

# National Health Interview Survey

*Because America's Health Counts*

## Our Responsibilities to You



### We Answer Your Questions

Your U.S. Census Bureau interviewer will be happy to answer any questions you have about the survey.



### We Ensure Your Safety

All our interviewers carry photo ID cards.



### We Respect Your Time

Interviews can be scheduled at a time that is convenient for you.



### We Guard Your Privacy

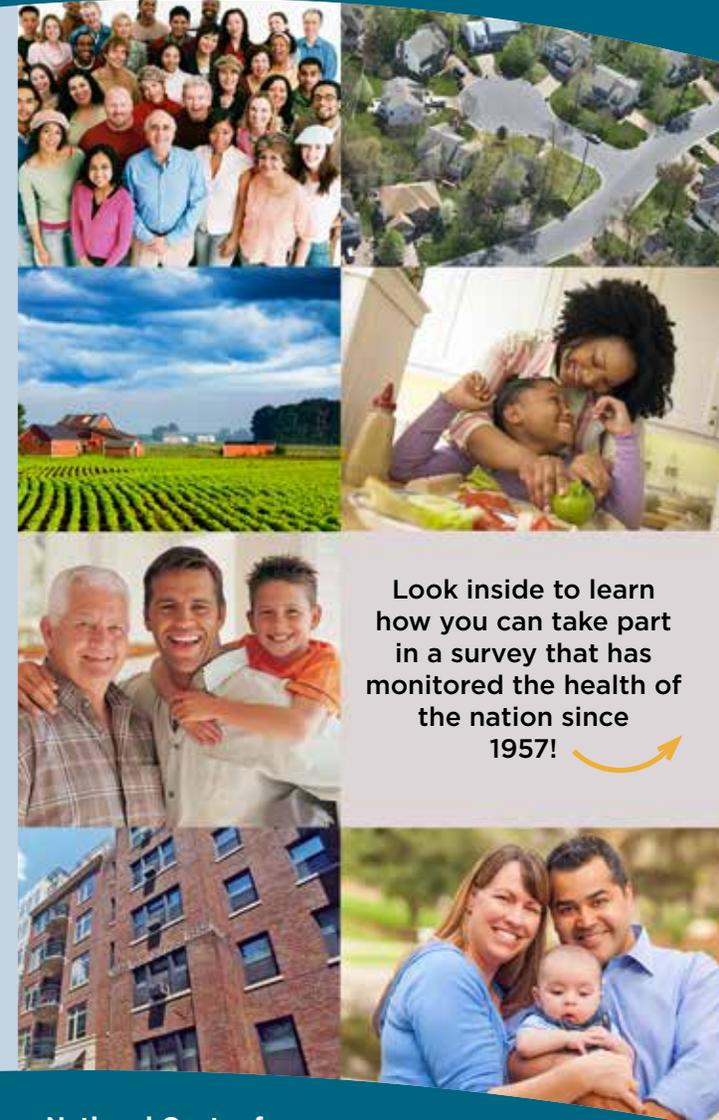
Your information is protected by strict federal laws. Your answers are combined with others and are used only for health research.

## Thank you!

Your answers will help complete the picture of the health of our nation.



The NHIS is conducted by the National Center for Health Statistics. The U.S. Census Bureau is the NHIS data collection agent.



Look inside to learn how you can take part in a survey that has monitored the health of the nation since 1957! 



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For more information, visit us online at [www.cdc.gov/nchs/nhis.htm](http://www.cdc.gov/nchs/nhis.htm), or e-mail us at [NHIS@cdc.gov](mailto:NHIS@cdc.gov).

**National Center for Health Statistics**  
**Centers for Disease Control and Prevention**  
**U.S. Department of Health and Human Services**



# THE NATIONAL HEALTH INTERVIEW SURVEY (NHIS)

## What Is the NHIS?

The NHIS is the primary source of information on the nation's health.

As the country's largest in-person household health survey, the NHIS has been taking the pulse of the nation since 1957.

## The Trusted Gold Standard

NHIS data are used to:

- Monitor progress towards national health objectives
- Evaluate health policies and programs
- Track changes in health behaviors and health care use

## Covers Key Topics of National Importance

- Medical conditions
- Health insurance
- Doctor's office visits
- Physical activity and other health behaviors



## An Opportunity for You

Over the years, thousands of families across your community, state, and country have helped the nation by participating in this survey. Now it is your chance to help.



To make an appointment, call the phone number on the letter you received.

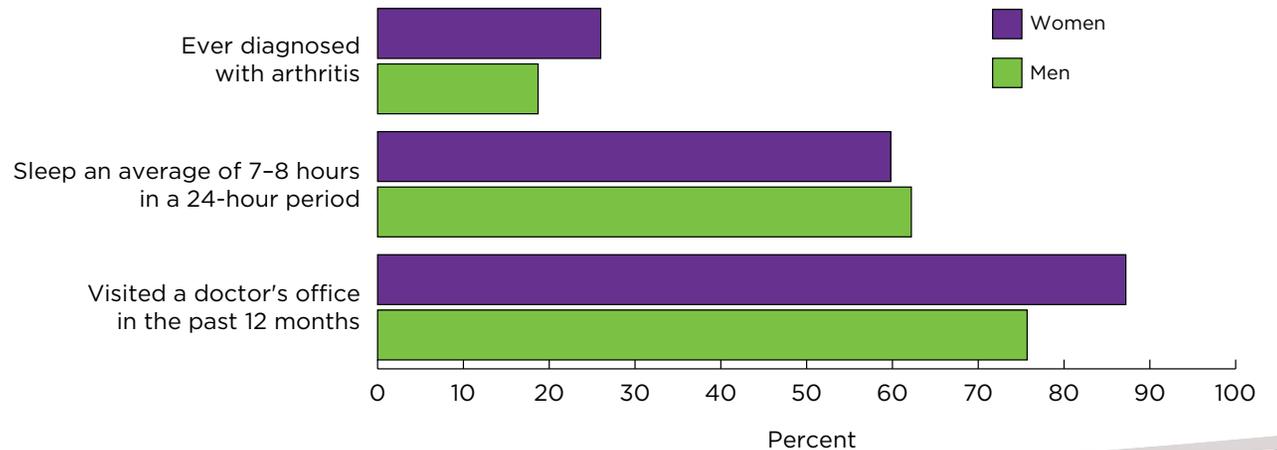
## Each Selected Household Is Important



The chances of being selected for this survey are small. Once selected, each household represents thousands of others. In other words, because we cannot include everyone in the survey, your answers represent the answers of other households like yours. Your household is irreplaceable.

We are happy to fit into your schedule. Interviews can be conducted at a time convenient for you.

## Characteristics of U.S. Adults Aged 18 and Over



Source: 2014 National Health Interview Survey.