Occupational Health Guideline for Cyclohexene

INTRODUCTION
This guideline is intended as a source of information for employees, employers, physicians, industrial hygienists, and other occupational health professionals who may have a need for such information. It does not attempt to present all data; rather, it presents pertinent information and data in summary form.

SUBSTANCE IDENTIFICATION
- Formula: C₆H₁₁
- Synonyms: Benzene tetrahydride
- Appearance and odor: Colorless liquid with a sweetish odor

PERMISSIBLE EXPOSURE LIMIT (PEL)
The current OSHA standard for cyclohexene is 300 parts of cyclohexene per million parts of air (ppm) averaged over an eight-hour work shift. This may also be expressed as 1015 milligrams of cyclohexene per cubic meter of air (mg/m³).

HEALTH HAZARD INFORMATION
- Routes of exposure
Cyclohexene can affect the body if it is inhaled, is swallowed, or comes in contact with the eyes or skin.
- Effects of overexposure
  1. Short-term Exposure: Overexposure to cyclohexene may cause irritation of the eyes, nose, and throat.
  2. Long-term Exposure: Prolonged or repeated contact of this chemical with the skin may cause skin irritation.
  3. Reporting Signs and Symptoms: A physician should be contacted if anyone develops any signs or symptoms and suspects that they are caused by exposure to cyclohexene.
- Recommended medical surveillance
The following medical procedures should be made available to each employee who is exposed to cyclohexene at potentially hazardous levels:

1. Initial Medical Screening: Employees should be screened for history of certain medical conditions (listed below) which might place the employee at increased risk from cyclohexene exposure.
   - Skin disease: Cyclohexene can cause dermatitis on prolonged exposure. Persons with pre-existing skin disorders may be more susceptible to the effects of this agent.
   - Liver disease: Although cyclohexene is not known as a liver toxin in humans, the importance of this organ in the biotransformation and detoxification of foreign substances should be considered before exposing persons with impaired liver function.
   - Kidney disease: Although cyclohexene is not known as a kidney toxin in humans, the importance of this organ in the elimination of toxic substances justifies special consideration in those with impaired renal function.
   - Chronic respiratory disease: In persons with impaired pulmonary function, especially those with obstructive airway diseases, the breathing of cyclohexene might cause exacerbation of symptoms due to its irritant properties.
2. Periodic Medical Examination: Any employee developing the above-listed conditions should be referred for further medical examination.
- Summary of toxicology
While no significant toxicologic studies on cyclohexene have been reported, it is regarded as a mild respiratory irritant and central nervous system depressant, chiefly by analogy to the observed effect of chemically similar substances. No acute or chronic systemic effects have been reported in humans.

CHEMICAL AND PHYSICAL PROPERTIES
- Physical data
  1. Molecular weight: 82
  2. Boiling point (760 mm Hg): 82.8 C (181 F)
  3. Specific gravity (water = 1): 0.8
  4. Vapor density (air = 1 at boiling point of cyclo-

These recommendations reflect good industrial hygiene and medical surveillance practices and their implementation will assist in achieving an effective occupational health program. However, they may not be sufficient to achieve compliance with all requirements of OSHA regulations.

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Public Health Service Centers for Disease Control
National Institute for Occupational Safety and Health

U.S. DEPARTMENT OF LABOR
Occupational Safety and Health Administration

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hexene): 2.8
5. Melting point: −103.7°C (−155°F)
6. Vapor pressure at 20°C (68°F): 67 mm Hg
7. Solubility in water, g/100 g water at 20°C (68°F):
   Very low
8. Evaporation rate (butyl acetate = 1): Data not available

**Reactivity**
1. Conditions contributing to instability: Heat
2. Incompatibilities: Contact with strong oxidizing agents may cause fires and explosions.
3. Hazardous decomposition products: Toxic gases and vapors (such as carbon monoxide) may be released in a fire involving cyclohexene.
4. Special precautions: Cyclohexene will attack some forms of plastics, rubber, and coatings.

**Flammability**
1. Flash point: −12 C (10 F) (closed cup)
2. Autoignition temperature: 310°C (590°F)
3. Flammable limits in air, % by volume: Lower: 1.2; Upper: 4.8 at 100°C (212°F)
4. Extinguishment: Dry chemical, carbon dioxide, foam

**Warning properties**
1. Odor Threshold: By analogy to cyclohexene, which has an odor threshold of 0.41 ppm according to May, the odor of cyclohexene is assumed to be below the permissible exposure limit of 300 ppm.
2. Eye Irritation Level: The Documentation of TLV's states that "Cook suggested 400 ppm as a TLV (for cyclohexene) on the basis of analogy to cyclohexene. This limit has subsequently been reduced to 300 ppm to provide a wider margin of safety from systemic effects and to reduce irritation."
3. Evaluation of Warning Properties: By analogy to cyclohexene, the odor threshold of cyclohexene is assumed to be below the permissible exposure limit. Cyclohexene, therefore, is treated as a material with adequate warning properties.

**MONITORING AND MEASUREMENT PROCEDURES**

**General**
Measurements to determine employee exposure are best taken so that the average eight-hour exposure is based on a single eight-hour sample or on two four-hour samples. Several short-time interval samples (up to 30 minutes) may also be used to determine the average exposure level. Air samples should be taken in the employee's breathing zone (air that would most nearly represent that inhaled by the employee).

**Method**
Sampling and analyses may be performed by collection of cyclohexene vapors using an adsorption tube with subsequent desorption with carbon disulfide and gas chromatographic analysis. Also, detector tubes certified by NIOSH under 42 CFR Part 84 or other direct-reading devices calibrated to measure cyclohexene may be used. An analytical method for cyclohexene is in the NIOSH Manual of Analytical Methods, 2nd Ed., Vol. 2, 1977, available from the Government Printing Office, Washington, D.C. 20402 (GPO No. 017-033-00260-6).

**RESPIRATORS**
- Good industrial hygiene practices recommend that engineering controls be used to reduce environmental concentrations to the permissible exposure level. However, there are some exceptions where respirators may be used to control exposure. Respirators may be used when engineering and work practice controls are not technically feasible, when such controls are in the process of being installed, or when they fail and need to be supplemented. Respirators may also be used for operations which require entry into tanks or closed vessels, and in emergency situations. If the use of respirators is necessary, the only respirators permitted are those that have been approved by the Mine Safety and Health Administration (formerly Mining Enforcement and Safety Administration) or by the National Institute for Occupational Safety and Health.
- In addition to respirator selection, a complete respiratory protection program should be instituted which includes regular training, maintenance, inspection, cleaning, and evaluation.

**PERSONAL PROTECTIVE EQUIPMENT**
- Employees should be provided with and required to use impervious clothing, gloves, face shields (eight-inch minimum), and other appropriate protective clothing necessary to prevent repeated or prolonged skin contact with liquid cyclohexene.
- Clothing wet with liquid cyclohexene should be placed in closed containers for storage until it can be discarded or until provision is made for the removal of cyclohexene from the clothing. If the clothing is to be laundered or otherwise cleaned to remove the cyclohexene, the person performing the operation should be informed of cyclohexene's hazardous properties.
- Any clothing which becomes wet with liquid cyclohexene should be removed immediately and not reworn until the cyclohexene is removed from the clothing.
- Employees should be provided with and required to use splash-proof safety goggles where liquid cyclohexene may contact the eyes.

**SANITATION**
- Skin that becomes wet with liquid cyclohexene should be promptly washed or showered with soap or mild detergent and water to remove any cyclohexene.
COMMON OPERATIONS AND CONTROLS

The following list includes some common operations in which exposure to cyclohexene may occur and control methods which may be effective in each case:

<table>
<thead>
<tr>
<th>Operation</th>
<th>Controls</th>
</tr>
</thead>
<tbody>
<tr>
<td>Use in organic synthesis as a starting material or chemical intermediate</td>
<td>Process enclosure; local exhaust ventilation; personal protective equipment; general dilution ventilation</td>
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<tr>
<td>Use as a constituent to study catalytic reactions, mechanisms of oxidation of hydrocarbons, and reaction kinetics</td>
<td>Process enclosure; local exhaust ventilation; general dilution ventilation</td>
</tr>
<tr>
<td>Use in synthesis of polymers; as a polymer modifier to control molecular weight; use as a stabilizing agent</td>
<td>Process enclosure; local exhaust ventilation; personal protective equipment</td>
</tr>
<tr>
<td>Liberation during catalytic hydrogenation of aromatic compounds</td>
<td>Process enclosure; local exhaust ventilation; general dilution ventilation</td>
</tr>
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EMERGENCY FIRST AID PROCEDURES

In the event of an emergency, institute first aid procedures and send for first aid or medical assistance.

- **Eye Exposure**
  If cyclohexene gets into the eyes, wash eyes immediately with large amounts of water, lifting the lower and upper lids occasionally. If irritation persists, get medical attention. Contact lenses should not be worn when working with this chemical.

- **Skin Exposure**
  If cyclohexene gets on the skin, promptly wash the contaminated skin using soap or mild detergent. If cyclohexene soaks through the clothing, remove the clothing immediately and wash the skin using soap or mild detergent. If there is skin irritation, get medical attention.

- **Breathing**
  If a person breathes in large amounts of cyclohexene, move the exposed person to fresh air at once. If breathing has stopped, perform artificial respiration. Keep the affected person warm and at rest. Get medical attention as soon as possible.

- **Swallowing**
  If cyclohexene has been swallowed, do not induce vomiting. Get medical attention immediately.

- **Rescue**
  Move the affected person from the hazardous exposure. If the exposed person has been overcome, notify someone else and put into effect the established emergency rescue procedures. Do not become a casualty. Understand the facility's emergency rescue procedures and know the locations of rescue equipment before the need arises.

SPILL, LEAK, AND DISPOSAL PROCEDURES

- **Persons not wearing protective equipment and clothing should be restricted from areas of spills or leaks until cleanup has been completed.**
- **If cyclohexene is spilled or leaked, the following steps should be taken:**
  1. Remove all ignition sources.
  2. Ventilate area of spill or leak.
  3. For small quantities, absorb on paper towels. Evaporate in a safe place (such as a fume hood). Allow sufficient time for evaporating vapors to completely clear the hood ductwork. Burn the paper in a suitable location away from combustible materials. Large quantities can be collected and atomized in a suitable combustion chamber. Cyclohexene should not be allowed to enter a confined space, such as a sewer, because of the possibility of an explosion.

- **Waste disposal methods:**
  Cyclohexene may be disposed of:
  1. By absorbing it in vermiculite, dry sand, earth or a similar material and disposing in a secured sanitary landfill.
  2. By atomizing in a suitable combustion chamber.

REFERENCES

RESPIRATORY PROTECTION FOR CYCLOHEXENE

<table>
<thead>
<tr>
<th>Condition</th>
<th>Minimum Respiratory Protection* Required Above 300 ppm</th>
</tr>
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<tbody>
<tr>
<td>Vapor Concentration</td>
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<tr>
<td>1000 ppm or less</td>
<td>A chemical cartridge respirator with a full facepiece and an organic vapor cartridge(s).</td>
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<tr>
<td>5000 ppm or less</td>
<td>A gas mask with a chin-style organic vapor canister.</td>
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<tr>
<td>10,000 ppm or less</td>
<td>A gas mask with a chin-style or a front- or back-mounted organic vapor canister.</td>
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<tr>
<td></td>
<td>Any supplied-air respirator with a full facepiece, helmet, or hood.</td>
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<td></td>
<td>Any self-contained breathing apparatus with a full facepiece.</td>
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<tr>
<td>Greater than 10,000 ppm or entry and escape from unknown concentrations</td>
<td>Self-contained breathing apparatus with a full facepiece operated in pressure-demand or other positive pressure mode.</td>
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<td></td>
<td>A combination respirator which includes a Type C supplied-air respirator with a full facepiece operated in pressure-demand or other positive pressure or continuous-flow mode and an auxiliary self-contained breathing apparatus operated in pressure-demand or other positive pressure mode.</td>
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<tr>
<td>Fire Fighting</td>
<td>Self-contained breathing apparatus with a full facepiece operated in pressure-demand or other positive pressure mode.</td>
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<tr>
<td>Escape</td>
<td>Any gas mask providing protection against organic vapors.</td>
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<tr>
<td></td>
<td>Any escape self-contained breathing apparatus.</td>
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*Only NIOSH-approved or MSHA-approved equipment should be used.