Use of a Respirator

In some parts of the plant you may be asked to wear a respirator to keep the dust out of your lungs.

When respirators are required, it is for your health’s sake. Wear the respirator properly—one strap fastened above the ear and one below. Be sure the respirator fits tightly to prevent air leaks around the face seal. Don’t take short cuts, follow your employer’s respirator program.

Good Health and You

When the company provides air ventilation equipment, medical programs, good housekeeping standards, protective equipment and training sessions—and you follow the basic health program—the result is sound health protection for everyone.

No one can do it alone. Cooperation is the key to success.

Remember, occupational lead poisoning is easily avoided with all the right precautions.

Cooperation is the key to success!

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Lead and Your Health
Tips on Occupational Protection

Overexposure to lead can be dangerous for people who work with the metal.

To avoid overexposure, equipment is often installed to reduce the amount of lead in your work environment, and medical programs created to maintain a constant check on your health.

Government rules prescribe much of what the industry does, but air cleaning equipment and government rules alone may not always protect your health.

It also depends on how well you take care of yourself on the job and how well you follow the recommendations set down to ensure that you and your family stay healthy.
What CAN You Do?

Your own health
Keeping practices you are producing.

How ARE You Exposed?

How ARE You Exposed?

Family Safe

Keep Your

Possible

Help keep the plant as clean as

can be handled.

Sane—remember what you don’t see
do not see.

Don’t rub your eyes, ears, nose or
mouth.

Don’t smoke in the work area.

Wash your hands and face after

breakfast, lunch, and dinner.

There are a number of harmful

your fellow workers healthy.

Carefully go home. Follow your company’s

shower and shampoo your hair before

one of work clothes so that you don’t take

on dust that may be on your fingers.

separate from the work area.

Ear in a designated lunch room.

Wash your hands and face before

What if you are exposed to lead?

Is lead hazardous? Yes, it is. The possibility of the

The best general rule for self-protection

Lead hazard.

The best general rule is to stay alert to the possibility of the

Not before it can cause illness.

Once it is in the bloodstream, lead

in the body.

Once it is in the bloodstream, lead

in the body.

What IS Lead Poisoning?