

Table 14. Number of nursing home residents by assistance with activities of daily living (ADLs) and by age, sex, and race: United States, 2004—Con.

Activities of daily living ³	Total	Age ¹					Sex		Race		
		Under 65 years	65 years and older			Male	Female	White	Black	Other ²	
			Total	65–74 years	75–84 years						85 years and older
All residents	1,492,200	174,900	1,317,300	174,100	468,700	674,500	430,500	1,061,700	1,276,000	186,100	30,100
Bathing											
Independent	31,600	11,000	20,600	*5,200	6,600	8,800	14,300	17,400	26,400	*3,600	*
Supervision	80,700	19,200	61,500	13,000	24,200	24,300	32,300	48,400	65,700	12,100	*
Limited assistance	123,300	13,900	109,400	15,000	42,200	52,200	35,400	87,800	108,000	12,900	*
Extensive assistance	663,100	55,900	607,200	76,600	207,700	322,900	185,000	478,200	584,400	69,500	9,300
Total dependence	573,000	73,000	500,000	60,100	180,600	259,200	155,800	417,200	474,000	85,200	13,800
Unknown	4,800	*	*4,300	*	*	*	*	*3,200	*4,500	*	*
Personal hygiene											
Independent	154,100	27,300	126,800	21,800	46,200	58,800	50,100	104,000	136,400	15,100	*
Supervision	118,800	18,100	100,700	17,600	38,500	44,700	38,900	79,900	102,700	12,300	*
Limited assistance	308,500	31,000	277,400	37,800	99,200	140,500	88,900	219,600	267,400	35,200	*5,900
Extensive assistance	449,700	40,800	408,800	49,500	137,600	221,700	126,900	322,700	390,700	52,000	*7,000
Total dependence	445,200	56,100	389,100	44,000	141,500	203,500	119,400	325,800	365,700	68,900	10,600
Unknown	*	*	*	*	*	*	*	*	*	*	*
Dressing											
Independent	151,600	30,700	120,900	24,200	43,300	53,300	52,600	99,000	130,200	18,800	*
Supervision	93,600	11,900	81,700	14,700	32,400	34,600	28,800	64,800	80,600	9,400	*
Limited assistance	312,500	33,800	278,700	36,600	99,500	142,600	92,600	219,900	270,800	36,800	*4,800
Extensive assistance	522,900	42,700	480,100	56,000	164,600	259,600	145,400	377,500	455,500	58,400	9,000
Total dependence	392,700	53,700	339,000	38,700	122,400	178,000	103,400	289,300	323,200	60,000	9,600
Unknown	*3,100	*	*	*	*	*	*	*	*	*	*
Eating											
Independent	614,300	80,300	534,000	78,200	201,000	254,800	193,500	420,800	538,400	65,200	10,700
Supervision	337,500	31,100	306,500	41,300	99,900	165,200	98,600	239,000	287,200	43,500	6,900
Limited assistance	153,700	11,300	142,400	14,000	47,400	81,100	37,300	116,500	131,200	20,600	*
Extensive assistance	133,600	9,300	124,300	12,300	42,200	69,900	32,300	101,300	117,300	13,900	*
Total dependence	236,200	41,000	195,200	25,200	72,300	97,700	62,400	173,800	188,400	39,900	7,800
Unknown	*	*	*	*	*	*	*	*	*	*	*
Transfer											
Independent	306,200	50,400	255,800	47,100	94,100	114,600	109,900	196,300	263,800	36,300	*6,100
Supervision	98,500	7,600	90,900	11,400	36,300	43,200	27,400	71,200	82,900	13,800	*
Limited assistance	293,000	26,700	266,300	30,600	91,600	144,000	79,700	213,300	252,900	33,700	*6,300
Extensive assistance	425,100	28,700	396,400	41,100	135,600	219,800	115,200	310,000	378,100	41,000	*5,900
Total dependence	341,900	57,500	284,400	37,900	103,100	143,400	88,100	253,900	275,600	57,300	9,100
Unknown	12,600	*	10,200	*	*3,000	*4,400	*4,500	8,100	10,500	*	*
Using toilet room											
Independent	237,100	42,600	194,500	35,200	67,500	91,800	84,400	152,700	205,100	27,000	*5,000
Supervision	80,200	10,800	69,400	12,000	26,000	31,400	23,400	56,800	68,100	10,100	*
Limited assistance	249,700	19,300	230,500	27,800	80,800	122,000	70,000	179,800	218,900	26,300	*4,600
Extensive assistance	423,300	31,300	392,000	45,300	135,600	211,100	116,000	307,300	373,800	42,900	*6,500
Total dependence	479,600	68,100	411,500	49,900	151,400	210,200	128,800	350,900	392,600	75,700	11,300
Unknown	6,800	*	5,600	*	*	*2,700	*	*4,700	*5,000	*	*

See footnotes at end of table.

Table 14. Number of nursing home residents by assistance with activities of daily living (ADLs) and by age, sex, and race: United States, 2004—Con.

Activities of daily living ³	Total	Age ¹					Sex		Race		
		Under 65 years	65 years and older			Male	Female	White	Black	Other ²	
			Total	65–74 years	75–84 years						85 years and older
Walking⁴											
Received no help	239,200	39,400	199,900	36,000	75,200	88,600	85,300	153,900	206,800	28,000	*4,500
Received help	611,900	45,100	566,800	62,000	198,800	306,100	164,600	447,300	539,800	61,800	10,300
Did not do in past 7 days	610,200	87,100	523,100	70,200	184,600	268,200	169,700	440,400	503,700	91,600	14,900
Walking in room											
Independent	302,500	46,500	256,000	43,500	97,300	115,100	105,100	197,400	260,600	36,100	*5,700
Supervision	113,800	9,500	104,300	13,500	38,400	52,400	29,700	84,100	98,400	13,800	*
Limited assistance	223,100	15,100	208,000	20,900	72,500	114,600	58,100	165,000	196,500	22,300	*4,300
Extensive assistance	151,400	7,400	144,000	15,400	46,600	82,100	38,500	112,900	138,700	10,600	*
Total dependence	22,100	*	18,500	*	7,500	9,900	*5,800	16,400	17,600	*	*
Unknown	663,600	91,000	572,500	76,500	200,900	295,200	187,500	476,100	551,100	97,000	15,500
Walking in corridor											
Independent	245,800	39,600	206,100	37,400	77,000	91,800	87,400	158,300	212,500	28,800	*4,500
Supervision	136,700	12,900	123,800	15,300	48,900	59,600	37,400	99,300	117,500	17,000	*
Limited assistance	221,600	14,900	206,600	20,300	71,200	115,200	60,600	161,000	194,000	23,500	*4,100
Extensive assistance	139,700	7,300	132,400	14,800	44,100	73,500	38,200	101,500	127,800	9,600	*
Total dependence	24,100	*	20,700	*	7,900	11,200	7,200	16,900	20,400	*	*
Unknown	708,500	95,100	613,400	81,400	214,100	317,800	193,600	515,000	590,600	101,600	16,400
Locomotion on unit											
Independent	418,300	68,900	349,400	59,700	130,800	158,900	155,100	263,200	359,100	50,500	8,700
Supervision	168,300	19,100	149,200	21,500	56,200	71,500	54,200	114,100	141,300	23,000	*4,000
Limited assistance	230,700	17,500	213,200	22,300	72,600	118,400	57,700	173,000	201,600	25,600	*3,600
Extensive assistance	196,900	11,900	185,100	17,600	61,200	106,200	50,100	146,900	174,700	19,600	*
Total dependence	416,700	48,600	368,100	43,000	127,600	197,500	93,000	323,800	349,500	57,500	9,800
Unknown	45,000	7,500	37,500	6,800	14,000	16,800	14,100	30,900	36,600	7,200	*
Locomotion off unit											
Independent	322,800	59,900	262,900	47,000	101,800	114,000	119,000	203,800	275,800	40,700	*6,300
Supervision	167,400	21,400	146,000	24,400	51,400	70,200	58,700	108,700	138,400	24,000	*5,000
Limited assistance	207,200	17,100	190,100	23,000	70,600	96,400	56,600	150,500	178,800	25,400	*
Extensive assistance	186,700	11,200	175,500	15,700	60,100	99,700	47,200	139,500	166,000	17,700	*
Total dependence	488,500	50,800	437,700	48,800	145,200	243,700	112,300	376,200	415,700	62,800	10,100
Unknown	103,600	13,000	90,600	11,900	33,400	45,300	30,200	73,400	88,300	12,500	*
Dependencies in ADLs											
Received no help	24,100	9,100	15,000	*4,300	*4,800	5,900	11,400	12,600	20,200	*	*
Help with at least one ADL	1,451,700	164,300	1,287,400	166,200	458,400	662,800	412,400	1,039,300	1,242,200	180,700	28,800
Unknown	16,500	*	14,900	*	*5,500	*5,800	*6,600	9,800	13,600	*	*

* Estimate does not meet standard of reliability or precision because the sample size is less than 30. Estimates accompanied by an asterisk (*) indicate that the sample size is between 30 and 59, or the sample size is greater than 59, but has a relative standard error of 30 percent or more.

¹Age at time of interview.

²Other race includes Asian, Native Hawaiian or other Pacific Islander, American Indian or Alaska Native and multiple races. Persons of Hispanic origin may be of any race. Starting with data year 1999, race-specific estimates have been tabulated according to the 1997 Standards for Federal Data on Race and Ethnicity, and are not strictly comparable with estimates for earlier years. However, only a small number of records had multiple races.

³Numbers do not add to totals when residents are excluded who did not do activity in past 7 days.

⁴This category includes walking in room or walking in corridor.

Table 15. Percent distribution of nursing home residents by assistance with activities of daily living (ADLs) according to age, sex, and race: United States, 2004

Activities of daily living (ADLs) ³	Age ¹										
	All residents	Under 65 years	65 years and older				Sex		Race		
			Total	65–74 years	75–84 years	85 years and older	Male	Female	White	Black	Other ²
All residents	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Bathing											
Independent	2.1	6.3	1.6	*3	1.4	1.3	3.3	1.6	2.1	*1.9	*
Supervision	5.4	10.9	4.7	7.5	5.2	3.6	7.5	4.6	5.2	6.5	*
Limited assistance	8.3	8.0	8.3	8.6	9.0	7.7	8.2	8.3	8.5	6.9	*
Extensive assistance	44.4	32.0	46.1	44.0	44.3	47.9	43.0	45.0	45.8	37.3	30.7
Total dependence	38.4	41.7	38.0	34.5	38.6	38.4	36.2	39.3	37.1	45.8	45.8
Unknown	*0.3	*	*0.3	*	*	*	*	*0.3	*0.4	*	*
Personal hygiene											
Independent	10.3	15.7	9.6	12.5	9.9	8.7	11.6	9.8	10.7	8.1	*
Supervision	8.0	10.3	7.6	10.1	8.2	6.6	9.0	7.5	8.0	6.6	*
Limited assistance	20.7	17.7	21.1	21.7	21.1	20.8	20.6	20.7	21.0	18.9	*19.5
Extensive assistance	30.1	23.3	31.0	28.4	29.4	32.9	29.5	30.4	30.6	27.9	*23.3
Total dependence	29.8	32.1	29.5	25.3	30.2	30.2	27.7	30.7	28.7	37.0	35.2
Unknown	*	*	*	*	*	*	*	*	*	*	*
Dressing											
Independent	10.2	17.6	9.2	13.9	9.2	7.9	12.2	9.3	10.2	10.1	*
Supervision	6.3	6.8	6.2	8.5	6.9	5.1	6.7	6.1	6.3	5.1	*
Limited assistance	20.9	19.3	21.2	21.0	21.2	21.1	21.5	20.7	21.2	19.8	*16.1
Extensive assistance	35.0	24.4	36.5	32.1	35.1	38.5	33.8	35.6	35.7	31.4	30.0
Total dependence	26.3	30.7	25.7	22.2	26.1	26.4	24.0	27.2	25.3	32.2	31.7
Unknown	*0.2	*	*	*	*	*	*	*	*	*	*
Eating											
Independent	41.2	45.9	40.5	44.9	42.8	37.8	44.9	39.6	42.2	35.0	35.5
Supervision	22.6	17.7	23.3	23.7	21.3	24.5	22.9	22.5	22.5	23.4	22.8
Limited assistance	10.3	6.5	10.8	8.0	10.1	12.0	8.7	11.0	10.3	11.1	*
Extensive assistance	9.0	5.3	9.4	7.0	9.0	10.3	7.5	9.5	9.2	7.5	*
Total dependence	15.8	23.4	14.8	14.5	15.4	14.5	14.5	16.4	14.8	21.5	26.0
Unknown	*	*	*	*	*	*	*	*	*	*	*
Transfer											
Independent	20.5	28.9	19.4	27.1	20.1	17.0	25.5	18.5	20.7	19.5	*20.3
Supervision	6.6	4.3	6.9	6.5	7.7	6.4	6.4	6.7	6.5	7.4	*
Limited assistance	19.6	15.3	20.2	17.6	19.5	21.4	18.5	20.1	19.8	18.1	*21
Extensive assistance	28.5	16.4	30.1	23.6	28.9	32.6	26.8	29.2	29.6	22.0	*19.8
Total dependence	22.9	32.9	21.6	21.8	22.0	21.3	20.5	23.9	21.6	30.8	30.2
Unknown	0.8	*	*0.6	*0.7	*1.0	0.8	0.8	*	*	*	*
Using toilet room											
Independent	15.9	24.4	14.8	20.2	14.4	13.6	19.6	14.4	16.1	14.5	*16.6
Supervision	5.4	6.2	5.3	6.9	5.5	4.7	5.4	5.4	5.3	5.4	*
Limited assistance	16.7	11.0	17.5	15.9	17.2	18.1	16.3	16.9	17.2	14.1	*15.2
Extensive assistance	28.4	17.9	29.8	26.0	28.9	31.3	26.9	28.9	29.3	23.1	*21.7
Total dependence	32.1	38.9	31.2	28.7	32.3	31.2	29.9	33.0	30.8	40.6	37.7
Unknown	0.5	*	0.4	*	*	*0.4	*	*0.4	*0.4	*	*

See footnotes at end of table.

Table 15. Percent distribution of nursing home residents by assistance with activities of daily living (ADLs) according to age, sex, and race: United States, 2004—Con.

Activities of daily living (ADLs) ³	Age ¹										
	All residents	Under 65 years	65 years and older				Sex		Race		
			Total	65–74 years	75–84 years	85 years and older	Male	Female	White	Black	Other ²
Walking⁴											
Received no help	16.0	22.5	15.2	20.7	16.0	13.1	19.8	14.5	16.2	15.0	*14.8
Received help	41.0	25.8	43.0	35.6	42.4	45.4	38.2	42.1	42.3	33.2	34.2
Did not do in past 7 days	40.9	49.8	39.7	40.3	39.4	39.7	39.4	41.5	39.5	49.2	49.4
Walking in room											
Independent	20.3	26.6	19.4	25.0	20.8	17.1	24.4	18.6	20.4	19.4	*19.0
Supervision	7.6	5.4	7.9	7.7	8.2	7.8	6.9	7.9	7.7	7.4	*
Limited assistance	15.0	8.6	15.8	12.0	15.5	17.0	13.5	15.5	15.4	12.0	*14.1
Extensive assistance	10.1	4.2	10.9	8.8	9.9	12.2	8.9	10.6	10.9	5.7	*
Total dependence	1.5	*	1.4	*	1.6	1.5	*1.3	1.5	1.4	*	*
Unknown	44.5	52.0	43.5	43.9	42.9	43.7	43.5	44.8	43.2	52.1	51.5
Walking in corridor											
Independent	16.5	22.7	15.6	21.5	16.4	13.6	20.3	14.9	16.7	15.5	*14.8
Supervision	9.2	7.4	9.4	8.8	10.4	8.8	8.7	9.3	9.2	9.1	*
Limited assistance	14.8	8.5	15.7	11.6	15.2	17.1	14.1	15.2	15.2	12.6	*13.6
Extensive assistance	9.4	4.1	10.1	8.5	9.4	10.9	8.9	9.6	10.0	5.1	*
Total dependence	1.6	*	1.6	*	1.7	1.7	1.7	1.6	1.6	*	*
Unknown	47.5	54.4	46.6	46.8	45.7	47.1	45.0	48.5	46.3	54.6	54.3
Locomotion on unit											
Independent	28.0	39.4	26.5	34.3	27.9	23.5	36.0	24.8	28.1	27.1	28.9
Supervision	11.3	10.9	11.3	12.4	12.0	10.6	12.6	10.7	11.1	12.3	*13.4
Limited assistance	15.5	10.0	16.2	12.8	15.5	17.5	13.4	16.3	15.8	13.7	*12.0
Extensive assistance	13.2	6.8	14.0	10.1	13.1	15.8	11.6	13.8	13.7	10.5	*
Total dependence	27.9	27.8	27.9	24.7	27.2	29.3	21.6	30.5	27.4	30.9	32.4
Unknown	3.0	4.3	2.8	3.9	3.0	2.5	3.3	2.9	2.9	3.9	*
Locomotion off unit											
Independent	21.6	34.3	19.9	27.0	21.7	16.9	27.6	19.2	21.6	21.9	*20.8
Supervision	11.2	12.2	11.1	14.0	11.0	10.4	13.6	10.2	10.8	12.9	*16.7
Limited assistance	13.9	9.8	14.4	13.2	15.1	14.3	13.2	14.2	14.0	13.7	*
Extensive assistance	12.5	6.4	13.3	9.0	12.8	14.8	11.0	13.1	13.0	9.5	*
Total dependence	32.7	29.0	33.2	28.0	31.0	36.1	26.1	35.4	32.6	33.7	33.4
Unknown	6.9	7.4	6.9	6.8	7.1	6.7	7.0	6.9	6.9	6.7	*
Dependencies in ADLs											
Received no help	1.6	5.2	1.1	*2.5	*1.0	0.9	2.7	1.2	1.6	*	*
Help with at least one ADL	97.3	94.0	97.7	95.4	97.8	98.3	95.8	97.9	97.4	97.1	95.7
Unknown	1.1	*	1.1	*	*1.2	*0.9	*1.5	0.9	1.1	*	*

* Estimate does not meet standard of reliability or precision because the sample size is less than 30. Estimates accompanied by an asterisk (*) indicate that the sample size is between 30 and 59, or the sample size is greater than 59, but has a relative standard error of 30 percent or more.

¹Age at time of interview.

²Other race includes Asian, Native Hawaiian or other Pacific Islander, American Indian or Alaska Native and multiple races. Persons of Hispanic origin may be of any race. Starting with data year 1999, race-specific estimates have been tabulated according to the 1997 Standards for Federal Data on Race and Ethnicity, and are not strictly comparable with estimates for earlier years. However, only a small number of records had multiple races.

³Percents do not add to totals when residents are excluded who did not do activity in past 7 days.

⁴This category includes walking in room or walking in corridor.

NOTE: Percents may not add to totals because of rounding.

Table 16. Number and percent distribution of nursing home residents by continence and selected resident characteristics: United States, 2004

Characteristic	All residents	Continence					
		Continent ¹	Total ²	Incontinent			
				Bowels only ³	Bladder only ⁴	Both ⁵	Unknown
Number							
All residents	1,492,200	530,700	945,800	69,200	233,500	642,800	15,400
Age ⁶							
Under 65 years	174,900	78,800	94,400	17,200	14,100	63,100	*
65 years and older	1,317,300	451,900	851,300	52,000	219,400	579,700	13,800
65–74 years	174,100	76,600	94,500	10,700	22,800	60,800	*
75–84 years	468,700	163,900	298,900	19,600	70,700	208,600	*5,700
85 years and older	674,500	211,500	458,000	21,700	125,900	310,300	*5,000
Sex							
Male	430,500	174,300	249,700	29,800	53,700	166,200	*6,200
Female	1,061,700	356,400	696,000	39,400	179,800	476,600	9,200
Race							
White	1,276,000	460,400	802,600	57,200	212,100	533,100	12,700
Black	186,100	59,800	123,700	9,800	18,300	95,600	*
Other ⁷	30,100	10,500	19,500	*	*	14,100	*
Percent distribution							
All residents	100.0	35.6	63.4	4.6	15.6	43.1	1.0
Age ⁶							
Under 65 years	100.0	45.1	53.9	9.8	8.0	36.1	*
65 years and older	100.0	34.3	64.6	3.9	16.7	44.0	1.0
65–74 years	100.0	44.0	54.3	6.2	13.1	34.9	*
75–84 years	100.0	35.0	63.8	4.2	15.1	44.5	*1.2
85 years and older	100.0	31.3	67.9	3.2	18.7	46.0	*0.7
Sex							
Male	100.0	40.5	58.0	6.9	12.5	38.6	*1.4
Female	100.0	33.6	65.6	3.7	16.9	44.9	0.9
Race							
White	100.0	36.1	62.9	4.5	16.6	41.8	1.0
Black	100.0	32.1	66.5	5.3	9.8	51.4	*
Other ⁷	100.0	35.0	64.6	*	*	46.8	*

* Estimate does not meet standard of reliability or precision because the sample size is less than 30. Estimates accompanied by an asterisk (*) indicate that the sample size is between 30 and 59, or the sample size is greater than 59, but has a relative standard error of 30 percent or more.

¹Includes residents with an ostomy device that does not leak stool and residents with an indwelling catheter that does not leak urine.

²Includes occasionally incontinent, frequently incontinent, and incontinent in bowel, bladder, or both.

³Incontinent in bowels only.

⁴Incontinent in bladder only.

⁵Incontinent in bowels and bladder.

⁶Age at time of interview.

⁷Other race includes Asian, Native Hawaiian or other Pacific Islander, American Indian or Alaska Native and multiple races. Persons of Hispanic origin may be of any race. Starting with data year 1999, race-specific estimates have been tabulated according to the 1997 Standards for Federal Data on Race and Ethnicity, and are not strictly comparable with estimates for earlier years. However, only a small number of records had multiple races.

NOTES: Numbers may not add to totals because of rounding. Percents are based on the unrounded numbers.

Table 17. Number and percentage of nursing home residents according to bladder continence, continence programs and appliances by selected resident characteristics: United States, 2004

Characteristic	Continence programs and appliances					
	Bladder continence ¹			Bladder incontinence ²		
	Residents with bladder continence	Scheduled toileting plan	Catheter ³	Residents with bladder incontinence	Scheduled toileting plan	Catheter ³
	Number					
Total	600,000	75,200	91,800	876,400	357,000	28,500
Age ⁴						
Under 65 years	96,000	6,800	21,800	77,200	21,700	*4,800
65 years and older	504,000	68,500	70,000	799,200	335,200	23,800
65–74 years	87,300	9,100	13,400	83,600	31,300	*
75–84 years	183,500	20,100	28,100	279,400	108,600	10,600
85 years and older	233,300	39,200	28,500	436,200	195,300	10,900
Sex						
Male	204,200	21,200	40,700	219,900	83,900	8,800
Female	395,800	54,000	51,100	656,500	273,000	19,700
Race						
White	517,700	66,500	75,500	745,300	319,800	23,500
Black	69,600	*7,100	13,500	113,900	32,200	*4,700
Other ⁵	12,800	*	*	17,200	*5,000	*
	Percent					
Total	100.0	12.5	15.3	100.0	40.7	3.3
Age ⁴						
Under 65 years	100.0	7.0	22.7	100.0	28.2	*6.2
65 years and older	100.0	13.6	13.9	100.0	41.9	3.0
65–74 years	100.0	10.4	15.3	100.0	37.5	*
75–84 years	100.0	11.0	15.3	100.0	38.8	3.8
85 years and older	100.0	16.8	12.2	100.0	44.8	2.5
Sex						
Male	100.0	10.4	19.9	100.0	38.2	4.0
Female	100.0	13.7	12.9	100.0	41.6	3.0
Race						
White	100.0	12.9	14.6	100.0	42.9	3.2
Black	100.0	*10.2	19.4	100.0	28.3	*4.2
Other ⁵	100.0	*	*	100.0	*29.2	*

* Estimate does not meet standard of reliability or precision because the sample size is less than 30. Estimates accompanied by an asterisk (*) indicate that the sample size is between 30 and 59, or the sample size is greater than 59, but has a relative standard error of 30 percent or more.

¹Includes continent or usually continent in bladder.

²Includes occasionally incontinent, frequently incontinent, and incontinent in bladder.

³Includes residents with an indwelling catheter, external (condom) catheter, or ostomy.

⁴Age at time of interview.

⁵Other race includes Asian, Native Hawaiian or other Pacific Islander, American Indian or Alaska Native and multiple races. Persons of Hispanic origin may be of any race. Starting with data year 1999, race-specific estimates have been tabulated according to the 1997 Standards for Federal Data on Race and Ethnicity, and are not strictly comparable with estimates for earlier years. However, only a small number of records had multiple races.

NOTES: Numbers may not add to totals because of rounding. Percents are based on the unrounded numbers.

Table 18. Number of nursing home residents by falls, fractures, weight change, and nutritional approaches and by age, sex, and race: United States, 2004

Characteristic	Age ¹						Sex		Race		
	All residents	Under 65 years	65 years and older			Male	Female	White	Black	Other ²	
			Total	65–74 years	75–84 years						85 years and older
All residents	1,492,200	174,900	1,317,300	174,100	468,700	674,500	430,500	1,061,700	1,276,000	186,100	30,100
Falls											
Any falls or fractures in past 6 months	521,700	42,100	479,500	51,800	162,900	264,900	149,800	371,900	469,000	44,300	8,400
Fell in past 30 days	213,900	18,200	195,700	22,200	66,300	107,300	69,400	144,600	193,600	16,300	*4,000
Fell in past 31–180 days	372,900	28,000	344,900	36,400	116,900	191,600	103,400	269,500	336,500	31,100	*5,300
Fractures											
Hip fracture in last 180 days	27,600	*	26,400	*	8,700	14,900	*6,900	20,700	26,400	*	*
Other fracture in last 180 days	33,900	*3,600	30,300	*3,200	10,400	16,700	7,800	26,000	32,100	*	*
Weight change											
Weight loss ³	127,000	15,600	111,300	13,700	39,900	57,800	37,100	89,900	105,700	18,600	*
Weight gain ⁴	89,500	12,900	76,600	13,300	24,900	38,400	25,200	64,300	73,400	14,500	*
Nutritional approaches											
Feeding tube	88,100	25,200	62,900	13,200	27,100	22,600	31,900	56,200	60,300	23,000	*4,900
Weight change program	197,200	24,800	172,500	21,100	58,900	92,500	55,100	142,100	173,800	21,000	*
Other ⁵	573,400	59,600	513,900	61,400	182,100	270,300	162,700	410,700	489,600	73,000	10,800

* Estimate does not meet standard of reliability or precision because the sample size is less than 30. Estimates accompanied by an asterisk (*) indicate that the sample size is between 30 and 59, or the sample size is greater than 59, but has a relative standard error of 30 percent or more.

¹Age at time of interview.

²Other race includes Asian, Native Hawaiian or other Pacific Islander, American Indian or Alaska Native and multiple races. Persons of Hispanic origin may be of any race. Starting with data year 1999, race-specific estimates have been tabulated according to the 1997 Standards for Federal Data on Race and Ethnicity, and are not strictly comparable with estimates for earlier years. However, only a small number of records had multiple races.

³Includes residents who had a weight loss of 5 percent or more in past 30 days or 10 percent or more in past 180 days.

⁴Includes residents who had a weight gain of 5 percent or more in past 30 days or 10 percent or more in past 180 days.

⁵Includes nutritional approaches such as mechanically altered diet, therapeutic diet, or dietary supplement between meals.

NOTE: Numbers may not add to totals because of rounding.

Table 19. Percentage of nursing home residents by falls, fractures, weight change, and nutritional approaches and by age, sex, and race: United States, 2004

Characteristic	Age ¹										
	All residents	Under 65 years	65 years and older				Sex		Race		
			Total	65–74 years	75–84 years	85 years and older	Male	Female	White	Black	Other ²
Falls											
Any falls or fractures in past 6 months.	35.0	24.1	36.4	29.7	34.8	39.3	34.8	35.0	36.8	23.8	27.9
Fell in past 30 days	14.3	10.4	14.9	12.7	14.1	15.9	16.1	13.6	15.2	8.8	*13.4
Fell in past 31–180 days	25.0	16.0	26.2	20.9	25.0	28.4	24.0	25.4	26.4	16.7	*17.7
Fractures											
Hip fracture in last 180 days	1.8	*	2.0	*	1.8	2.2	*1.6	1.9	2.1	*	*
Other fracture in last 180 days	2.3	*2.1	2.3	*1.8	2.2	2.5	1.8	2.5	2.5	*	*
Weight change											
Weight loss ³	8.5	8.9	8.5	7.8	8.5	8.6	8.6	8.5	8.3	10.0	*
Weight gain ⁴	6.0	7.4	5.8	7.6	5.3	5.7	5.9	6.1	5.8	7.8	*
Nutritional approaches											
Feeding tube	5.9	14.4	4.8	7.6	5.8	3.4	7.4	5.3	4.7	12.3	*16.3
Weight change program	13.2	14.1	13.1	12.1	12.6	13.7	12.8	13.4	13.6	11.3	*
Other ⁵	38.4	34.0	39.0	35.3	38.8	40.1	37.8	38.7	38.4	39.2	35.7

* Estimate does not meet standard of reliability or precision because the sample size is less than 30. Estimates accompanied by an asterisk (*) indicate that the sample size is between 30 and 59, or the sample size is greater than 59, but has a relative standard error of 30 percent or more.

¹Age at time of interview.

²Other race includes Asian, Native Hawaiian or other Pacific Islander, American Indian or Alaska Native and multiple races. Persons of Hispanic origin may be of any race. Starting with data year 1999, race-specific estimates have been tabulated according to the 1997 Standards for Federal Data on Race and Ethnicity, and are not strictly comparable with estimates for earlier years. However, only a small number of records had multiple races.

³Includes residents who had a weight loss of 5 percent or more in past 30 days or 10 percent or more in past 180 days.

⁴Includes residents who had a weight gain of 5 percent or more in past 30 days or 10 percent or more in past 180 days.

⁵Includes nutritional approaches such as mechanically altered diet, therapeutic diet, or dietary supplement between meals.

NOTES: Percentages are based on the unrounded numbers.