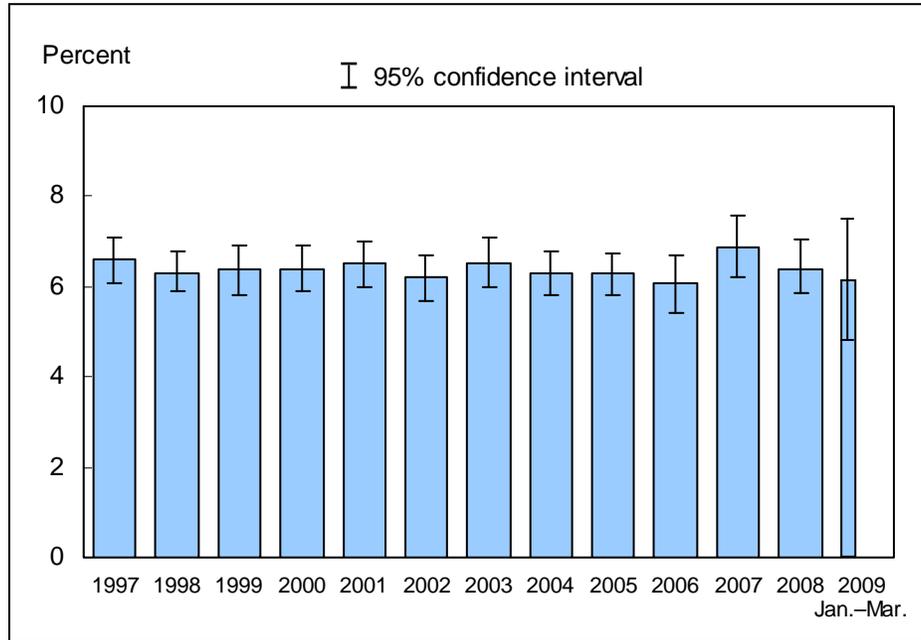


Figure 12.1. Percentage of adults aged 65 years and over who need help with personal care from other persons: United States, 1997–March 2009

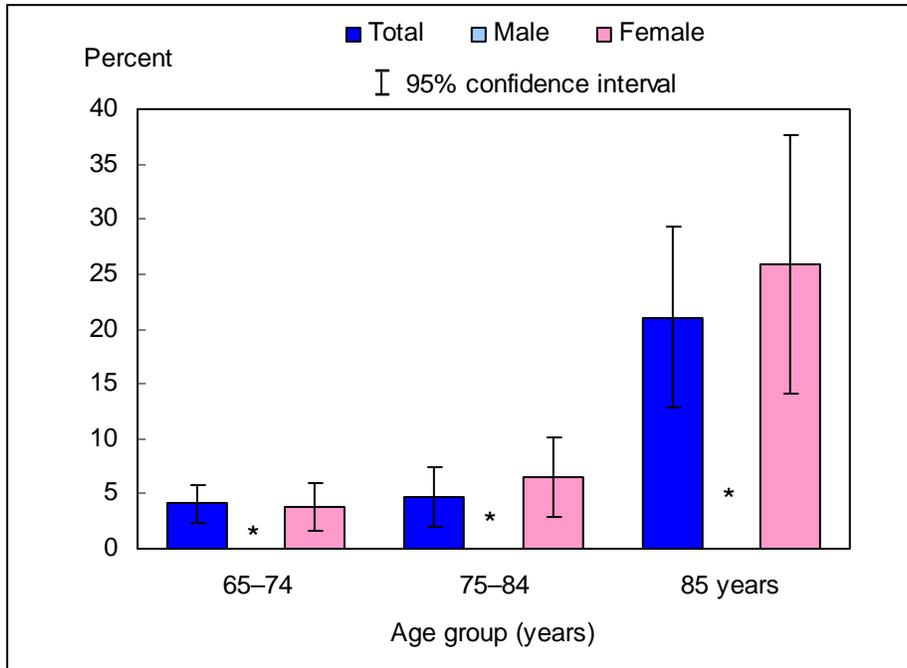


NOTES: Personal care needs, or activities of daily living (ADLs), include eating, bathing, dressing, or getting around inside the person’s home. The analyses excluded persons with unknown information on personal care needs (about 0.0% of respondents each year). Beginning with the 2003 data, the National Health Interview Survey transitioned to weights derived from the 2000 census. In this Early Release, estimates for 2000–2002 were recalculated using weights derived from the 2000 census. See “About This Early Release” for more details. Estimates for January–March 2009 are based on approximately half the usual quarterly sample. Estimates based on this smaller sample size for the first quarter have larger variances, making it more difficult to detect significant differences between estimates. Observed changes between the last two data points should be reevaluated when the next quarter of data becomes available.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, 1997–March 2009, Family Core component. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

- In early 2009, 6.1% (95% confidence interval = 4.80%–7.47%) of adults aged 65 years and over needed help with personal care from other persons. This estimate was not significantly different from the 2008 estimate of 6.4%.
- The annual percentage of adults who needed help with personal care from other persons ranged from 6.1% in 2006 to 6.9% in 2007.

Figure 12.2. Percentage of adults aged 65 years and over who need help with personal care from other persons, by age group and sex: United States, January–March 2009



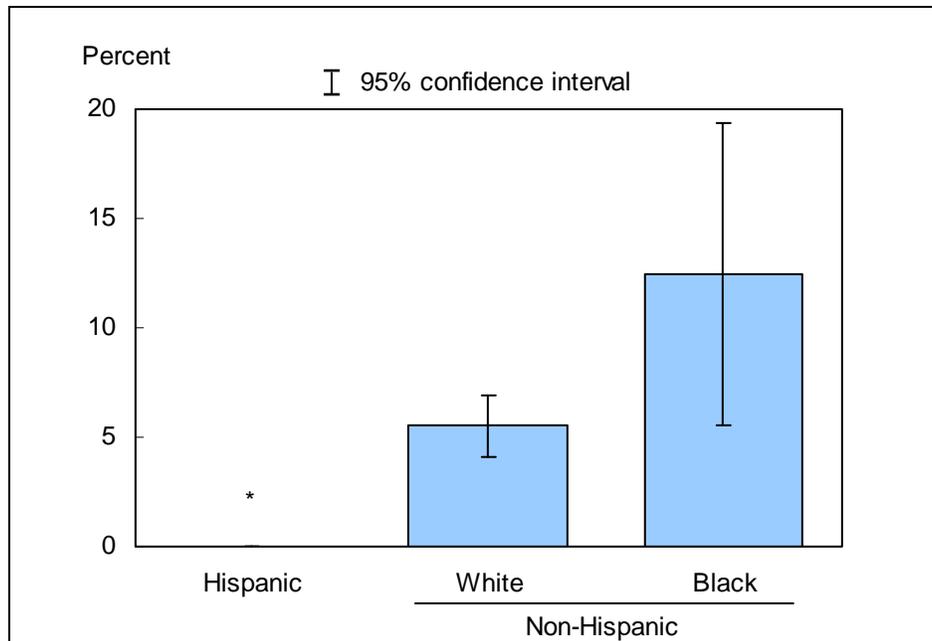
*Estimate does not meet standards of reliability or precision.

NOTES: Personal care needs, or activities of daily living (ADLs), include eating, bathing, dressing, or getting around inside the person’s home. Estimates are based on approximately half the usual quarterly sample. Estimates based on this smaller sample size for the first quarter have larger variances, making it more difficult to detect significant differences between estimates. Observed changes between data points should be reevaluated when the next quarter of data becomes available. The analyses excluded 2 persons (0.2%) with unknown information on personal care needs.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, January–March 2009, Family Core component. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

- For both sexes combined, adults aged 85 years and over (21.1%) were more than five times as likely as adults aged 65–74 (4.1%) to need help with personal care from other persons.

Figure 12.3. Age-sex-adjusted percentage of adults aged 65 years and over who need help with personal care from other persons, by race/ethnicity: United States, January–March 2009



*Estimate does not meet standards of reliability or precision.

NOTES: Personal care needs, or activities of daily living (ADLs), include eating, bathing, dressing, or getting around inside the person’s home. Estimates are based on approximately half the usual quarterly sample. Estimates based on this smaller sample size for the first quarter have larger variances, making it more difficult to detect significant differences between estimates. Observed changes between data points should be reevaluated when the next quarter of data becomes available. The analyses excluded 2 persons (0.2%) with unknown information on personal care needs. Estimates are age-sex adjusted using the projected 2000 U.S. population as the standard population and using three age groups: 65–74 years, 75–84 years, and 85 years and over.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, January–March 2009, Family Core component. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

- The age-sex-adjusted percentage of persons who needed help with personal care from other persons was 5.5% for non-Hispanic white persons and 12.4% for non-Hispanic black persons.

Data tables for Figures 12.1–12.3:

Data table for Figure 12.1. Percentage of adults aged 65 years and over who need help with personal care from other persons: United States, 1997–March 2009

Year	Percent	95% confidence interval
1997	6.6	6.1-7.1
1998	6.3	5.9-6.8
1999	6.4	5.8-6.9
2000	6.4	5.9-6.9
2001	6.5	6.0-7.0
2002	6.2	5.7-6.7
2003	6.5	6.0-7.1
2004	6.3	5.8-6.8
2005	6.3	5.83-6.76
2006	6.1	5.44-6.69
2007	6.9	6.21-7.58
2008	6.4	5.84-7.03
January–March 2009	6.1	4.80-7.47

NOTES: Beginning with the 2003 data, the National Health Interview Survey transitioned to weights derived from the 2000 census. In this Early Release, estimates for 2000–2002 were recalculated using weights derived from the 2000 census. See "About This Early Release" for more details. Estimates for January–March 2009 are based on approximately half of the usual quarterly sample. Estimates based on this smaller sample size for the first quarter have larger variances, making it more difficult to detect significant differences between estimates. Observed changes between the last two data points should be reevaluated when the next quarter of data becomes available.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, 1997–March 2009, Family Core component. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

Data table for Figure 12.2. Percentage of adults aged 65 years and over who need help with personal care from other persons, by age group and sex: United States, January–March 2009

Age and sex	Percent	95% confidence interval
65–74 years, total	4.1	2.34-5.88
65–74 years, male	*	*
65–74 years, female	3.8	1.65-6.01
75–84 years, total	4.7	2.08-7.34
75–84 years, male	*	*
75–84 years, female	6.5	2.83-10.10
85 years and over, total	21.1	12.84-29.32
85 years and over, male	*	*
85 years and over, female	25.9	14.17-37.61
65 years and over (crude ¹), total	6.1	4.80-7.47
65 years and over (crude ¹), male	4.7	2.92-6.43
65 years and over (crude ¹), female	7.2	5.03-9.44
65 years and over (age-adjusted ²), total	6.4	5.05-7.76
65 years and over (age-adjusted ²), male	4.8	3.05-6.59
65 years and over (age-adjusted ²), female	7.5	5.26-9.68

*Estimate does not meet standards of reliability or precision.

¹Crude estimates are presented in the figure.

²Estimates are age adjusted using the projected 2000 U.S. population as the standard population and using three age groups: 65–74 years, 75–84 years, and 85 years and over.

NOTES: Estimates are based on approximately half of the usual quarterly sample. Estimates based on this smaller sample size for the first quarter have larger variances, making it more difficult to detect significant differences between estimates. Observed changes between data points should be reevaluated when the next quarter of data becomes available.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, January–March 2009, Family Core component. Data are based on household interviews of a sample of the civilian noninstitutionalized population.

Data table for Figure 12.3. Age-sex-adjusted percentage of adults aged 65 years and over who need help with personal care from other persons, by race/ethnicity: United States, January–March 2009

Race/ethnicity	Percent¹	95% confidence interval
Hispanic or Latino	*	*
Not Hispanic or Latino, single race, white	5.5	4.12-6.92
Not Hispanic or Latino, single race, black	12.4	5.56-19.33

*Estimate does not meet standards of reliability or precision.

¹Estimates are age-sex adjusted using the projected 2000 U.S. population as the standard population and using three age groups: 65–74 years, 75–84 years, and 85 years and over.

NOTES: Estimates are based on approximately half of the usual quarterly sample. Estimates based on this smaller sample size for the first quarter have larger variances, making it more difficult to detect significant differences between estimates. Observed changes between data points should be reevaluated when the next quarter of data becomes available.

DATA SOURCE: CDC/NCHS, National Health Interview Survey, January–March 2009, Family Core component. Data are based on household interviews of a sample of the civilian noninstitutionalized population.