

Can You Hear Me?

An Introduction to Hearing Loss Prevention

September 11, 2012

2:30-3:45 EDT

Presenters:

Janet Ehlers, RN, MSN, COHC, Occupational Health Nurse

Pamela Graydon, MS, COHC, Electronics Engineer

Who should participate? Anyone who works with people exposed to loud noise or music. This includes, but is not limited to nurses (e.g. public health, occupational, parish, and in rural communities); educators (e.g. technical, health, science, music and extension); youth leaders, community volunteers, safety managers, and small business owners. This train-the-trainer workshop is designed to increase knowledge about preventing noise- and music-induced prevention of hearing loss. There are no prerequisites for this educational program.

Objectives: At the conclusion of the session, participants will be able to:

1. State three occupations and industries where workers lose their hearing more rapidly than other workers.
2. Describe the relationship between noise exposure, hearing loss, and tinnitus.
3. Describe a simple indication that hearing protection should be worn.
4. Demonstrate two methods hearing protection.
5. State 3 key factors in selecting and using appropriate hearing protection devices (HPD).
6. Identify 3 barriers and 3 enablers related to use of hearing protection.
7. Identify readily available sources of additional information on prevention of NIHL and free or low-cost, teaching materials for teaching students and others about noise, hearing loss prevention, and use of hearing protection.

No prior registration is necessary. There is no charge for CDC continuing education activities. However, a limited number of lines are available. To help assure that you can participate, call and log in early. If all lines are taken, please see information on the next page to obtain additional dates of times when this workshop may be offered.

Continuing Education: Activity number EV1726_____

CNE: The Centers for Disease Control and Prevention is accredited as a provider of Continuing Nursing Education by the American Nurses Credentialing Center's Commission on Accreditation. This activity provides **1.2** contact hours.

CEU: The CDC has been approved as an Authorized Provider by the International Association for Continuing Education and Training (IACET), 1760 Old Meadow Road, Suite 500, McLean, VA 22102. The CDC is authorized by IACET to offer **0.1** ANSI/IACET CEU's for this program.

CECH: Sponsored by the Centers for Disease Control and Prevention, a designated provider of continuing education contact hours (CECH) in health education by the National Commission for Health Education Credentialing, Inc. This program is designed for Certified Health Education Specialists (CHES) to receive up to **1.5** Category I CECH in health education. CDC provider number GA0082.

CDC, our planners, and our presenters wish to disclose they have no financial interests or other relationships with the manufacturers of commercial products, suppliers of commercial services, or commercial supporters. Planners have reviewed content to ensure there is no bias. Presentations will not include any discussion of the unlabeled use of a product or a product under investigational use. CDC does not accept commercial support.

You may participate in the educational activity by following the instructions on the next page.

Instructions for joining the live online workshop

To attend this online workshop, both a computer with an internet connection and a telephone line are necessary. The presenters will be using the *Microsoft Office Live Meeting* system to show the slides. To listen and interact with the presenters, the user will need to connect to a telephone conference call. The instructions for both are below.

Caution first time users: To save time before the online workshop, [check your system](#)¹ to make sure it is ready to use *Microsoft Office Live Meeting*.

To access the online workshop:

1. Go to: <https://www.livemeeting.com/cc/cdc/join>
2. Copy and paste the required information (see image on right)
3. If you still cannot enter the online live webcast [contact support](#)²

Notice: *Microsoft Office Live Meeting* can be used to record meetings. By participating in this meeting, you agree that your communications may be monitored or recorded at any time during the meeting.



Tuesday, September 11, 2012 2:30-3:45 pm EDT		
1. To connect to telephone conference:	Toll free (877) 917-9822	Participant code 3971272
2. To connect to internet session:	Meeting ID 8RK8D2	Entry Code pdrvdx

To evaluate this educational activity, receive a certificate/statement of credit, to print-out an on-going transcript of all your TCEOnline CE activities for credits/contact hours, please go to: www.cdc.gov/TCEOnline. You will need to use the course number provided during the presentation.

Free brochures are also available in single copies or bulk orders for your organization.

They can also be viewed or printed electronically via www.cdc.gov/niosh/topics/noise.

They're your ears – Protect them (#2007-175) primarily describes the problem, e.g. the relationship between noise exposure and hearing loss, and provides information to overcome resistance to hearing protection device usage. This one is also available electronically in Spanish.

Have you Heard? Hearing Loss Caused by Farm Noise is Preventable (#2007-176) primarily describes appropriate selection and use of hearing protective devices, e.g. ear plugs.

This workshop MAY be presented again (insert time or period of time, e.g. "this summer"):

The participant information (e.g. phone number, ID, and codes), will be different.

For additional information on this workshop, the presentation handouts, possible future dates for this same workshop, or to order the free brochures contact those listed below. At your request, we may be able to schedule a date and time that would be especially convenient for your group.

Janet Ehlers at: jehlers@cdc.gov.

Pamela Graydon at: pgraydon@cdc.gov

Origination date: May 27, 2010

Renewal date: May 27, 2012

Expiration date: May 27, 2014

¹ <http://go.microsoft.com/fwlink/?LinkId=90703>

² <http://e-meetings.verizonbusiness.com/eccrs/ins/LM7support.php>