



# NIOSH Ladder Safety App Download for Free

To prevent extension and step ladder-related fall injuries and deaths, download and use NIOSH's award-winning Ladder Safety app.



## Stats:

**500,000+** people are treated each year for ladder-related falls<sup>1</sup>

**300+** people die from ladder falls each year<sup>2</sup>

**\$24 billion** is the annual cost to the U.S. for work loss, medical, legal, liability, and pain and suffering expenses from falls<sup>1</sup>

### Sources:

<sup>1</sup> CPSC (US Consumer Product Safety Commission) [2014]. Unpublished data from the National Injury Information Clearinghouse (CPSC) using the CPSC's Injury Cost Model.

<sup>2</sup> CDC, National Center for Health Statistics [2017]. Multiple Cause of Death 1999-2015 on CDC WONDER Online Database. Accessed at <https://wonder.cdc.gov/mcd-icd10.html>.

## Angle Measuring Tool



The **Measuring Tool** uses visual, sound, and vibration cues to set an extension ladder at the proper angle

## Ladder Safety Tools



**Decision** offers tips to plan your job while considering time, materials, and tools required



**Selection** provides a procedure to select the proper size and type of ladder for the task



**Inspection** includes a checklist for ladder mechanical inspection



**Set up** provides instruction for ladder setup and installation



**Proper Use** presents rules for safe ladder use



**Accessories** describes a number of available extension ladder safety accessories

Get the app from:



To learn more about falls in the workplace visit:  
[www.cdc.gov/niosh/topics/falls/mobileapp.html](http://www.cdc.gov/niosh/topics/falls/mobileapp.html)

