Maternal and Infant Characteristics and Outcomes Among Women With Confirmed or Presumed COVID-19 During Pregnancy: 14 States and the District of Columbia

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Abstract

Objectives—This report describes characteristics and selected pregnancy outcomes among mothers with and without confirmed or presumed COVID-19 during pregnancy by maternal age, educational attainment, race and Hispanic origin, and source of payment for the delivery for a 14-state and District of Columbia (D.C.) reporting area.

Methods—Data are based on supplemental reports of presumed or confirmed COVID-19 cases occurring at any time during pregnancy provided to the National Center for Health Statistics by 14 states and D.C. between April 2020 and April 2021 and linked to the U.S. Standard Certificate of Live Birth. Comparisons are made between mothers with COVID-19 and mothers without COVID-19 on selected maternal characteristics (age, educational attainment, race and Hispanic origin, and source of payment for the delivery) and pregnancy outcomes (admission to an intensive care unit [ICU], preterm and low birthweight [LBW] births, and admission to a neonatal intensive care unit [NICU]).

Results—In the 15-jurisdiction reporting area from April 2020 through April 2021, mothers reported to have had COVID-19 during pregnancy tended to be younger and have lower educational levels than mothers who did not have COVID-19. Mothers with COVID-19 were more likely to be Hispanic or non-Hispanic Black and to have Medicaid as the principal source of payment for the delivery. Overall, and generally among each of the age, education, source of payment, and race and Hispanic-origin groups, mothers who had COVID-19 during pregnancy were more likely to be admitted to an ICU, and to have an infant born preterm, LBW, and admitted to a NICU than mothers who did not have COVID-19.

Keywords: birth certificate • ICU • preterm birth • low birthweight • NICU

Introduction

Information on Coronavirus (COVID-19) is not included on the U.S. Standard Certificate of Live Birth (1). In April 2020, as the need for information on the public health impact of COVID-19 became evident, the National Center for Health Statistics (NCHS) began working with its state vital statistics partners to develop approaches for the collection of data on COVID-19 during pregnancy and the sharing of this information with NCHS independent of the standard birth data reporting process. Between April and June 2020, a total of 14 states and the District of Columbia (D.C.), representing 27% of all U.S. live births, began reporting cases of confirmed or presumed COVID-19 during pregnancy to NCHS (2). This information was linked to the U.S. Standard Certificate of Live Birth, allowing for the analysis of several maternal and infant characteristics and pregnancy outcomes that may be associated with COVID-19 during pregnancy (2). Although the maternal COVID-19 data collected are not representative of all U.S. births and have other limitations, linkage of COVID-19 cases with birth certificate data provides unique information on COVID-19 in pregnant women.

This report describes characteristics and selected pregnancy outcomes among mothers with and without confirmed or presumed COVID-19 during pregnancy by maternal age, educational attainment, race and Hispanic origin, and source of payment for the delivery for a 14-state and D.C. reporting area.

Methods

This analysis is based on reports of presumed or confirmed COVID-19 cases occurring at any time during pregnancy and provided to NCHS by 14 states (Alabama, Alaska, Arkansas, California, Idaho, Maine, Maryland, New Hampshire, North Dakota, Ohio, Oklahoma, Oregon, Tennessee, and West Virginia) and D.C. between April 2020 and April 2021. The data file was created on June 17, 2021, when information on maternal COVID-19 became available for all reporting areas for the April 2020 through April 2021 time period. Supplemental information on maternal COVID-19, which is not included on the U.S. Standard Certificate of Live Birth, is sent by the jurisdictions to NCHS independent of the standard birth data transmission process and then linked to birth records by NCHS. Nearly all cases of maternal COVID-19 reported...
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states and D.C. capture both presumed and confirmed cases of COVID-19, 4 states (Maryland, North Dakota, Ohio, and Tennessee) capture confirmed cases only. California reports cases of presumed or confirmed maternal COVID-19; however, an issue was identified in the reporting of presumed cases and only confirmed cases of maternal COVID-19 are included for California in this report. There is likely an undercount of maternal COVID-19 cases, particularly in states for which only confirmed cases of COVID-19 are reported. For more detailed information on reporting methods by state, see reference 2.

Birth certificate data are provisional and based on all birth records for the 15-jurisdiction reporting area for April 2020 through April 2021 received and processed by NCHS as of June 17, 2021 (N = 933,110). These records represent 99.9% of registered births for the reporting area (3).

Educational attainment of the mother is the highest degree or level of school completed by the mother at the time of birth and is self-reported. The education categories shown in this report are: less than a high school diploma, high school graduate or GED, some college but no degree, associate’s degree, and bachelor’s degree or higher. Educational attainment was missing for 3.1% of all records.

Race and Hispanic origin are reported independently on the birth certificate and are self-reported by the mother. Race of the mother was missing for 8.0% of births in the 15-jurisdiction area over the reporting period. Race of mother is imputed to the race of the father where known, or that of a preceding record with known race. Hispanic origin was missing for 4.3% of records. Data shown by Hispanic origin include all people of Hispanic origin of any race. Data for non-Hispanic people are shown separately for each single-race group. The tables and figures in this report show data for the categories of non-Hispanic, single-race White; non-Hispanic, single-race Black; non-Hispanic, single-race Asian; and Hispanic (for brevity in text, references to the race groups omit the term “single-race.”)

Two principal sources of payment for the delivery are presented: a) Medicaid, which includes comparable state programs, and b) private insurance (such as BlueCross BlueShield or Aetna). Together, these two sources of payment account for more than 90% of births in the reporting area. The remaining sources of payment are grouped together and include self-pay, Indian Health Service, CHAMPUS or TRICARE, other government (federal, state, or local), or charity. Source of payment information was missing for 0.4% of records.

The pregnancy outcomes presented in the report are: intensive care unit (ICU) admission, preterm birth, low birthweight (LBW), and neonatal intensive care unit (NICU) admission. ICU admission is defined as admission of the mother to an intensive care unit. Preterm includes births at less than 37 weeks of gestation; gestational age is in completed weeks and based on the obstetric estimate of gestation. LBW includes infants born at less than 2,500 grams, and NICU admission is admission of the newborn to a neonatal intensive care unit. Information on ICU admission, gestational age, and birthweight was missing for 0.1% of records, and NICU admission for 0.2% of records. For detailed definitions of these items, see “Guide to completing the facility worksheets for the Certificate of Live Birth and Report of Fetal Death” (4). Tabulated data on the maternal and infant characteristics and pregnancy outcomes presented in this report (excluding births to non-Hispanic Asian mothers) and on demographic and maternal characteristics by maternal COVID-19 status are updated bimonthly (2).

The terms “maternal COVID-19” and “mothers with COVID-19” are used throughout the report to refer to women who were reported to have presumed or confirmed COVID-19 at any time during pregnancy.

Changes and differences presented in this report are statistically significant at
the 0.05 level based on a two-tailed $z$ test, unless noted otherwise.

**Results**

**Maternal characteristics**

**Age**
- In the 15-jurisdiction reporting area, mothers with COVID-19 were younger than mothers without COVID-19 (Table 1, Figure 1). For example, 28.0% of mothers with COVID-19 were under age 25 compared with 22.5% of mothers without COVID-19. Conversely, 15.8% of mothers with COVID-19 were aged 35 and over compared with 20.0% of mothers without COVID-19. Similar patterns were observed across all race and Hispanic-origin groups.

**Educational attainment**
- Mothers with COVID-19 tended to have lower levels of educational attainment than mothers without COVID-19 (Table 1, Figure 2). For example, among mothers with COVID-19, 47.7% had a high school diploma or less compared with 38.2% of mothers without COVID-19; 23.0% of mothers with COVID-19 had a bachelor’s degree or higher compared with 33.8% of mothers without COVID-19. Patterns were generally similar across all race and Hispanic-origin groups.

**Race and Hispanic origin**
- Distributions of births by race and Hispanic origin differed by maternal COVID-19 status (Table 1, Figure 3). Among all mothers with COVID-19, 39.9% were non-Hispanic White, 15.2% were non-Hispanic Black, 3.4% were non-Hispanic Asian, and 34.2% were Hispanic. Conversely, among all mothers without COVID-19, 49.9% were non-Hispanic White, 12.2% were non-Hispanic Black, 7.3% were non-Hispanic Asian, and 24.7% were Hispanic.

**Source of payment for the delivery**
- Medicaid was the principal source of payment for the delivery for just over one-half (51.4%) of mothers with COVID-19 compared with 41.4% of mothers without COVID-19 (Table 1, Figure 2). Private insurance was the source for 43.0% of mothers with COVID-19 compared with 51.7% without COVID-19.
- Medicaid was more likely to be the source of payment for mothers with COVID-19 than mothers without COVID-19 for all race and
Hispanic-origin groups. Private insurance was more likely to be the source of payment for mothers without COVID-19 for all groups except non-Hispanic White women.

### Pregnancy outcomes

#### ICU admission

- Overall, within the 15-jurisdiction reporting area, the ICU admission rate was 0.7% among mothers with COVID-19 and 0.1% among mothers without COVID-19 (Table 2, Figure 4).

- Although relative differences varied by group, similar patterns were observed for each of the maternal age, education, and race and Hispanic-origin groups. For example, the rate of ICU admission for mothers aged 25–29 with COVID-19 was 0.6% compared with 0.1% for mothers without COVID-19. Among mothers with a bachelor’s degree or higher, 0.4% of mothers with COVID-19 were admitted to an ICU compared with 0.1% of mothers without COVID-19; the ICU rate for Hispanic mothers with COVID-19 was 0.8% compared with 0.1% for mothers without COVID-19.

- Among mothers for whom Medicaid was the source of payment for the delivery, 0.8% of mothers with COVID-19 were admitted to an ICU compared with 0.2% of mothers without COVID-19. Among mothers for whom private insurance was the source of payment, 0.6% of mothers with COVID-19 were admitted to an ICU compared with 0.1% of mothers without COVID-19.

#### Preterm birth

- Overall, the preterm birth rate was 12.2% among infants born to mothers with COVID-19 and 9.9% among infants born to mothers without COVID-19 (Table 2, Figure 5).

- Similar patterns by COVID-19 status were observed for each age, education, and race and Hispanic-origin group. For example, the preterm birth rate for mothers aged 25–29 with COVID-19 was 11.7% compared with 9.3% for those without COVID-19. Among mothers with a bachelor’s degree or higher, the preterm rate was 9.7% for births to mothers with COVID-19 compared with 8.0% for births to mothers without COVID-19; the preterm rate for births to Hispanic mothers with COVID-19 was 11.8% compared with 9.2% for mothers without COVID-19.

- Among mothers for whom Medicaid was the source of payment, the preterm birth rate was 13.3% for mothers with COVID-19 compared with 9.1% for mothers without COVID-19.
Low birthweight

- In the 15-jurisdiction reporting area, the rate of LBW in infants born to mothers with COVID-19 was 9.0% compared with 7.9% for infants born to mothers without COVID-19 (Table 2).

- Similar patterns by maternal COVID-19 status were seen for all age, education, and race and Hispanic-origin groups. For example, the rate of LBW for mothers aged 25–29 with COVID-19 was 8.3% compared with 7.5% for mothers without COVID-19. Among infants born to mothers with a bachelor’s degree or higher with COVID-19, 7.1% were LBW compared with 6.3% of infants of mothers without COVID-19; the LBW rate for births to Hispanic mothers with COVID-19 was 8.1% compared with 6.8% for mothers without COVID-19.

- LBW levels in infants born to mothers with COVID-19 were more likely to have Medicaid as the principal source of payment (9.8% for mothers with COVID-19 compared with 9.5% for mothers without COVID-19). Among mothers for whom private insurance was the source of payment, the percentage of infants born to mothers with COVID-19 who were LBW was comparable with 9.3% of infants born to mothers without COVID-19. A study using SET-NET CDC source of information on maternal Emerging Threats to Mothers and Babies Network (SET-NET), another data suggested that pregnant women with SARS-CoV-2 infection were at increased risk of severe illness compared with nonpregnant women, and that pregnant women with SARS-CoV-2 infection may be at risk of preterm delivery (9).

NICU admission

- Overall, 10.5% of infants born to mothers with COVID-19 were admitted to a NICU compared with 8.8% of infants of mothers who did not have COVID-19 (Table 2).

- Differences in NICU admission rates were seen for infants born to mothers with and without COVID-19 for each of the age, education, and race and Hispanic-origin groups. For example, the NICU admission rates for infants born to mothers aged 25–29 with and without COVID-19 were 9.8% and 8.4%, respectively. Among mothers with a bachelor’s degree or higher, 9.3% of infants of mothers with COVID-19 were admitted to an ICU compared with 7.6% of infants of mothers without COVID-19; the NICU rate for infants born to Hispanic mothers with COVID-19 was 9.9% compared with 7.6% for infants born to mothers without COVID-19.

- When Medicaid was the source of payment for the delivery, 11.5% of infants born to mothers with COVID-19 were admitted to a NICU compared with 9.8% of infants of mothers without COVID-19. When private insurance was the source of payment, the percentage of infants admitted to a NICU was 9.7% among mothers with COVID-19 and 8.0% among mothers without COVID-19.

Discussion

In the 15-jurisdiction reporting area from April 2020 through April 2021, mothers reported to have had COVID-19 during pregnancy tended to be younger and have lower educational levels than mothers who did not have COVID-19. Mothers with COVID-19 were also more likely to be Hispanic or non-Hispanic Black and to have Medicaid as the principal source of payment for the delivery. Overall, and generally among each of the age, education, source of payment, and race and Hispanic-origin groups studied, mothers in the 15-jurisdiction reporting area who had COVID-19 during pregnancy were more likely to be admitted to an ICU, and to have an infant born preterm, LBW, and admitted to a NICU than mothers who did not have COVID-19.

These findings are consistent with the findings of several other reports (5–8), including those of the Surveillance for Emerging Threats to Mothers and Babies Network (SET-NET), another CDC source of information on maternal COVID-19 (9). A study using SET-NET data suggested that pregnant women with SARS-CoV-2 infection are at increased risk of severe illness compared with nonpregnant women, and that pregnant women with SARS-CoV-2 infection may be at risk of preterm delivery (9).
The maternal COVID-19 data presented in this report are subject to certain limitations. The data are not representative of all mothers giving birth in the United States during the study period. Given that the incidence of COVID-19 varies substantially by state and by reporting period, and that the 15 reporting jurisdictions are not a random sample of states (see note on the disproportionate representation of California births in the Methods section), results may vary over time and geography. The lack of standardization of the process for collecting COVID-19 data across the reporting jurisdictions may have also impacted the representativeness and completeness of the data. Some jurisdictions included only confirmed cases, while others reported presumed or confirmed COVID-19, and less severe or nonsymptomatic cases of COVID-19 may not have been reported. Among the states that report only confirmed cases of maternal COVID-19, there may be an undercount of mothers with COVID-19 and an overcount of mothers without COVID-19. As a result, differences in maternal characteristics and infant outcomes between the COVID-19 and non-COVID-19 groups may be biased. The information on COVID-19 cases shown may not include all cases of maternal COVID-19 that occurred in the reporting areas during April 2020–April 2021. Information on some cases occurring later in the study period may not have been provided to the state before June 17, 2021, while information on cases occurring earlier in the study period may not have been reported due to lack of widespread testing in early 2020. Differences in outcomes observed between mothers with and without COVID-19 during pregnancy may be influenced by differences in maternal demographic and health characteristics not accounted for in this analysis or factors not captured on the birth certificate.

Although limited information is available on the quality of data of other infections reported on the birth certificate, underreporting of specific infections has been observed in some jurisdictions (10); this may also have impacted the level of reporting of COVID-19 information. Despite these limitations, the maternal COVID-19 data linked with birth certificate data presented in this report have advantages over other data sources. One is the ability to directly compare maternal and infant characteristics and outcomes between women with and without COVID-19 during pregnancy, whereas other data sources collect information only on COVID-19 cases (6,9). Another is the quality and completeness of information on maternal race and Hispanic origin, which is reported directly by the mother around the time of delivery and allows for more detailed analysis of smaller population groups; complete and detailed information on maternal race and ethnicity is typically not possible from other data sources. An additional strength of this report is that data collected on the U.S. Standard Certificate of Live Birth, which include all demographic characteristics and outcome measures in this report, are collected in a consistent manner across jurisdictions (11).

This report demonstrates that vital statistics birth data can serve as a unique and valuable source of information on new and emerging issues affecting maternal and newborn health. Ongoing bimonthly updates (2), and additional analysis of these data should further enhance understanding of the impact of COVID-19 on pregnancy.

**References**


List of Detailed Tables

Report tables

1. Presumed or confirmed cases of maternal COVID-19 during pregnancy, by selected maternal characteristics and race and Hispanic origin of the mother: 14 states and the District of Columbia, April 2020–April 2021 ........................ 8

Table 1. Presumed or confirmed cases of maternal COVID-19 during pregnancy, by selected maternal characteristics and race and Hispanic origin of the mother: 14 states and the District of Columbia, April 2020–April 2021

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NOTES: Reporting area includes Alabama, Alaska, Arkansas, California, District of Columbia, Idaho, Maine, Maryland, New Hampshire, North Dakota, Ohio, Oklahoma, Oregon, Tennessee, and West Virginia. See Technical Notes for numbers and distributions of cases by state and details on state maternal COVID-19 reporting.

### Table 2. Births by maternal COVID-19 status, by selected maternal characteristics and pregnancy outcomes: 14 states and the District of Columbia, April 2020–April 2021

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<th>Characteristic</th>
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<th>Preterm&lt;sup&gt;2&lt;/sup&gt;</th>
<th>Low birthweight&lt;sup&gt;3&lt;/sup&gt;</th>
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<td>COVID-19 no (percent)</td>
<td>Percent difference</td>
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<td>0.6 0.1 500 11.4 8.9 28</td>
<td>8.3 6.9 20</td>
<td>9.7 8.0 21</td>
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</table>

<sup>1</sup> Admission to an intensive care unit.
<sup>2</sup> Less than 37 completed weeks of gestation. Gestational age is measured in completed weeks; based on the obstetric estimate of gestation.
<sup>3</sup> Less than 2,500 grams.
<sup>4</sup> Admission to a neonatal intensive care unit.
<sup>5</sup> Confirmed or presumed cases of maternal COVID-19.
<sup>6</sup> Race and Hispanic origin are reported separately on birth certificates; people of Hispanic origin may be of any race. In this table, non-Hispanic women are classified by race. Race categories are consistent with the 1997 Office of Management and Budget standards; see reference 1 in this report. Single race is defined as only one race reported on the birth certificate.
<sup>7</sup> Includes all people of Hispanic origin of any race; see reference 1 in this report.

NOTE: Reporting area includes Alabama, Alaska, Arkansas, California, District of Columbia, Idaho, Maine, Maryland, New Hampshire, North Dakota, Ohio, Oklahoma, Oregon, Tennessee, and West Virginia.

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Suggested citation


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