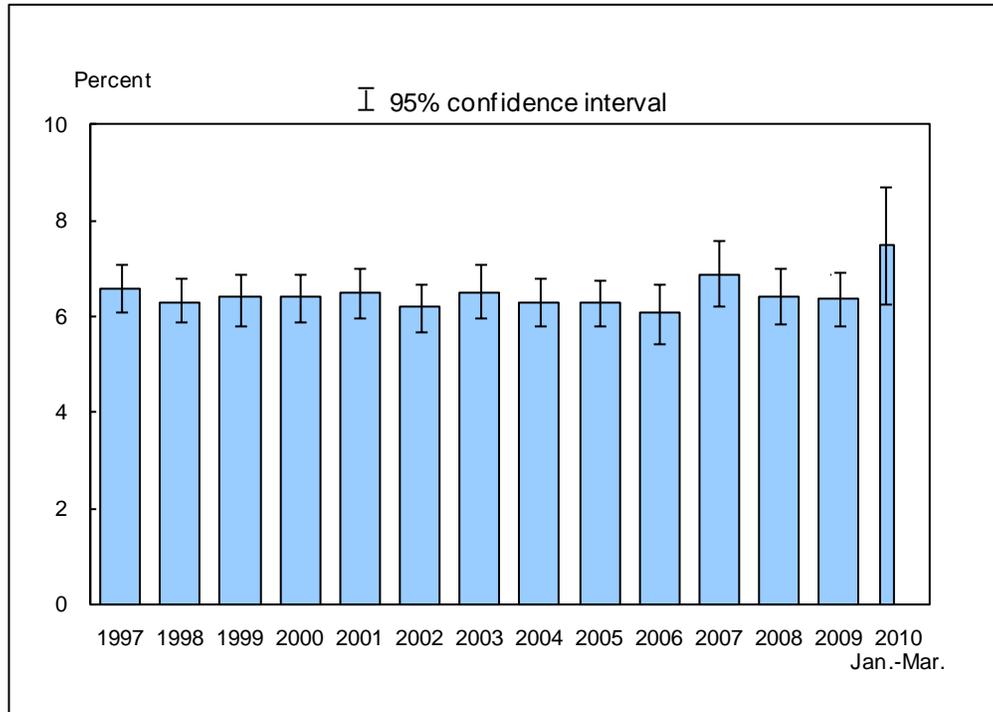


**Figure 12.1. Percentage of adults aged 65 years and over who need help with personal care from other persons: United States, 1997-March 2010**

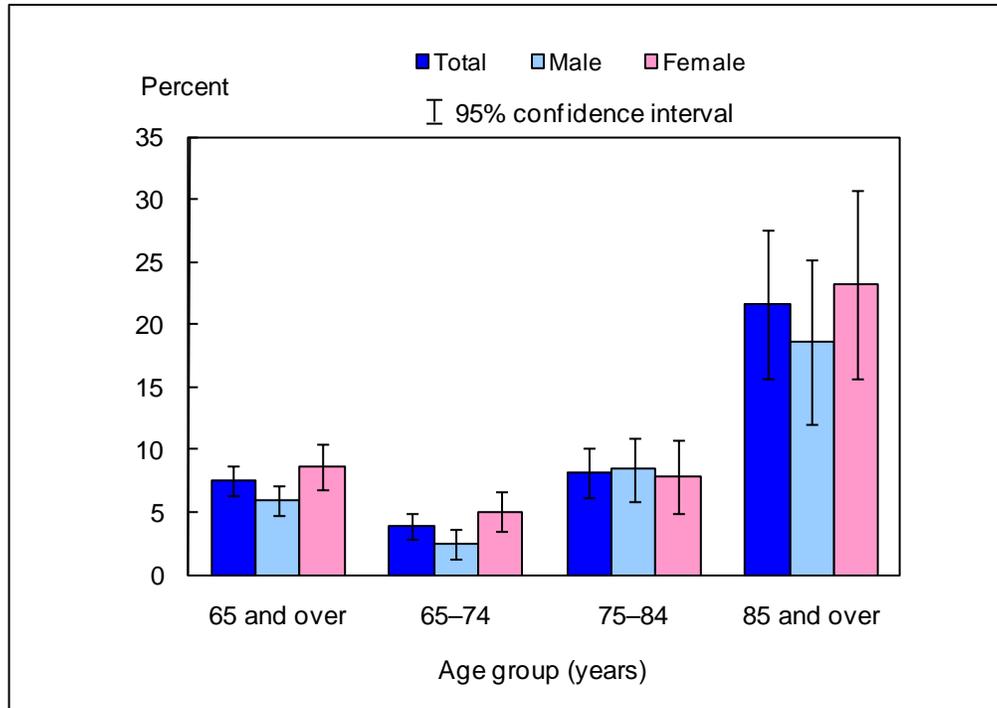


NOTES: Personal care needs, or activities of daily living (ADLs), include eating, bathing, dressing, and getting around inside the person's home. The analyses excluded persons with unknown information on personal care needs (about 0.0% of respondents each year). Beginning with the 2003 data, the National Health Interview Survey transitioned to weights derived from the 2000 census. In this Early Release, estimates for 2000-2002 were recalculated using weights derived from the 2000 census. See "About This Early Release" for more details.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, 1997-March 2010, Family Core component. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

- In early 2010, 7.5% (95% confidence interval = 6.28%-8.71%) of adults aged 65 years and over needed help with personal care from other persons. This estimate was higher than, but not significantly different from, the 2009 estimate of 6.4%.
- The percentage of older adults who needed help with personal care from other persons has ranged from 6.1% in 2006 to 7.5% in early 2010.

**Figure 12.2. Percentage of adults aged 65 years and over who need help with personal care from other persons, by age group and sex: United States, January-March 2010**

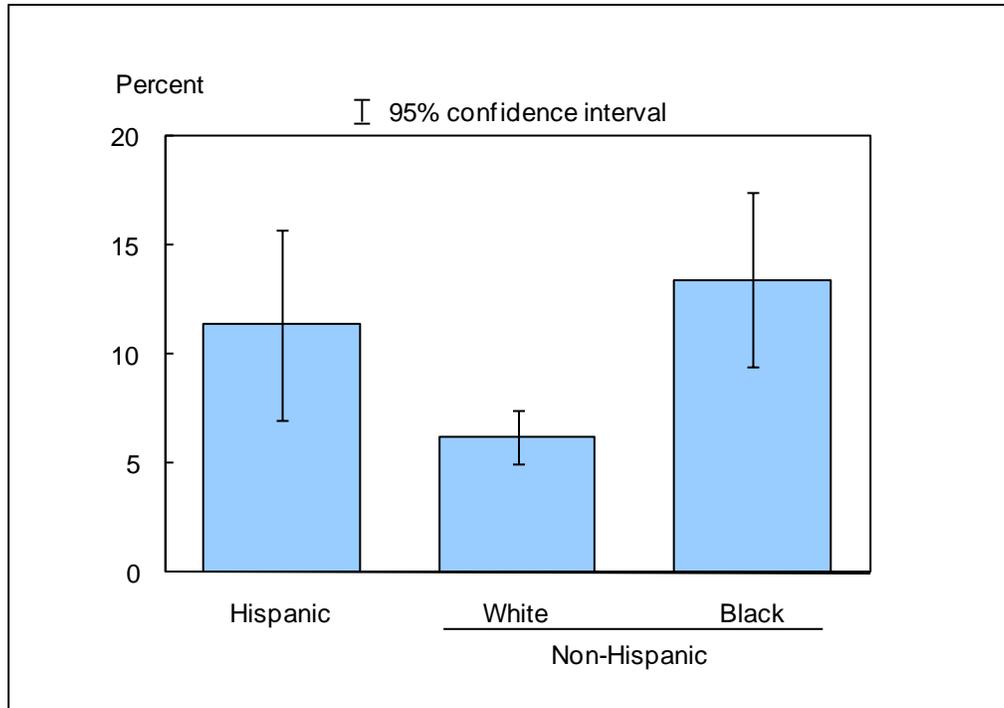


NOTES: Personal care needs, or activities of daily living (ADLs), include eating, bathing, dressing, and getting around inside the person's home.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, January-March 2010, Family Core component. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

- For both sexes combined, adults aged 85 years and over (21.7%) were more than five times as likely as adults aged 65-74 (3.9%) to need help with personal care from other persons.
- For adults aged 65-74 years, women were more likely than men to need help with personal care.

**Figure 12.3. Age-sex-adjusted percentage of adults aged 65 years and over who need help with personal care from other persons, by race/ethnicity: United States, January-March 2010**



NOTES: Personal care needs, or activities of daily living (ADLs), include eating, bathing, dressing, and getting around inside the person’s home. Estimates are age-sex adjusted using the projected 2000 U.S. population as the standard population and using three age groups: 65-74 years, 75-84 years, and 85 years and over.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, January-March 2010, Family Core component. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

- The age-sex-adjusted percentage of persons who needed help with personal care from other persons was 11.4% for Hispanic persons, 6.2% for non-Hispanic white persons, and 13.4% for non-Hispanic black persons.
- Non-Hispanic white persons were less likely to need help with personal care from other persons than Hispanic persons or non-Hispanic black persons.

## Data tables for Figures 12.1-12.3:

### Data table for Figure 12.1. Percentage of adults aged 65 years and over who need help with personal care from other persons: United States, 1997-March 2010

Year	Percent	95% confidence interval
1997	6.6	6.1-7.1
1998	6.3	5.9-6.8
1999	6.4	5.8-6.9
2000	6.4	5.9-6.9
2001	6.5	6.0-7.0
2002	6.2	5.7-6.7
2003	6.5	6.0-7.1
2004	6.3	5.8-6.8
2005	6.3	5.83-6.76
2006	6.1	5.44-6.69
2007	6.9	6.21-7.58
2008	6.4	5.84-7.03
2009	6.4	5.80-6.92
January-March 2010	7.5	6.28-8.71

NOTES: Beginning with the 2003 data, the National Health Interview Survey transitioned to weights derived from the 2000 census. In this Early Release, estimates for 2000-2002 were recalculated using weights derived from the 2000 census. See "About This Early Release" for more details.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, 1997-March 2010, Family Core component. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

**Data table for Figure 12.2. Percentage of adults aged 65 years and over who need help with personal care from other persons, by age group and sex: United States, January-March 2010**

Age and sex	Percent	95% confidence interval
65-74 years, total	3.9	2.83-4.87
65-74 years, male	2.5	1.23-3.67
65-74 years, female	5.0	3.47-6.61
75-84 years, total	8.1	6.11-10.07
75-84 years, male	8.4	5.85-11.00
75-84 years, female	7.8	4.96-10.72
85 years and over, total	21.7	15.71-27.62
85 years and over, male	18.6	11.97-25.22
85 years and over, female	23.1	15.61-30.66
65 years and over (crude <sup>1</sup> ), total	7.5	6.28-8.71
65 years and over (crude <sup>1</sup> ), male	5.9	4.73-7.14
65 years and over (crude <sup>1</sup> ), female	8.7	6.85-10.52
65 years and over (age-adjusted <sup>2</sup> ), total	7.5	6.36-8.72
65 years and over (age-adjusted <sup>2</sup> ), male	6.6	5.26-7.85
65 years and over (age-adjusted <sup>2</sup> ), female	8.3	6.57-9.93

<sup>1</sup>Crude estimates are presented in the figure.

<sup>2</sup>Estimates are age adjusted using the projected 2000 U.S. population as the standard population and using three age groups: 65-74 years, 75-84 years, and 85 years and over.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, January-March 2010, Family Core component. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

**Data table for Figure 12.3. Age-sex-adjusted percentage of adults aged 65 years and over who need help with personal care from other persons, by race/ethnicity: United States, January-March 2010**

Race/ethnicity	Percent <sup>1</sup>	95% confidence interval
Hispanic or Latino	11.4	7.04-15.70
Not Hispanic or Latino, single race, white	6.2	5.03-7.41
Not Hispanic or Latino, single race, black	13.4	9.43-17.46

<sup>1</sup>Estimates are age-sex adjusted using the projected 2000 U.S. population as the standard population and using three age groups: 65-74 years, 75-84 years, and 85 years and over.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, January-March 2010, Family Core component. Data are based on household interviews of a sample of the civilian noninstitutionalized population.