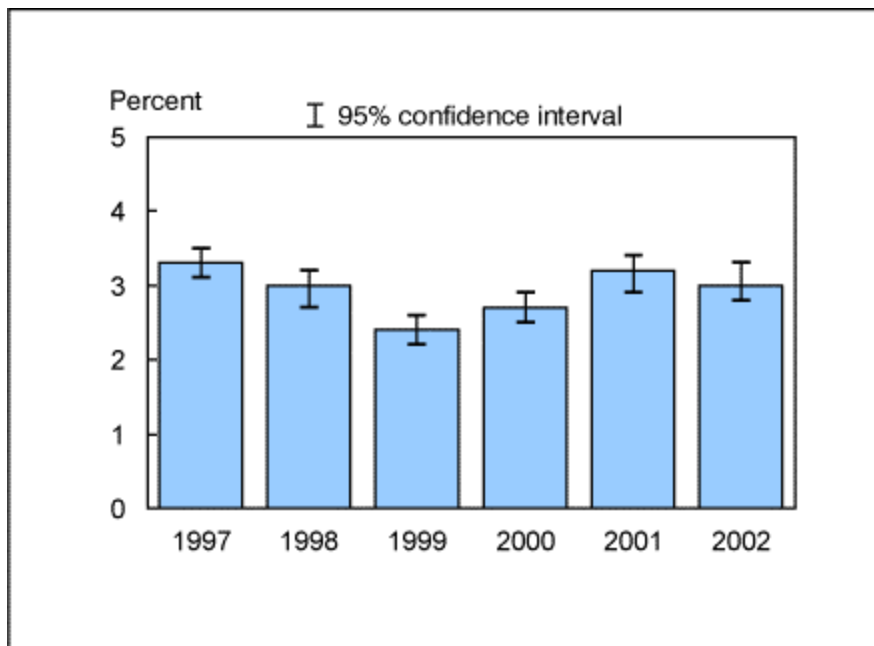




Figure 13.1. Percent of adults aged 18 years and over who experienced serious psychological distress during the past 30 days: United States, 1997–2002



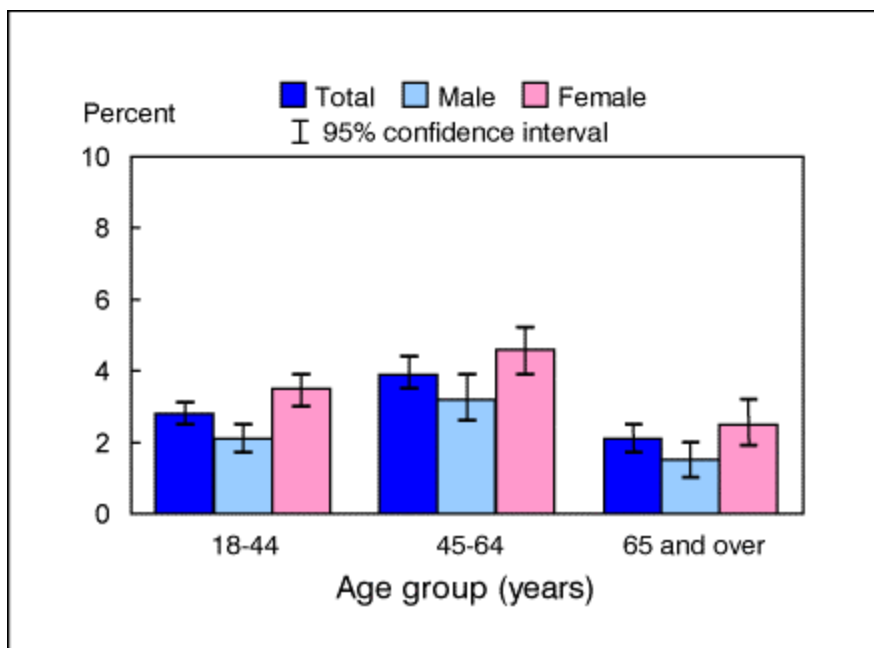
NOTES: Six psychological distress questions are included in the Sample Adult Core component. These questions ask how often a respondent experienced certain symptoms of psychological distress during the past 30 days. The response codes (0-4) of the six items for each person are summed to yield a scale with a 0-24 range. A value of 13 or more for this scale is used here to define serious psychological distress (5).

DATA SOURCE: Sample Adult Core component of the 1997-2002 National Health Interview Surveys.

- In 2002, 3.0% (95% CI = 2.8% - 3.3%) of adults aged 18 years and over experienced serious psychological distress during the past 30 days.
- The percent of adults who experienced serious psychological distress during the past 30 days declined significantly from 3.3% in 1997 to 2.4% in 1999, and then increased from 2.4% in 1999 to 2.7% in 2000 and 3.2% in 2001.



Figure 13.2. Percent of adults aged 18 years and over who experienced serious psychological distress during the past 30 days, by age group and sex: United States, 2002



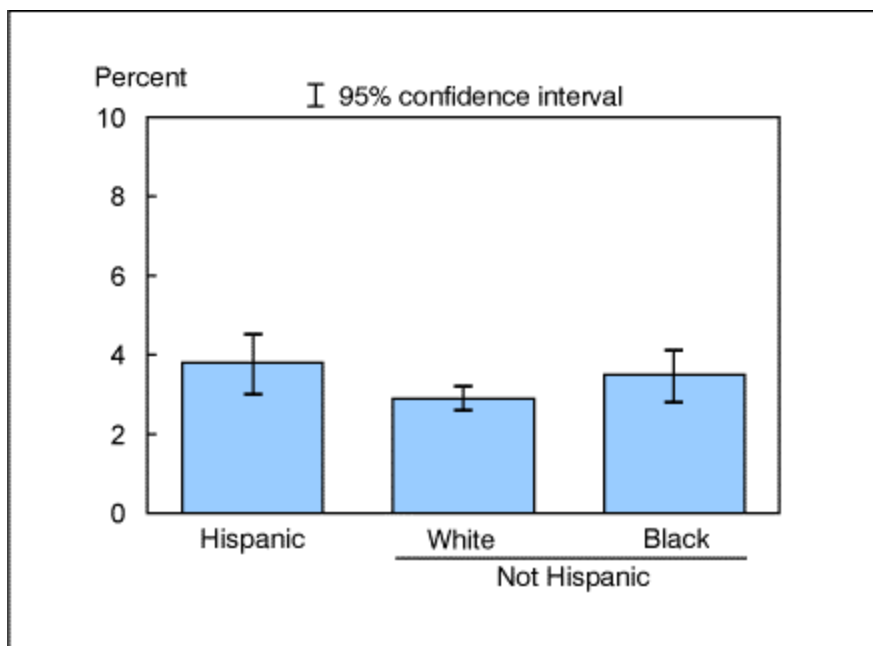
NOTES: Six psychological distress questions are included in the Sample Adult Core component. These questions ask how often a respondent experienced certain symptoms of psychological distress during the past 30 days. The response codes (0-4) of the six items for each person are summed to yield a scale with a 0-24 range. A value of 13 or more for this scale is used here to define serious psychological distress (5).

DATA SOURCE: Sample Adult Core component of the 2002 National Health Interview Survey.

- For both sexes combined, persons aged 45-64 years were most likely to have experienced serious psychological distress during the past 30 days, followed by persons aged 18-44 years.
- For all three age groups, women were more likely than men to have experienced serious psychological distress during the past 30 days.



Figure 13.3. Age-sex-adjusted percent of adults aged 18 years and over who experienced serious psychological distress during the past 30 days, by race/ethnicity: United States, 2002



NOTES: Six psychological distress questions are included in the Sample Adult Core component. These questions ask how often a respondent experienced certain symptoms of psychological distress during the past 30 days. The response codes (0-4) of the six items for each person are summed to yield a scale with a 0-24 range. A value of 13 or more for this scale is used here to define serious psychological distress (5). Estimates are age-sex-adjusted to the year 2000 projected U.S. standard population using three age groups: 18-44 years, 45-64 years and 65 years and over.

DATA SOURCE: Sample Adult Core component of the 2002 National Health Interview Survey.

- The age-sex-adjusted prevalence of serious psychological distress was 3.8% for Hispanic persons, 2.9% for non-Hispanic white persons, and 3.5% for non-Hispanic black persons.
- Although the prevalence was lower among not Hispanic white persons than among Hispanic persons and non-Hispanic black persons, the differences were not statistically significant.



Data tables for figures 13.1-13.3:

Data table for figure 13.1. Percent of adults aged 18 years and over who experienced psychological distress during the past 30 days: United States, 1997-2002

Year	Percent	95% confidence interval
1997	3.3	3.1-3.5
1998	3.0	2.7-3.2
1999	2.4	2.2-2.6
2000	2.7	2.5-2.9
2001	3.2	2.9-3.4
2002	3.0	2.8-3.3

Data table for figure 13.2. Percent of adults aged 18 and over who experienced psychological distress during the past 30 days, by age group and sex: United States, 2002

Age and sex	Percent	95% confidence interval
18-44 years		
Total	2.8	2.5-3.1
Men	2.1	1.7-2.5
Women	3.5	3.0-3.9
45-64 years		
Total	3.9	3.5-4.4
Men	3.2	2.6-3.9
Women	4.6	3.9-5.2
65 years and over		
Total	2.1	1.7-2.5
Men	1.5	1.0-2.0
Women	2.5	1.9-3.2

Data table for figure 13.3. Age-sex-adjusted percent of adults aged 18 years and over who experienced psychological distress during the past 30 days, by race/ethnicity: United States, 2002

Race/ethnicity	Percent ¹	95% confidence interval
Hispanic or Latino	3.8	3.0-4.5
White, not Hispanic	2.9	2.6-3.2
Black or African American, not Hispanic	3.5	2.8-4.1

¹Estimates are age-sex-adjusted to the year 2000 projected U.S. standard population using three age groups: 18-44 years, 45-64 years, and 65 years and over.