INTRODUCTION
This guideline summarizes pertinent information about benzyl chloride for workers, employers, and occupational safety and health professionals who may need such information to conduct effective occupational safety and health programs. Recommendations may be superseded by new developments in these fields; therefore, readers are advised to regard these recommendations as general guidelines.

SUBSTANCE IDENTIFICATION
- Formula: \( \text{C}_7\text{H}_7\text{Cl} \)
- Structure: 
  \[
  \begin{array}{c}
  \text{C} \\
  \text{H} \\
  \text{H} \\
  \text{Cl}
  \end{array}
  \quad \text{CH}_2\text{Cl}
  \]
- Synonyms: Alpha-chlorotoluene, chloromethylbenzene
- Identifiers: CAS 100-44-7; RTECS XS8925000; DOT 1738, label required: “Poison, Corrosive”
- Appearance and odor: Colorless to slightly yellow liquid with a pungent, aromatic, irritating odor

CHEMICAL AND PHYSICAL PROPERTIES
- Physical data
  1. Molecular weight: 126.58
  2. Boiling point (at 760 mmHg): 179.4°C (355°F)
  3. Specific gravity (water = 1): 1.1
  4. Vapor density (air = 1 at boiling point of benzyl chloride): 4.36
  5. Melting point: -39.2°C (-38.6°F)
  6. Vapor pressure at 22°C (71.6°F): 1 mmHg
  7. Solubility in water, g/100 g water at 20°C (68°F): 0.05
  8. Evaporation rate (butyl acetate = 1): 0.11
  9. Saturation concentration in air (approximate) at 22°C (71.6°F): 0.13% (1300 ppm)
- Reactivity
  1. Incompatibilities: Contact with active metals such as copper, aluminum, magnesium, iron, zinc, and tin may cause the liberation of heat and hydrogen chloride. Contact with strong oxidizers may cause fires and explosions.
  2. Hazardous decomposition products: Toxic vapors and gases (e.g., hydrogen chloride, phosgene, and carbon monoxide) may be released in a fire involving benzyl chloride.

3. Caution: Benzyl chloride will attack some forms of plastic, rubber, and coatings.
- Flammability
  1. Flash point: 67°C (153°F) (closed cup)
  2. Autoignition temperature: 585°C (1085°F)
  3. Flammable limits in air, % by volume: Lower, 1.1; Upper, Not available
  4. Extinguisher: Dry chemical, foam, carbon dioxide, or water spray
  5. Class IIIA Combustible Liquid (29 CFR 1910.106), Flammability Rating 2 (NFPA)
- Warning properties
  1. Odor threshold: 0.04 ppm
  2. Eye irritation level: 16 ppm
  3. Evaluation of warning properties for respirator selection: Because of its odor and irritant effects, benzyl chloride can be detected below the National Institute for Occupational Safety and Health (NIOSH) recommended exposure limit (REL); thus, it is treated as a chemical with adequate warning properties.

EXPOSURE LIMITS
The current Occupational Safety and Health Administration (OSHA) permissible exposure limit (PEL) for benzyl chloride is 1 part of benzyl chloride per million parts of air (ppm) [5 milligrams of benzyl chloride per cubic meter of air (mg/m³)] as a time-weighted average (TWA) concentration over an 8-hour workshift. The NIOSH REL is 1 ppm (5 mg/m³) as a ceiling concentration determined in any 15-minute sampling period. The American Conference of Governmental Industrial Hygienists (ACGIH) threshold limit value (TLV®) is 1 ppm (5 mg/m³) as a TWA for a normal 8-hour workday and a 40-hour workweek (Table 1).

<table>
<thead>
<tr>
<th>Exposure limits for benzyl chloride</th>
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<tbody>
<tr>
<td>OSHA PEL TWA</td>
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<tr>
<td>NIOSH REL Ceiling (15 min)</td>
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<tr>
<td>ACGIH TLV® TWA</td>
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<tr>
<td>ppm</td>
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<tr>
<td>mg/m³</td>
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<td>1</td>
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U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Public Health Service  Centers for Disease Control
National Institute for Occupational Safety and Health
Division of Standards Development and Technology Transfer
HEALTH HAZARD INFORMATION

- Routes of exposure
  Benzyl chloride may cause adverse health effects following exposure via inhalation, ingestion, or dermal contact.

- Summary of toxicology
  1. Effects on animals: Acute subcutaneous injection of benzyl chloride in rats caused labored breathing, bloody diarrhea, lung edema with bleeding, and liver damage. Acute inhalation of benzyl chloride by cats caused irregular respiration, inactivity, marked unresponsiveness, and death due to hemorrhage in the lungs; the surviving cats later developed clouded corneas, conjunctivitis, and severe pneumonia. Chronic subcutaneous injection of benzyl chloride in rats produced injection-site skin cancer and lung metastases. Oral administration of benzyl chloride to rats during pregnancy caused increased embryo lethality and retarded postnatal development. NIOSH will continue to monitor the research regarding benzyl chloride to determine whether the collective evidence justifies controlling this chemical as an occupational carcinogen.
  2. Effects on humans: Long-term exposure of workers to benzyl chloride has caused increased incidences of respiratory illness and dermatitis, abnormal liver function and serum protein levels, and decreased white blood cell counts. An increased incidence of lung cancer has been reported for workers potentially exposed to benzyl and benzyl chloride.

- Signs and symptoms of exposure
  Short-term (acute): Exposure to benzyl chloride can cause weakness, persistent headache, irritability, sweating, tremors, and loss of sleep and appetite. Skin sensitization, intense inflammation of the mucous membranes, and corneal damage can also occur.

RECOMMENDED MEDICAL PRACTICES

- Medical surveillance program
  Workers with potential exposures to chemical hazards should be monitored in a systematic program of medical surveillance intended to prevent or control occupational injury and disease. The program should include education of employers and workers about work-related hazards, placement of workers in jobs that do not jeopardize their safety and health, earliest possible detection of adverse health effects, and referral of workers for diagnostic confirmation and treatment. The occurrence of disease (a “sentinel health event,” SHE) or other work-related adverse health effects should prompt immediate evaluation of primary preventive measures (e.g., industrial hygiene monitoring, engineering controls, and personal protective equipment). A medical surveillance program is intended to supplement, not replace, such measures.

  A medical surveillance program should include systematic collection and epidemiologic analysis of relevant environmental and biologic monitoring, medical screening, morbidity, and mortality data. This analysis may provide information about the relatedness of adverse health effects and occupational exposure that cannot be discerned from results in individual workers. Sensitivity, specificity, and predictive values of biologic monitoring and medical screening tests should be evaluated on an industry-wide basis prior to application in any given worker group. Intrinsic to a surveillance program is the dissemination of summary data to those who need to know, including employers, occupational health professionals, potentially exposed workers, and regulatory and public health agencies.

- Preplacement medical evaluation
  Prior to placing a worker in a job with a potential for exposure to benzyl chloride, the physician should evaluate and document the worker’s baseline health status with thorough medical, environmental, and occupational histories, a physical examination, and physiologic and laboratory tests appropriate for the anticipated occupational risks. These should concentrate on the function and integrity of the skin, eyes, liver, and respiratory system. Medical surveillance for respiratory disease should be conducted by using the principles and methods recommended by NIOSH and the American Thoracic Society (ATS).

  A preplacement medical evaluation is recommended in order to detect and assess preexisting or concurrent conditions which may be aggravated or result in increased risk when a worker is exposed to benzyl chloride at or below the NIOSH REL. The examining physician should consider the probable frequency, intensity, and duration of exposure, as well as the nature and degree of the condition, in placing such a worker. Such conditions, which should not be regarded as absolute contraindications to job placement, include a history of chronic skin disease or concurrent dermatitis.

- Periodic medical screening and/or biologic monitoring
  Occupational health interviews and physical examinations should be performed at regular intervals. Additional examinations may be necessary should a worker develop symptoms that may be attributed to exposure to benzyl chloride. The interviews, examinations, and appropriate medical screening and/or biologic monitoring tests should be directed at identifying an excessive decrease or adverse trend in the physiologic function of the skin, eyes, liver, and respiratory system as compared to the baseline status of the individual worker or to expected values for a suitable reference population. The following tests should be used and interpreted according to standardized procedures and evaluation criteria recommended by NIOSH and ATS: standardized questionnaires, tests of lung function, and chest X-rays.

- Medical practices recommended at the time of job transfer or termination
  The medical, environmental, and occupational history interviews, the physical examination, and selected physiologic and laboratory tests which were conducted at the time of placement should be repeated at the time of job transfer or termination. Any changes in the worker’s health status should be compared to those expected for a suitable reference population. Because occupational exposure to benzyl chloride may cause diseases of prolonged induction-latency, the need for medical surveillance may extend well beyond termination of employment.

- Sentinel health events
  Acute SHE’s include: Contact and/or allergic dermatitis.
MONITORING AND MEASUREMENT PROCEDURES

• Ceiling concentration evaluation
Measurements to determine worker exposure should be taken during periods of maximum expected airborne concentrations of benzyl chloride. Each measurement to determine the NIOSH REL (ceiling exposure) in the worker's breathing zone (air that most nearly represents that inhaled by the worker) should consist of a 15-minute sample or a series of consecutive samples that total 15 minutes. A minimum of three measurements should be taken during one workshift, and the highest of all measurements taken is an estimate of the worker's exposure. If the periods of maximum exposure are not clearly defined, a statistical procedure which can be used as a peak exposure detection strategy is given in the Occupational Exposure Sampling Strategy Manual.

• Method
Sampling and analysis may be performed by collecting benzyl chloride vapors with charcoal tubes followed by desorption with carbon disulfide and analysis by gas chromatography. Detector tubes or other direct-reading devices calibrated to measure benzyl chloride may also be used if available. A detailed sampling and analytical method for benzyl chloride may be found in the NIOSH Manual of Analytical Methods (method number 1003).

PERSONAL PROTECTIVE EQUIPMENT

Chemical protective clothing (CPC) should be selected after utilizing available performance data, consulting with the manufacturer, and then evaluating the clothing under actual use conditions.

Workers should be provided with and required to use CPC, gloves, face shields (8-inch minimum), and other appropriate protective clothing necessary to prevent skin contact with benzyl chloride.

Workers should be provided with and required to use splashproof safety goggles where benzyl chloride may come in contact with the eyes.

SANITATION

Clothing which is contaminated with benzyl chloride should be removed immediately and placed in closed containers for storage until it can be discarded or until provision is made for the removal of benzyl chloride from the clothing. If the clothing is to be laundered or cleaned, the person performing the operation should be informed of benzyl chloride's hazardous properties.

Change and shower rooms should be provided with separate locker facilities for street and work clothes.

Skin that becomes contaminated with benzyl chloride should be promptly washed with soap and water.

The storage, preparation, dispensing, or consumption of food or beverages, the storage or application of cosmetics, the storage or smoking of tobacco or other smoking materials, or the storage or use of products for chewing should be prohibited in work areas.

Workers who handle benzyl chloride should wash their faces, hands, and forearms thoroughly with soap and water before eating, smoking, or using toilet facilities.

COMMON OPERATIONS AND CONTROLS

Common operations in which exposure to benzyl chloride may occur and control methods which may be effective in each case are listed in Table 2.

Table 2.—Operations and methods of control for benzyl chloride

<table>
<thead>
<tr>
<th>Operations</th>
<th>Controls</th>
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<tbody>
<tr>
<td>During use in the production of benzyl compounds</td>
<td>Process enclosure, local exhaust ventilation, personal protective equipment</td>
</tr>
<tr>
<td>During use in polymerization as a reactant catalyst, accelerator, and promoter; during use in rubber adhesives and TV tubes</td>
<td>Process enclosure, local exhaust ventilation, personal protective equipment</td>
</tr>
<tr>
<td>During use as a raw material for pickling inhibitors, gasoline gum inhibitors, and synthetic tanning agents; during use in the processing of starch and the preparation of textile fibers</td>
<td>Process enclosure, local exhaust ventilation, personal protective equipment</td>
</tr>
</tbody>
</table>

EMERGENCY FIRST AID PROCEDURES

In the event of an emergency, remove the victim from further exposure, send for medical assistance, and initiate emergency procedures.

• Eye exposure
Where there is any possibility of a worker's eyes being exposed to benzyl chloride, an eye-wash fountain should be provided within the immediate work area for emergency use. If benzyl chloride gets into the eyes, flush them immediately with large amounts of water for 15 minutes, lifting the lower and upper lids occasionally. Get medical attention as soon as possible. Contact lenses should not be worn when working with this chemical.

• Skin exposure
Where there is any possibility of a worker's body being exposed to benzyl chloride, facilities for quick drenching of the body should be provided within the immediate work area for emergency use.

If benzyl chloride gets on the skin, wash it immediately with soap and water. If benzyl chloride penetrates the clothing, re-
move the clothing immediately and wash the skin with soap and water. Get medical attention promptly.

• Rescue
If a worker has been incapacitated, move the affected worker from the hazardous exposure. Put into effect the established emergency rescue procedures. Do not become a casualty. Understand the facility's emergency rescue procedures and know the locations of rescue equipment before the need arises.

SPILLS AND LEAKS
Workers not wearing protective equipment and clothing should be restricted from areas of spills or leaks until cleanup has been completed.

If benzyl chloride is spilled or leaked, the following steps should be taken:
1. Remove all ignition sources.
2. Ventilate area of spill or leak.
3. For small quantities of liquids containing benzyl chloride, absorb on paper towels and place in an appropriate container. Place towels in a safe place such as a fume hood for evaporation. Allow sufficient time for evaporation of the vapors so that the hood ductwork is free from benzyl chloride vapors. Burn the paper in a suitable location away from combustible materials.
4. Large quantities of liquids containing benzyl chloride may be absorbed in vermiculite, dry sand, earth, or a similar material and placed in an appropriate container. Benzyl chloride should not be allowed to enter a confined space such as a sewer because of the possibility of an explosion.
5. Liquids containing benzyl chloride may be collected by vacuuming with an appropriate system. If a vacuum system is used, there should be no sources of ignition in the vicinity of the spill, and flashback prevention devices should be provided.

WASTE REMOVAL AND DISPOSAL
U.S. Environmental Protection Agency, Department of Transportation, and/or state and local regulations shall be followed to assure that removal, transport, and disposal are in accordance with existing regulations.

RESPIRATORY PROTECTION
It must be stressed that the use of respirators is the least preferred method of controlling worker exposure and should not normally be used as the only means of preventing or minimizing exposure during routine operations. However, there are some exceptions for which respirators may be used to control exposure: when engineering and work practice controls are not technically feasible, when engineering controls are in the process of being installed, or during emergencies and certain maintenance operations including those requiring confined-space entry (Table 3).

In addition to respirator selection, a complete respiratory protection program should be instituted which as a minimum complies with the requirements found in the OSHA Safety and Health Standards 29 CFR 1910.134. A respiratory protection program should include as a minimum, an evaluation of the worker's ability to perform the work while wearing a respirator, the regular training of personnel, fit testing, periodic environmental monitoring, maintenance, inspection, and cleaning. The implementation of an adequate respiratory protection program, including selection of the correct respirators, requires that a knowledgeable person be in charge of the program and that the program be evaluated regularly.

Only respirators that have been approved by the Mine Safety and Health Administration (MSHA, formerly Mining Enforcement and Safety Administration) and by NIOSH should be used. Remember! Air-purifying respirators will not protect from oxygen-deficient atmospheres.

For each level of respiratory protection, only those respirators that have the minimum required protection factor and meet other use restrictions are listed. All respirators that have higher protection factors may also be used.

BIBLIOGRAPHY
• American Conference of Governmental Industrial Hygienists: "Benzyl Chloride," Documentation of the Threshold Limit Values and Biological Exposure Indices (5th ed.), Cincinnati, 1986.
• American Conference of Governmental Industrial Hygienists: TLVs® Threshold Limit Values and Biological Exposure Indices for 1987-88, Cincinnati, 1987.
• Rom, W.N. (ed.): Environmental and Occupational Medicine, Little, Brown and Company, Boston, 1983.
<table>
<thead>
<tr>
<th>Condition</th>
<th>Minimum respiratory protection*†</th>
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<tbody>
<tr>
<td>Concentration:</td>
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<tr>
<td>Less than or equal to 10 ppm</td>
<td>Any supplied-air respirator (substance reported to cause eye irritation or damage—may require eye protection)</td>
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<tr>
<td></td>
<td>Any powered air-purifying respirator with organic vapor and acid gas cartridge(s) (substance reported to cause eye irritation or damage—may require eye protection)</td>
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<tr>
<td></td>
<td>Any chemical cartridge respirator with organic vapor and acid gas cartridge(s) (substance reported to cause eye irritation or damage—may require eye protection)</td>
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<tr>
<td></td>
<td>Any air-purifying full facepiece respirator (gas mask) with a chin-style or front- or back-mounted organic vapor and acid gas canister</td>
</tr>
<tr>
<td></td>
<td>Any self-contained breathing apparatus (substance reported to cause eye irritation or damage—may require eye protection)</td>
</tr>
<tr>
<td>Planned or emergency entry into environments containing unknown concentrations or levels above 10 ppm</td>
<td>Any self-contained breathing apparatus with a full facepiece and operated in a pressure-demand or other positive pressure mode</td>
</tr>
<tr>
<td></td>
<td>Any supplied-air respirator with a full facepiece and operated in a pressure-demand or other positive pressure mode in combination with an auxiliary self-contained breathing apparatus operated in a pressure-demand or other positive pressure mode</td>
</tr>
<tr>
<td>Firefighting</td>
<td>Any self-contained breathing apparatus with a full facepiece and operated in a pressure-demand or other positive pressure mode</td>
</tr>
<tr>
<td>Escape only</td>
<td>Any air-purifying full facepiece respirator (gas mask) with a chin-style or front- or back-mounted organic vapor and acid gas canister</td>
</tr>
<tr>
<td></td>
<td>Any appropriate escape-type self-contained breathing apparatus</td>
</tr>
</tbody>
</table>

* Only NIOSH/MSHA-approved equipment should be used.
† The respiratory protection listed for any given condition is the minimum required to meet the NIOSH REL of 1 ppm (5 mg/m³) (ceiling).