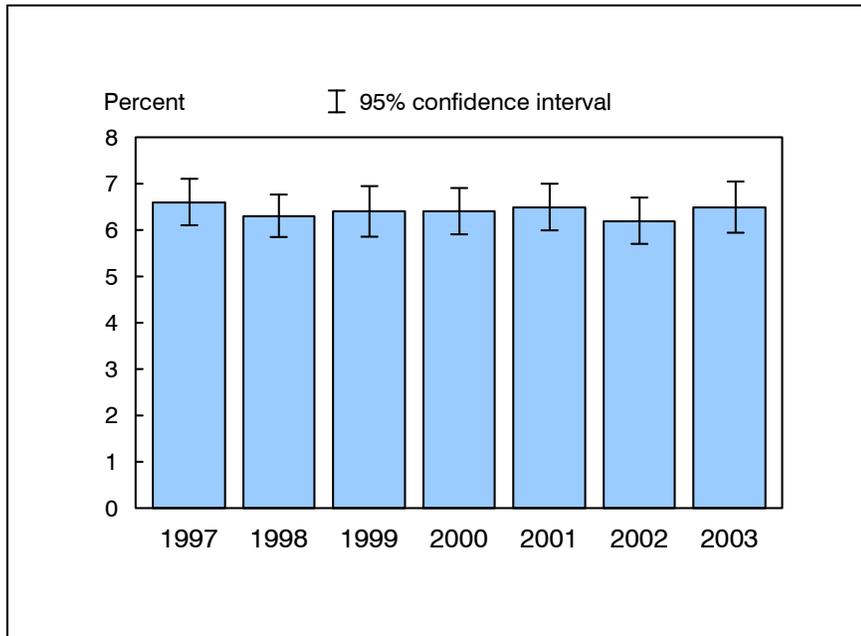


**Figure 12.1. Percent of adults aged 65 years and over who need help with personal care from other persons: United States, 1997-2003**

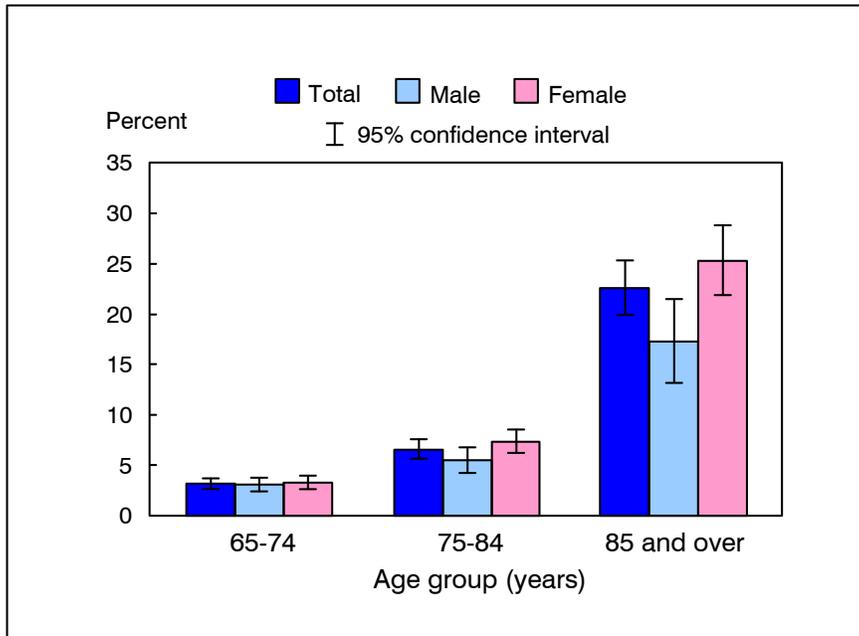


NOTES: Personal care needs or activities of daily living (ADL) include eating, bathing, dressing, or getting around inside the person's home. The analyses excluded persons with unknown information on personal care needs (about 0.01% of respondents each year). CI is confidence interval. Beginning with the 2003 data, the National Health Interview Survey transitioned to weights derived from the 2000 census. In this Early Release, estimates for 2000-02 were recalculated using weights derived from the 2000 census. See "About This Release" and appendix tables in this release for more details.

DATA SOURCE: Family Core component of the 1997-2003 National Health Interview Surveys.

- In 2003, 6.5% (95% CI = 6.0%-7.1%) of adults aged 65 years and over needed help with personal care from other persons. This estimate was not significantly different from the 2002 estimate of 6.2%.
- The annual percent of adults who needed help with personal care from other persons was 6.6% in 1997, 6.3% in 1998, 6.4% in 1999, 6.4% in 2000, 6.5% in 2001, 6.2% in 2002, and 6.5% in 2003.

**Figure 12.2. Percent of adults aged 65 years and over who need help with personal care from other persons, by age group and sex: United States, 2003**



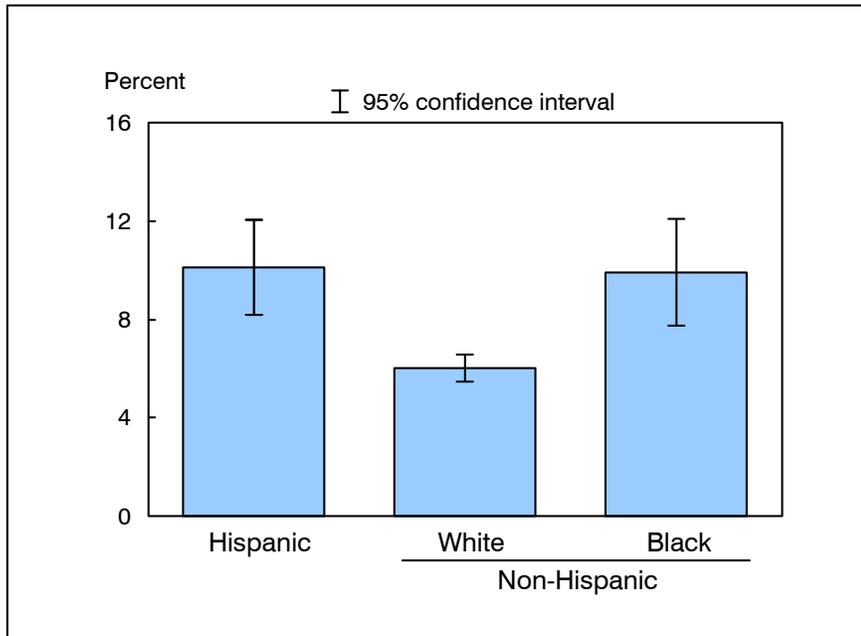
NOTE: Personal care needs or activities of daily living (ADL) include eating, bathing, dressing, or getting around inside the person's home. The analyses excluded one person (0.01%) with unknown information on personal care needs.

DATA SOURCE: Family Core component of the 2003 National Health Interview Survey.

■ For both sexes combined, adults aged 85 years and over were more than seven times as likely as adults aged 65-74 years old to need help with personal care from other persons (22.6% vs. 3.2%).

■ For adults aged 85 years and over, the percent of women who needed help with personal care from other persons was higher than that of men.

**Figure 12.3. Age-sex-adjusted percent of adults aged 65 years and over who need help with personal care from other persons, by race/ethnicity: United States, 2003**



NOTES: Personal care needs or activities of daily living (ADL) include eating, bathing, dressing, or getting around inside the person's home. The analyses excluded one person (0.01%) with unknown information on personal care needs. Estimates are age-sex-adjusted to the 2000 projected U.S. standard population using three age groups: 65-74 years, 75-84 years, and 85 years and over.

DATA SOURCE: Family Core component of the 2003 National Health Interview Survey.

- The age-sex-adjusted percent of persons who needed help with personal care from other persons was 10.1% for Hispanic persons, 6.0% for non-Hispanic white persons, and 9.9% for non-Hispanic black persons.
- The percent of those who needed help with personal care from other persons was higher for Hispanic persons and non-Hispanic black persons than for non-Hispanic white persons.

## Data tables for figures 12.1-12.3:

**Data table for figure 12.1. Percent of adults aged 65 years and over who need help with personal care from other persons: United States, 1997-2003**

Year	Percent	95% confidence interval
1997	6.6	6.1-7.1
1998	6.3	5.9-6.8
1999	6.4	5.8-6.9
2000	6.4	5.9-6.9
2001	6.5	6.0-7.0
2002	6.2	5.7-6.7
2003	6.5	6.0-7.1

**Data table for figure 12.2. Percent of adults aged 65 years and over who need help with personal care from other persons, by age group and sex: United States, 2003**

Age and sex	Percent	95% confidence interval
<b>65-74 years</b>		
Total	3.2	2.7-3.7
Men	3.1	2.4-3.8
Women	3.3	2.6-4.0
<b>75-84 years</b>		
Total	6.6	5.7-7.5
Men	5.5	4.3-6.8
Women	7.3	6.2-8.5
<b>85 years and over</b>		
Total	22.6	19.9-25.3
Men	17.3	13.2-21.5
Women	25.3	21.9-28.8

**Data table for figure 12.3. Age-sex-adjusted percent of adults aged 65 years and over who need help with personal care from other persons, by race/ethnicity: United States, 2003**

Race/ethnicity	Percent <sup>1</sup>	95% confidence interval
Hispanic or Latino	10.1	8.2-12.0
<b>Not Hispanic or Latino</b>		
White, single race	6.0	5.4-6.5
Black, single race	9.9	7.7-12.0

<sup>1</sup>Estimates are age-sex-adjusted to the 2000 projected U.S. standard population using three age groups: 65-74 years, 75-84 years, and 85 years and over.