

# LET ART BE YOUR LEGACY

*Protect yourself, your family and your clients from bloodborne diseases.*

Your work is a living display of your unique ability, but in creating your art you may come in contact with your client's blood. Human blood can carry viruses that may be dangerous to your health.

Hepatitis B is one of those viruses.

Hepatitis B is spread by direct contact with human blood that contains the virus. Hepatitis B can live and still cause disease for at least seven days in dried blood left on surfaces, needles or equipment. This means you can still be exposed to the virus long after the infected person has left.

If you contract the virus, Hepatitis B can cause life-long illness, liver cancer, liver failure, cirrhosis (scarring) of the liver and death.



## **Get vaccinated.**

Hepatitis B is one virus you can be vaccinated against. Check with your doctor to learn more about the hepatitis B vaccine and where you can get it.

## **Attend yearly bloodborne pathogen training.**

Law requires employees who may be exposed to blood to attend at least yearly bloodborne pathogen training. Training will provide the latest information on how to reduce your risk of exposure to hepatitis B and other bloodborne diseases.

For more information on viral hepatitis visit: [www.cdc.gov/hepatitis](http://www.cdc.gov/hepatitis) or call the Hepatitis Information Line at: 1-888-4HEPCDC.

Be sure to check with your local health department to find out more about your state and local rules and regulations.

For more information on preventing occupational exposures to bloodborne pathogens call 1-800-CDC-INFO or visit: [www.cdc.gov/niosh/topics/bbp/bodyart/](http://www.cdc.gov/niosh/topics/bbp/bodyart/).





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**SAFER • HEALTHIER • PEOPLE**