Influenza Planning and Response

Influenza poses one of the world’s greatest infectious disease challenges. CDC programs protect the United States from seasonal influenza, as well as pandemic influenza which occurs when a new flu virus emerges that can infect people and spread globally.

Influenza is always changing
- Flu viruses change constantly, from season to season and sometimes during the season.
- Flu vaccines must be updated frequently to keep up with these changes.
- Each year, influenza causes millions of illnesses, hundreds of thousands of hospitalizations, and tens of thousands of deaths.

Seasonal flu causes substantial sickness and death
- Deaths: 12,000-61,000*
- Severe cases/hospitalizations: 140,000-810,000*
- Illnesses: 9.3 – 45* million

U.S. flu burden each year 2010-2020

*The top range of these burden estimates are from the severe 2017-2018 flu season. These are preliminary and may change as data are finalized.

Novel influenza viruses are always emerging
- Most influenza viruses spread among animals more than among people, especially wild birds and pigs.
- A few of these animal influenza viruses can change to cause illness in people, and in rare cases, may cause a pandemic.
- People may have little or no immunity to novel influenza so the consequences can be much greater.

Animal influenza viruses can spread to people

An influenza pandemic can start anywhere and spread globally
- Four influenza pandemics have occurred in the past 100 years, and another could occur at any time.
- The 1918 flu pandemic was the most severe, killing 675,000 Americans and 50 to 100 million people worldwide.
- CDC’s influenza laboratory capabilities and epidemiologic networks have strengthened pandemic preparedness by improving influenza surveillance and vaccine strain selection. CDC was able to quickly adapt these systems to use for the COVID-19 pandemic response.

Estimated U.S. deaths from pandemic flu

1918: 675,000 H1N1
1957: 116,000 H2N2
1968: 100,000 H3N2
2009: 12,469 H1N1

Future pandemics?
What CDC does to protect Americans from influenza threats

CDC uses its scientific expertise and resources to address the continuing threat posed by seasonal and pandemic influenza. Key CDC activities that protect people against both seasonal and pandemic influenza include:

- **Monitoring influenza viruses**
  Works with domestic and global public health partners to monitor both human and animal influenza viruses to know what viruses are spreading and where, and what kind of illness they are causing. Much of the COVID-19 surveillance was built on influenza surveillance.

- **Studying influenza viruses in the laboratory**
  Studies both human and animal influenza viruses in the laboratory to better understand the characteristics of these viruses, including conducting genetic sequencing on between 4,000 and 7,000 viruses each year.

- **Improving testing and diagnostic tools**
  Develops and distributes tests and supplies materials to state, local, territorial, and international laboratories so they can detect and characterize influenza viruses.

- **Leading influenza planning and preparedness**
  Supports state and local governments in preparing for the next influenza pandemic, including planning and leading pandemic exercises across all levels of government. CDC works with the World Health Organization and partner countries in pandemic planning efforts. Domestically, CDC supports the development and use of community mitigation measures and medical countermeasures to minimize the impact of a pandemic.

- **Supporting vaccine development**
  Participates with other global and domestic experts to choose which viruses to include in seasonal vaccine production for each year’s vaccine and guides prioritization of pandemic vaccine development. CDC develops candidate vaccine viruses used by manufacturers to make flu vaccines. CDC tracks and monitors seasonal influenza vaccine distribution.

- **Funding and technical assistance**
  Provides direct support to state, local, and territorial public health departments for influenza surveillance and laboratory work. Globally, CDC supports more than 50 countries to build surveillance and laboratory capacity to find emerging influenza threats and respond to them. An interactive map with additional details of our domestic investments in states is available at [https://immunizationinvestments.cdc.gov/Investments](https://immunizationinvestments.cdc.gov/Investments)

- **Improving tools to prevent and control influenza**
  Evaluates the effectiveness of vaccines and drugs and continuously updates recommendations. CDC’s work to improve vaccine effectiveness is a key part of the U.S. Government’s National Influenza Vaccine Modernization Strategy.

- **Providing timely and accurate information**
  Informs health care providers and the public about influenza prevention and control measures. CDC works with businesses, schools, communities, and others to plan for and address influenza threats.

*NCIRD-assigned field staff*

*Funding and technical assistance*