

Questionnaire and examination components of the NHANES National Youth Fitness Survey, 2012

Components	Age of Participant (in years)
<b>Questionnaire components</b>	
<b>Household interview questionnaire</b>	
<b>Sample person questionnaire</b>	
Acculturation (ACQ)	3-15 years
Demographic background (DMQ)	3-15 years
Diabetes (DIQ)	3-15 years
Diet behavior and nutrition (DBQ)	3-15 years
Dietary supplements (DSQ) and prescription medications (RXQ)	3-15 years
Early childhood (ECQ)	3-15 years
Health insurance (HIQ)	3-15 years
Hospital utilization and access to care (HUQ)	3-15 years
Medical conditions (MCQ)	3-15 years
Physical activity and physical fitness (PAQ)*	3-15 years
Physical functioning (PFQ)	3-15 years
Respiratory health & disease (RHQ)	3-15 years
<b>Family questionnaire</b>	
Demographic background (DMQ)	3-15 years
Income (INQ)	3-15 years
<b>Mobile Examination Center (MEC) questionnaire</b>	
Nurse review	3-15 years
Computer-assisted personal interview (CAPI)	
Physical activity and physical fitness (PAQ)*	12–15 years
Computer-assisted self-interview (CASI)	
Alcohol use (ALQ)	12–15 years
Drug use (DUQ)	12–15 years
Smoking and tobacco use (SMQ)	12–15 years
Dietary interview	
Dietary recall	3-15 years
Dietary supplements	3-15 years
<b>Examination components</b>	
Body measures	3-15 years
Grip test	6-15 years
Lower body muscle strength	6-15 years
Modified pull-up	5-15 years
Physical activity monitor	3-15 years
Plank test	3-15 years
Test of gross motor development	3-5 years
Treadmill: cardiovascular fitness	12-15 years
Treadmill: endurance test	6-11 years

\*The PAQ questionnaire was administered during the MEC questionnaire for participants' ages 12-15 years who were not home to answer during the interview conducted in the home.