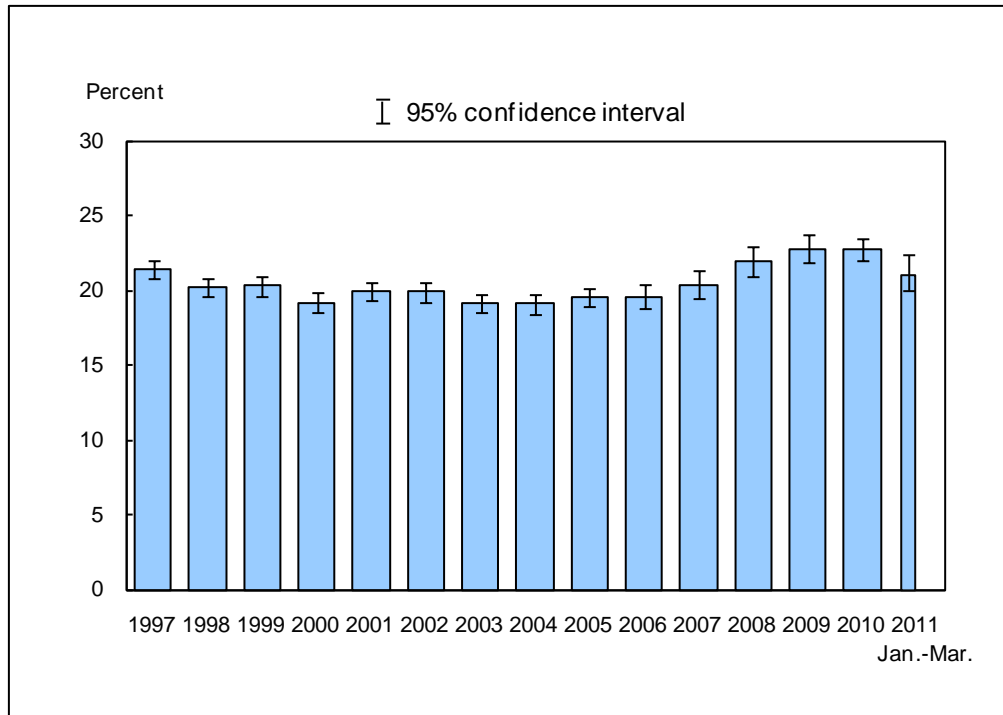


**Figure 9.1. Percentage of adults aged 18 years and over who had five or more drinks in 1 day at least once in the past year: United States, 1997–March 2011**

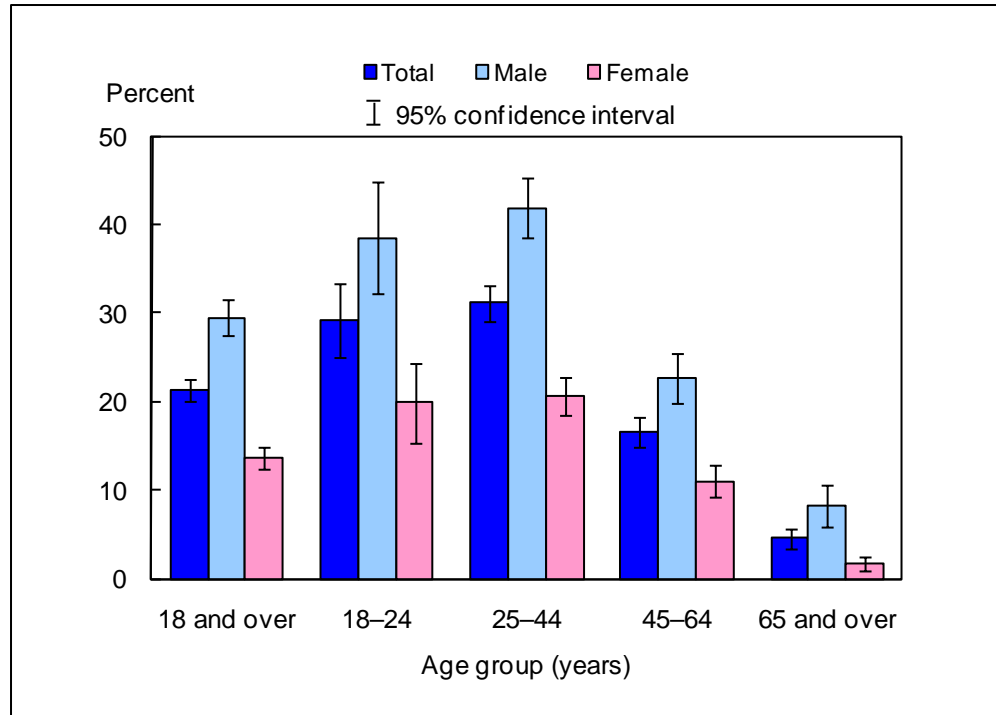


DATA SOURCE: CDC/NCHS, National Health Interview Survey, 1997–March 2011, Sample Adult Core component.

- In early 2011, the percentage of adults who had five or more drinks in 1 day at least once in the past year was 21.2% (95% confidence interval = 20.02%–22.48%), which was lower than the 2010 estimate of 22.7%.
- The percentage of adults who had five or more drinks in 1 day at least once in the past year decreased from 21.4% in 1997 to 19.5% in 2005 and then increased to 22.8% in 2009.

NOTES: Data are based on household interviews of a sample of the civilian noninstitutionalized population. • The analyses excluded adults with unknown alcohol consumption (about 2% of respondents each year). • See "[Technical Notes](#)" for more details.

**Figure 9.2. Percentage of adults aged 18 years and over who had five or more drinks in 1 day at least once in the past year, by age group and sex: United States, January–March 2011**

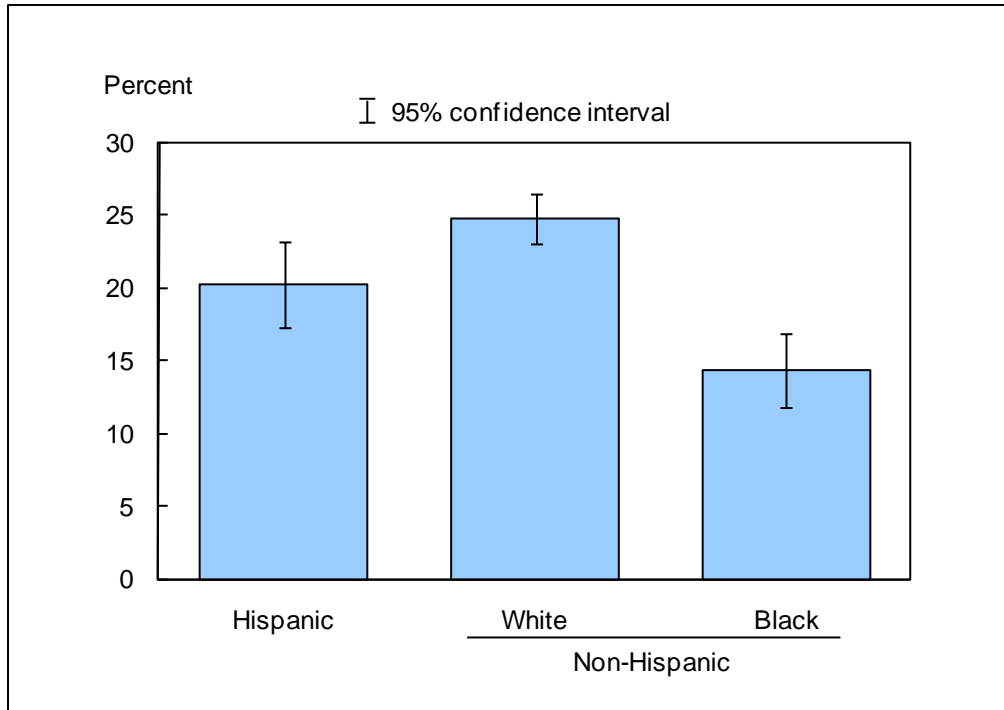


DATA SOURCE: CDC/NCHS, National Health Interview Survey, January–March 2011, Sample Adult Core component.

- Among adults aged 25 and over, the percentage of women who had five or more drinks in 1 day at least once in the past year decreased with age.
- For adults aged 18–24, 25–44, 45–64, and 65 and over, men were considerably more likely than women to have had five or more drinks in 1 day at least once in the past year.

NOTES: Data are based on household interviews of a sample of the civilian noninstitutionalized population. • The analyses excluded 1.1% of adults with unknown alcohol consumption. • See "[Technical Notes](#)" for more details.

**Figure 9.3. Age-sex-adjusted percentage of adults aged 18 years and over who had five or more drinks in 1 day at least once in the past year, by race/ethnicity: United States, January–March 2011**



DATA SOURCE: CDC/NCHS, National Health Interview Survey, January–March 2011, Sample Adult Core component.

- The age-sex-adjusted percentage of adults who had five or more drinks in 1 day at least once in the past year was 20.2% for Hispanic adults, 24.7% for non-Hispanic white adults, and 14.3% for non-Hispanic black adults.
- Non-Hispanic white adults were the most likely to have had five or more drinks in 1 day at least once in the past year, followed by Hispanic adults and non-Hispanic black adults.

NOTES: Data are based on household interviews of a sample of the civilian noninstitutionalized population. • The analyses excluded 1.1% of adults with unknown alcohol consumption. • Estimates are age-sex-adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 18–24, 25–44, 45–64, and 65 and over. • See "[Technical Notes](#)" for more details.

## Data tables for Figures 9.1–9.3:

### Data table for Figure 9.1. Percentage of adults aged 18 years and over who had five or more drinks in 1 day at least once in the past year: United States, 1997–March 2011

Year	Crude <sup>1</sup> percent (95% confidence interval)	Age-adjusted <sup>2</sup> percent (95% confidence interval)
1997	21.4 (20.8-22.0)	21.1 (20.5-21.6)
1998	20.2 (19.6-20.8)	19.9 (19.3-20.5)
1999	20.3 (19.6-21.0)	20.1 (19.5-20.7)
2000	19.2 (18.6-19.9)	19.2 (18.6-19.8)
2001	20.0 (19.4-20.6)	20.0 (19.4-20.6)
2002	19.9 (19.2-20.5)	20.0 (19.4-20.6)
2003	19.1 (18.5-19.8)	19.2 (18.6-19.9)
2004	19.1 (18.4-19.8)	19.2 (18.6-19.9)
2005	19.5 (18.89-20.18)	19.8 (19.20-20.49)
2006	19.6 (18.86-20.39)	19.9 (19.19-20.68)
2007	20.4 (19.44-21.34)	20.7 (19.79-21.68)
2008	22.0 (21.00-22.93)	22.4 (21.47-23.38)
2009	22.8 (21.87-23.67)	23.3 (22.41-24.21)
2010	22.7 (21.99-23.51)	23.4 (22.61-24.13)
Jan.–Mar. 2011	21.2 (20.02-22.48)	22.0 (20.78-23.20)

<sup>1</sup>Crude estimates are presented in the figure.

<sup>2</sup>Estimates for this Healthy People 2010 Leading Health Indicator are age adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 18–24, 25–44, 45–64, and 65 and over.

NOTES: Data are based on household interviews of a sample of the civilian noninstitutionalized population. Beginning with the 2003 data, the National Health Interview Survey transitioned to weights derived from the 2000 census. In this Early Release, estimates for 2000–2002 were recalculated using weights derived from the 2000 census. See "[Technical Notes](#)" for more details.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, 1997–March 2011, Sample Adult Core component.

**Data table for Figure 9.2. Percentage of adults aged 18 years and over who had five or more drinks in 1 day at least once in the past year, by age group and sex: United States, January–March 2011**

Age (years) and sex	Percent	95% confidence interval
18-24, total	29.2	25.02-33.34
18-24, male	38.5	32.23-44.78
18-24, female	19.8	15.41-24.25
25-44, total	31.1	29.04-33.19
25-44, male	41.9	38.58-45.18
25-44, female	20.6	18.41-22.79
45-64, total	16.6	14.83-18.35
45-64, male	22.6	19.75-25.44
45-64, female	11.0	9.14-12.86
65 and over, total	4.5	3.43-5.64
65 and over, male	8.2	5.91-10.50
65 and over, female	1.7	0.86-2.46
18 and over (crude <sup>1</sup> ), total	21.2	20.02-22.48
18 and over (crude <sup>1</sup> ), male	29.4	27.45-31.42
18 and over (crude <sup>1</sup> ), female	13.7	12.43-14.88
18 and over (age-adjusted <sup>2</sup> ), total	22.0	20.78-23.20
18 and over (age-adjusted <sup>2</sup> ), male	29.9	28.01-31.87
18 and over (age-adjusted <sup>2</sup> ), female	14.4	13.14-15.67

<sup>1</sup>Crude estimates are presented in the figure.

<sup>2</sup>Estimates are age adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 18–24, 25–44, 45–64, and 65 and over.

NOTE: Data are based on household interviews of a sample of the civilian noninstitutionalized population.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, January–March 2011, Sample Adult Core component.

**Data table for Figure 9.3. Age-sex-adjusted percentage of adults aged 18 years and over who had five or more drinks in 1 day at least once in the past year, by race/ethnicity: United States, January–March 2011**

Race/ethnicity	Percent <sup>1</sup>	95% confidence interval
Hispanic or Latino	20.2	17.22-23.18
Not Hispanic or Latino, single race, white	24.7	23.06-26.38
Not Hispanic or Latino, single race, black	14.3	11.84-16.80

<sup>1</sup>Estimates are age-sex-adjusted using the projected 2000 U.S. population as the standard population and using four age groups: 18–24, 25–44, 45–64, and 65 and over.

NOTE: Data are based on household interviews of a sample of the civilian noninstitutionalized population.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, January–March 2011, Sample Adult Core component.