from oxygen-deficient atmospheres.

For each level of respiratory protection, only those respirators that have the minimum required protection factor and meet other use restrictions are listed. All respirators that have higher protection factors may also be used.

BIBLIOGRAPHY
• American Conference of Governmental Industrial Hygienists: Air Sampling Instruments (5th ed.), Cincinnati, 1980.
• American Conference of Governmental Industrial Hygienists: “Ethyl Mercaptan,” Documentation of the Threshold Limit Values and Biological Exposure Indices (5th ed.), Cincinnati, 1986.
• American Conference of Governmental Industrial Hygienists: TWA Threshold Limit Values and Biological Exposure Indices for 1987-88, Cincinnati, 1987.
### Table 3.—Respiratory protection for ethyl mercaptan

<table>
<thead>
<tr>
<th>Condition</th>
<th>Minimum respiratory protection*†</th>
</tr>
</thead>
<tbody>
<tr>
<td>Concentration:</td>
<td></td>
</tr>
<tr>
<td>Less than or equal to 5 ppm</td>
<td>Any supplied-air respirator</td>
</tr>
<tr>
<td></td>
<td>Any self-contained breathing apparatus</td>
</tr>
<tr>
<td></td>
<td>Any chemical cartridge respirator with organic vapor cartridge(s)</td>
</tr>
<tr>
<td>Less than or equal to 12.5 ppm</td>
<td>Any supplied-air respirator operated in a continuous flow mode</td>
</tr>
<tr>
<td></td>
<td>Any powered air-purifying respirator with organic vapor cartridge(s)</td>
</tr>
<tr>
<td>Less than or equal to 25 ppm</td>
<td>Any self-contained breathing apparatus with a full facepiece</td>
</tr>
<tr>
<td></td>
<td>Any supplied-air respirator with a full facepiece</td>
</tr>
<tr>
<td></td>
<td>Any air-purifying full facepiece respirator (gas mask) with a chin-style or front- or back-mounted organic vapor canister</td>
</tr>
<tr>
<td></td>
<td>Any powered air-purifying respirator with a tight-fitting facepiece and organic vapor cartridge(s)</td>
</tr>
<tr>
<td></td>
<td>Any chemical cartridge respirator with a full facepiece and organic vapor cartridge(s)</td>
</tr>
<tr>
<td></td>
<td>Any supplied-air respirator with a tight-fitting facepiece and operated in a continuous flow mode</td>
</tr>
<tr>
<td>Less than or equal to 500 ppm</td>
<td>Any supplied-air respirator with a half-mask and operated in a pressure-demand or other positive pressure mode</td>
</tr>
<tr>
<td>Less than or equal to 1,000 ppm</td>
<td>Any supplied-air respirator with a full facepiece and operated in a pressure-demand or other positive pressure mode</td>
</tr>
<tr>
<td>Planned or emergency entry into environments containing unknown concentrations or levels above 1,000 ppm</td>
<td>Any self-contained breathing apparatus with a full facepiece and operated in a pressure-demand or other positive pressure mode</td>
</tr>
<tr>
<td></td>
<td>Any supplied-air respirator with a full facepiece and operated in a pressure-demand or other positive pressure mode in combination with an auxiliary self-contained breathing apparatus operated in a pressure-demand or other positive pressure mode</td>
</tr>
<tr>
<td>Firefighting</td>
<td>Any self-contained breathing apparatus with a full facepiece and operated in a pressure-demand or other positive pressure mode</td>
</tr>
<tr>
<td>Escape only</td>
<td>Any air-purifying full facepiece respirator (gas mask) with a chin-style or front- or back-mounted organic vapor canister</td>
</tr>
<tr>
<td></td>
<td>Any appropriate escape-type self-contained breathing apparatus</td>
</tr>
</tbody>
</table>

* Only NIOSH/MSHA-approved equipment should be used.
† The respiratory protection listed for any given condition is the minimum required to meet the NIOSH REL of 0.5 ppm (1.3 mg/m³) (ceiling).