Times are Tough: Protect Construction Workers from Opioid Risks

The ongoing COVID-19 pandemic overlapped with the deadliest months of the opioid overdose epidemic, challenging all of us and our mental health.

Nearly 250 U.S. lives were lost to drug overdoses every day in 2020.¹

~50% of Americans report the COVID-19 pandemic is negatively impacted their mental health.²

75% of overdose deaths in 2020 were caused by opioids.¹

Construction workers already face higher opioid-related risks from work conditions:

1 out of 3 construction workers have a musculoskeletal disorder (MSD).³

Prescription opioid use 3 times higher among construction workers with MSDs.³

Overdose deaths in construction increased 9 times from 2011–2018.⁴

Invest in workplace safety to reduce injuries, provide health care and paid sick leave, and help your workers get support and treatment so they can stay healthy – and stay on the job.

For help visit: https://www.cdc.gov/niosh/topics/opioids/wsrp/default.html


