

STAT LINE

Q4 Health Measures from the National Health Interview Survey,
January–December 2013 | Issue #2-14, June 19, 2014 |

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HEALTH BEHAVIORS

SMOKING	(Current Smokers, Adults Age 18+)			
2013	2008	2003	1998	
17.8%	20.5%	21.6%	24.1%	
OBESITY	(Self-Reported, Age 20+)			
2013	2008	2003	1998	
29.0%	27.6%	23.7%	20.6%	
PHYSICAL ACTIVITY	(Adults 18+ who met federal fitness guidelines**)			
2013	2008	2003	1998	
20.4%	18.1%	16.9%	14.5%	
ALCOHOL CONSUMPTION	(5 or more drinks in 1 day over the past year***)			
2013	2008	2003	1998	
22.4%	22.0%	19.1%	20.2%	
HIV TESTING	(Adults 18+ who have ever been tested)			
2013	2008	2003	1998	
37.3%	38.7%	35.4%	30.2%	

HEALTH CARE

HEALTH INSURANCE	(All ages without coverage)			
2013	2008	2003	1998	
14.4%	14.7%	15.2%	14.6%	
USUAL PLACE FOR MEDICAL CARE	(Total % with a usual place for care)			
2013	2008	2003	1998	
86.5%	86.4%	87.9%	87.4%	
OBTAINING NEEDED MEDICAL CARE	(Total % who failed to get care due to cost)			
2013	2008	2003	1998	
5.9%	6.5%	5.3%	4.2%	
INFLUENZA VACCINATION	(Adults ages 18-49 who were vaccinated)			
2013[^]	2008[^]	2003[^]	1998[^]	
27.0%	19.4%	16.7%	16.0%	
PNEUMOCOCCAL VACCINATION	(Adults age 65+ who were ever vaccinated)			
2013	2008	2003	1998	
59.7%	59.6%	55.6%	46.0%	

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HEALTH STATUS

GENERAL HEALTH STATUS				(Total % in very good or excellent health)
2013	2008	2003	1998	
66.3%	66.0%	67.5%	69.1%	
PERSONAL CARE NEEDS				(Adults 65+ who need help with personal care)
2013	2008	2003	1998	
7.2%	6.4%	6.5%	6.3%	
SERIOUS PSYCHOLOGICAL DISTRESS				(Experienced over last 30 days [adults 18+])
2013	2008	2003	1998	
3.7%	3.1%	3.1%	3.0%	
DIAGNOSED DIABETES				(Adults 18+ who have been diagnosed)
2013	2008	2003	1998	
9.3%	8.2%	6.6%	5.3%	
ASTHMA				(Total % with an episode in the past year)
2013	2008	2003	1998	
3.8%	4.2%	3.9%	4.0%	

◆ FULL REPORT

** Percentage of adults aged 18 and over who met the 2008 federal physical activity guidelines for both aerobic and muscle-strengthening activity through leisure-time aerobic or muscle-strengthening activities

*** Adults aged 18 and over.

^ Covers the period October-December of the year.