Occupational Health Guideline for Dichlorotetrafluoroethane (Refrigerant 114)

INTRODUCTION
This guideline is intended as a source of information for employees, employers, physicians, industrial hygienists, and other occupational health professionals who may have a need for such information. It does not attempt to present all data; rather, it presents pertinent information and data in summary form.

SUBSTANCE IDENTIFICATION
- Formula: $F_2ClCCCF_3$
- Synonyms: 1,2-Dichlorotetrafluoroethane; Freon 114; Refrigerant 114; Halon 242
- Appearance and odor: Colorless liquid or gas with a very slight ethereal odor.

PERMISSIBLE EXPOSURE LIMIT (PEL)
The current OSHA standard for Refrigerant 114 is 1000 parts of Refrigerant 114 per million parts of air (ppm) averaged over an eight-hour work shift. This may also be expressed as 7000 milligrams of Refrigerant 114 per cubic meter of air (mg/m³).

HEALTH HAZARD INFORMATION
- Routes of exposure
Refrigerant 114 can affect the body if it is inhaled or if the liquid comes in contact with the eyes or skin. It can also affect the body if it is swallowed.
- Effects of overexposure
  1. Short-term Exposure: Breathing in very high concentrations may cause drowsiness and unconsciousness and may also cause the heart to beat irregularly or to stop suddenly. If the liquid gets on the skin or in the eyes, it may cause frostbite.
  2. Long-term Exposure: None known
  3. Reporting Signs and Symptoms: A physician should be contacted if anyone develops any signs or symptoms and suspects that they are caused by exposure to Refrigerant 114.
- Recommended medical surveillance
  The following medical procedures should be made available to each employee who is exposed to Refrigerant 114 at potentially hazardous levels:
  1. Initial Medical Screening: Employees should be screened for history of certain medical conditions (listed below) which might place the employee at increased risk from Refrigerant 114 exposure.
     - Chronic respiratory disease: In persons with impaired pulmonary function, especially those with obstructive airway diseases, the breathing of Refrigerant 114 might cause exacerbation of symptoms due to its irritant properties.
     - Cardiovascular disease: In persons with impaired cardiovascular function, especially those with a history of cardiac arrhythmias, the inhalation of Refrigerant 114 might cause exacerbation of disorders of the conduction mechanism due to its sensitizing effects on the myocardium.
  2. Periodic Medical Examination: Any employee developing the above-listed conditions should be referred for further medical examination.
- Summary of toxicology
Refrigerant 114 vapor is a respiratory irritant and causes asphyxia at extremely high concentrations. Exposure to 200,000 ppm for 16 hours was fatal to dogs, while single 8-hour exposures produced tremors and convulsions but no fatalities; repeated exposures at 140,000 to 160,000 ppm for 8 hours caused incoordination, tremors, and occasionally convulsions, but all dogs survived. At 47,000 ppm guinea pigs developed respiratory irritation. Sniffing aerosols of fluorochlorinated hydrocarbons has caused sudden death by cardiac arrest, probably due to sensitization of the myocardium. The liquid spilled on the skin may produce frostbite.

CHEMICAL AND PHYSICAL PROPERTIES
- Physical data
  1. Molecular weight: 170.9
  2. Boiling point (760 mm Hg): 3.5 C (38.4 F)

These recommendations reflect good industrial hygiene and medical surveillance practices and their implementation will assist in achieving an effective occupational health program. However, they may not be sufficient to achieve compliance with all requirements of OSHA regulations.

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Public Health Service
Centers for Disease Control
National Institute for Occupational Safety and Health

U.S. DEPARTMENT OF LABOR
Occupational Safety and Health Administration

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3. Specific gravity (water = 1): 1.44
4. Vapor density (air = 1 at boiling point of Refrigerant 114): 5.9
5. Melting point: -94°C (-137°F)
6. Vapor pressure at 20°C (68°F): 1444 mm Hg
7. Solubility in water, g/100 g water at 20°C (68°F): 0.01
8. Evaporation rate (butyl acetate = 1): Higher than 1

- Reactivity
  1. Conditions contributing to instability: Heat
  2. Incompatibilities: Refrigerant 114 reacts with chemically active metals such as sodium, potassium, calcium, powdered aluminum, zinc, and magnesium.
  3. Hazardous decomposition products: Toxic gases and vapors (such as hydrogen chloride, phosgene, and hydrogen fluoride) may be released when Refrigerant 114 decomposes.
  4. Special precautions: Liquid Refrigerant 114 will attack some forms of plastics, rubber, and coatings.

- Flammability
  1. Not combustible
  2. Warning properties
     Although Refrigerant 114 has a chloroform-like odor, no quantitative data are available relating warning properties to air concentrations. It is treated, therefore, as a material with poor warning properties. Refrigerant 114 is not a known eye irritant.

MONITORING AND MEASUREMENT PROCEDURES

- General
  Measurements to determine employee exposure are best taken so that the average eight-hour exposure is based on a single eight-hour sample or on two four-hour samples. Several short-time interval samples (up to 30 minutes) may also be used to determine the average exposure level. Air samples should be taken in the employee's breathing zone (air that would most nearly represent that inhaled by the employee).

- Method

RESPIRATORS

- Good industrial hygiene practices recommend that engineering controls be used to reduce environmental concentrations to the permissible exposure level. However, there are some exceptions where respirators may be used to control exposure. Respirators may be used when engineering and work practice controls are not technically feasible, when such controls are in the process of being installed, or when they fail and need to be supplemented. Respirators may also be used for operations which require entry into tanks or closed vessels, and in emergency situations. If the use of respirators is necessary, the only respirators permitted are those that have been approved by the Mine Safety and Health Administration (formerly Mining Enforcement and Safety Administration) or by the National Institute for Occupational Safety and Health.

- In addition to respirator selection, a complete respiratory protection program should be instituted which includes regular training, maintenance, inspection, cleaning, and evaluation.

PERSONAL PROTECTIVE EQUIPMENT

- Employees should be provided with and required to use impervious clothing, gloves, face shields (eight-inch minimum), and other appropriate protective clothing necessary to prevent the skin from becoming wet with liquid Refrigerant 114.
- Any clothing which becomes wet with liquid Refrigerant 114 should be removed immediately and not reworn until the Refrigerant 114 has evaporated.
- Employees should be provided with and required to use splash-proof safety goggles where liquid Refrigerant 114 may contact the eyes.

COMMON OPERATIONS AND CONTROLS

The following list includes some common operations in which exposure to Refrigerant 114 may occur and control methods which may be effective in each case:

<table>
<thead>
<tr>
<th>Operation</th>
<th>Controls</th>
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<tbody>
<tr>
<td>Manufacture and use in aerosols with other Freons to lower vapor pressure and produce non-flammable aerosol propellants; use as a refrigerant in industrial cooling and airconditioning systems</td>
<td>General dilution ventilation; local exhaust ventilation; personal protective equipment</td>
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<tr>
<td>Use as a blowing agent for cellular polymers; use as a solvent and diluent in polymerization of fluoro-olefins, cleaning and degreasing printed circuit boards, preparation of explosives, and extraction of volatile substances</td>
<td>General dilution ventilation; local exhaust ventilation; personal protective equipment</td>
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</table>
Use as a foaming agent in fire extinguishing and aerosols; in organic synthesis in preparation of uranium tetrafluoride, Freons, and polymer intermediates

Use in inhibiting metal erosion in hydraulic fluids; in strengthening glass bottles; in magnesium refining; and as a reflux liquid to assist heat removal

General dilution ventilation; local exhaust ventilation; personal protective equipment

EMERGENCY FIRST AID PROCEDURES

In the event of an emergency, institute first aid procedures and send for first aid or medical assistance.

* Eye Exposure
If liquid Refrigerant 114 gets into the eyes, wash eyes immediately with large amounts of water, lifting the lower and upper lids occasionally. Get medical attention immediately. Contact lenses should not be worn when working with this chemical.

* Skin Exposure
If liquid Refrigerant 114 gets on the skin, immediately flush the contaminated skin with water if the Refrigerant 114 has not already evaporated. If liquid Refrigerant 114 soaks through the clothing, remove the clothing immediately and flush the skin with water. Do not use hot water for skin flushing. If irritation is present after washing, get medical attention.

* Breathing
If a person breathes in large amounts of Refrigerant 114, move the exposed person to fresh air at once. If breathing has stopped, perform artificial respiration. Keep the affected person warm and at rest. Get medical attention as soon as possible.

* Swallowing
When Refrigerant 114 has been swallowed, get medical attention immediately. If medical attention is not immediately available, get the afflicted person to vomit by having him touch the back of his throat with his finger or by giving him syrup of ipecac as directed on the package. This non-prescription drug is available at most drug stores and drug counters and should be kept with emergency medical supplies in the workplace. Do not make an unconscious person vomit.

* Rescue
Move the affected person from the hazardous exposure. If the exposed person has been overcome, notify someone else and put into effect the established emergency rescue procedures. Do not become a casualty. Understand the facility’s emergency rescue procedures and know the locations of rescue equipment before the need arises.

SPILL AND LEAK PROCEDURES

- Persons not wearing protective equipment and clothing should be restricted from areas of spills until cleanup has been completed.
- If Refrigerant 114 is spilled or leaked, the following steps should be taken:
  1. Ventilate area of spill or leak.
  2. If the gas is leaking, stop the flow.
  3. If the liquid is spilled or leaked, allow to vaporize.

REFERENCES

<table>
<thead>
<tr>
<th>Condition</th>
<th>Minimum Respiratory Protection* Required Above 1000 ppm</th>
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<tbody>
<tr>
<td>Gas Concentration</td>
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<tr>
<td>10,000 ppm or less</td>
<td>Any supplied-air respirator.</td>
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<tr>
<td></td>
<td>Any self-contained breathing apparatus.</td>
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<tr>
<td>50,000 ppm or less</td>
<td>Any supplied-air respirator with a full facepiece, helmet, or hood.</td>
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<td></td>
<td>Any self-contained breathing apparatus with a full facepiece.</td>
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<td>A Type C supplied-air respirator with a half facepiece operated in pressure-demand or other positive pressure or continuous-flow mode.</td>
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<td>Greater than 50,000 ppm or entry and escape from unknown concentrations</td>
<td>Self-contained breathing apparatus with a full facepiece operated in pressure-demand or other positive pressure mode.</td>
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<td>A combination respirator which includes a Type C supplied-air respirator with a full facepiece operated in pressure-demand or other positive pressure or continuous-flow mode and an auxiliary self-contained breathing apparatus operated in pressure-demand or other positive pressure mode.</td>
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<td>Fire Fighting</td>
<td>Self-contained breathing apparatus with a full facepiece operated in pressure-demand or other positive pressure mode.</td>
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<td>Escape</td>
<td>Any gas mask providing protection against organic vapors.</td>
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<td>Any escape self-contained breathing apparatus.</td>
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*Only NIOSH-approved or MSHA-approved equipment should be used.