

September 3, 2015



Dear Prospective Health Survey Participant:

The South Asian Public Health Association (SAPHA) is pleased to support the National Health and Nutrition Examination Survey (NHANES). NHANES has been collecting important data about the nation's health for over fifty five years. The survey is sponsored by the Centers for Disease Control and Prevention. You, as a selected participant, are invited to take part in NHANES.

NHANES is designed to assess the health and nutritional status of adults and children in the United States through both interviews and physical measurements. The information gathered helps guide decisions about public health initiatives. It is also used to determine the prevalence of certain diseases and identify risk factors for heart disease, diabetes, high blood pressure, and osteoporosis.

For more than fifteen years, the mission of the SAPHA is to promote the health and well-being of South Asian communities by advancing the field of South Asian public health through interactions among health professionals and shared resources, focusing on research, education, communication, and advocacy in the United States. NHANES attempts to collect information on many key health issues that concern all of us.

NHANES is an important resource to the medical community but its true success depends on individuals like you. Together, we can learn more about the nation's health, and you can learn more about your health. Please visit the CDC's website at <http://www.cdc.gov/nhanes.htm> for more details about the survey and why your participation is so important.

All the information you share is protected and kept in the strictest of confidence. If you have any questions about the study, please feel free to call the NHANES Office at 1-800-452-6115.

Sincerely,

/Vaibhav Jain/

Vaibhav Jain, MPH  
Secretary