

**MEDICAL CONDITIONS – MCQ**

**Target Group:** SPs 1+

MCQ.010 The following questions are about different medical conditions.

Has a doctor or other health professional **ever** told {you/SP} that {you have/s/he/SP has} asthma (**az-ma**)?

CAPI INSTRUCTION:

IF SP AGE >= 16, DISPLAY "YOU" AND "YOU HAVE".

IF SP AGE = 12-15, DISPLAY "SP" AND "S/HE HAS".

IF SP AGE < 12, DISPLAY "YOU" AND "SP HAS".

**INTERVIEWER: DO NOT ACCEPT SELF-DIAGNOSED OR DIAGNOSED BY A PERSON WHO IS NOT A DOCTOR OR OTHER HEALTH PROFESSIONAL.**

- YES ..... 1
- NO ..... 2 (MCQ.053)
- REFUSED ..... 7 (MCQ.053)
- DON'T KNOW ..... 9 (MCQ.053)

HELP SCREEN:

**Asthma:** Is a disease of the airways that carry air in and out of your lungs. It causes wheezing or whistling sounds when you breathe and can make you short of breath.

MCQ.025 How old {were you/was SP} when {you were/s/he was} **first** told {you/he/she} had asthma (**az-ma**)?

IF LESS THAN 1 YEAR, ENTER 1

CAPI INSTRUCTION:

IF SP AGE >= 16, DISPLAY "WERE YOU" AND "YOU WERE".

IF SP AGE = 12-15, DISPLAY "WAS {SP}" AND "S/HE WAS".

IF SP AGE < 12, DISPLAY "WAS {SP}" AND "YOU WERE".

|\_|\_|\_|  
ENTER AGE IN YEARS

CAPI INSTRUCTION:

HARD EDIT: 1-120

- REFUSED ..... 77777
- DON'T KNOW ..... 99999

MCQ.035 {Do you/Does SP} still have asthma (**az-ma**)?

- YES ..... 1
- NO ..... 2 (MCQ.053)
- REFUSED ..... 7 (MCQ.053)
- DON'T KNOW ..... 9 (MCQ.053)

MCQ.040 During the **past 12 months**, {have you/has SP} had an episode of asthma (**az**-ma) or an asthma attack?

- YES ..... 1
- NO ..... 2
- REFUSED ..... 7
- DON'T KNOW ..... 9

HELP SCREEN:

Episode/attack: When your asthma symptoms become worse than usual it is called an asthma episode or attack.

MCQ.050 [During the **past 12 months**], {have you/has SP} had to visit an emergency room or urgent care center because of asthma (**az**-ma)?

- YES ..... 1
- NO ..... 2
- REFUSED ..... 7
- DON'T KNOW ..... 9

MCQ.051 During the **past 3 months**, {have you/has SP} taken medication prescribed by a doctor or other health professionals for asthma?

- YES ..... 1
- NO ..... 2
- REFUSED ..... 7
- DON'T KNOW ..... 9

MCQ.053 During the **past 3 months**, {have you/has SP} been on treatment for anemia (**a-nee**-me-a), sometimes called "tired blood" or "low blood"? [Include diet, iron pills, iron shots, transfusions as treatment.]

- YES ..... 1
- NO ..... 2
- REFUSED ..... 7
- DON'T KNOW ..... 9

HELP SCREEN:

Anemia: Anemia (uh-NEE-me-eh) is a condition in which a person's blood has a lower than normal number of red blood cells (RBCs).

<b>BOX 2</b>
<b>CHECK ITEM MCQ.055:</b> IF SP AGE < 2, GO TO END OF SECTION. IF SP AGE 2-15, GO TO BOX 3. IF SP AGE 16+, CONTINUE.

MCQ.070 {Have you/Has SP} ever been told by a doctor or other health care professional that {you/s/he} had psoriasis (sore-eye-asis)?

- YES ..... 1
- NO ..... 2 (MCQ 080)
- REFUSED ..... 7 (MCQ 080)
- DON'T KNOW ..... 9 (MCQ 080)

HELP SCREEN:

**Psoriasis:** Psoriasis is an itchy red skin rash. It has very sore patches of itchy, thickened red skin with white or silvery scales. It is usually on the elbows, knees, scalp, trunk, hands or feet, but it can be anywhere. It sometimes runs in families.

MCQ.075 {Do you/Does SP} currently have . . .

HAND CARD MCQ1

- little or no psoriasis,..... 1
- only a few patches (that could be covered by one or two palms of {your/his/her} hand), ..... 2
- scattered patches (that could be covered between three and ten palms of {your/his/her} hand), or ..... 3
- extensive psoriasis (covering large areas of the body, that would be more than ten palms of {your/his/her} hand)?..... 4
- REFUSED ..... 7
- DON'T KNOW ..... 9

MCQ.080 Has a doctor or other health professional **ever** told {you/SP} that {you were/s/he/SP was} overweight?

- YES ..... 1
- NO ..... 2
- REFUSED ..... 7
- DON'T KNOW ..... 9

**BOX 2AA**

**CHECK ITEM MCQ.079:**  
IF SP AGE 16-59, GO TO MCQ.082  
IF SP AGE 60+, CONTINUE.

MCQ.084 The next question asks about difficulties in thinking or remembering that can make a big difference in everyday activities. This does not refer to occasionally forgetting your keys or the name of someone you recently met. This refers to things like confusion or memory loss that are happening more often or getting worse. We want to know how these difficulties impact {you/SP}. During the past 12 months, {have you/has she/has he} experienced confusion or memory loss that is happening more often or is getting worse?

- YES ..... 1
- NO ..... 2
- REFUSED ..... 7
- DON'T KNOW ..... 9

**BOX 2A**  
OMITTED

**BOX 3**

**CHECK ITEM MCQ.085:**  
IF SP'S AGE >= 6, CONTINUE.  
OTHERWISE, GO TO MCQ.140.

MCQ.082 Has a doctor or other health professional ever told {you/SP} that {you have/s/he/SP has} celiac (sele-ak) disease, also called sprue (sproo)?

CAPI INSTRUCTION:

IF SP AGE >= 16, DISPLAY "YOU" AND "YOU HAVE".

IF SP AGE = 12-15, DISPLAY "SP" AND "S/HE HAS".

IF SP AGE < 12, DISPLAY "YOU" AND "SP HAS".

- YES ..... 1
- NO ..... 2
- REFUSED ..... 7
- DON'T KNOW ..... 9

HELP SCREEN:

**Celiac Disease:** Is a disease where your bowels and stomach can't tolerate Gluten. Gluten is a protein found in wheat, rye, and barley flour. When people with this disease eat bread products, it makes them sick.

MCQ.086 {Are you/Is SP} on a gluten-free diet?

- YES ..... 1
- NO ..... 2
- REFUSED ..... 7
- DON'T KNOW ..... 9

HELP SCREEN:

A gluten-free diet means not eating foods that contain wheat, rye, and barley.

MCQ.092 {Have you/Has SP} **ever** received a blood transfusion?

- YES ..... 1
- NO ..... 2 (MCQ.140)
- REFUSED ..... 7 (MCQ.140)
- DON'T KNOW ..... 9 (MCQ.140)

MCQ.093 In what year did {you/SP} receive {your/his/her} **first** transfusion?

|\_|\_|\_|\_|  
ENTER 4-DIGIT YEAR

CAPI INSTRUCTION:

HARD EDIT: >= birth year and <= current year

- REFUSED ..... 7777
- DON'T KNOW ..... 9999

<b>BOX 4</b>
OMITTED

**BOX 6**  
OMITTED

MCQ.140 {Do you/Does SP} have trouble seeing, even when wearing glasses or contact lenses, if {you/he/she} wear{s} them?

- YES ..... 1
- NO ..... 2
- REFUSED ..... 7
- DON'T KNOW ..... 9

HELP SCREEN:  
Glasses: Includes prescription eyeglasses as well as nonprescription reading glasses purchased at drug stores or variety stores. **Do not include safety glasses, which are worn for protection only. Do not include nonprescription sunglasses or glasses or contact lenses worn for cosmetic purposes.**

**BOX 7**

**CHECK ITEM MCQ.145:**  
IF SP'S AGE 6-19, CONTINUE.  
IF SP'S AGE >= 20, GO TO MCQ.160.  
OTHERWISE, GO TO END OF SECTION.

**BOX 7A**

**CHECK ITEM MCQ.146:**  
IF SP AGE 8-11 AND SP IS FEMALE, CONTINUE.  
OTHERWISE, GO TO MCQ.300b.

MCQ.149 Have {SP's} periods or menstrual (**men**-stral) cycles started yet?

- YES ..... 1
- NO ..... 2 (MCQ.300b)
- REFUSED ..... 7 (MCQ.300b)
- DON'T KNOW ..... 9 (MCQ.300b)

HELP TEXT: When a girl starts having periods or menstrual cycles is a very important milestone in growth and development. Growth and development is very related to physical activity and body weight.

MCQ.151 How old was {SP} when she had {her} first menstrual period?

|\_|\_| YEARS (MCQ.300b)  
REFUSED ..... 77 (MCQ.300b)  
DON'T KNOW ..... 99 (MCQ.300b)

HARD EDITS: MAXIMUM OF 11 AND AGE OF ONSET MUST BE LESS THAN OR EQUAL TO CURRENT AGE.

SOFT EDIT: IF AGE LESS THAN 7.

HELP TEXT: When a girl starts having periods or menstrual cycles is a very important milestone in growth and development. Growth and development is very related to physical activity and body weight.

**BOX 8**  
OMITTED

**BOX 8A**  
OMITTED

<p>MCQ.160 Has a doctor or other health professional <b>ever</b> told {you/SP} that {you/s/he} . . .</p> <p>CAPI INSTRUCTION: TEXT OF QUESTION SHOULD BE OPTIONAL AFTER FIRST ITEM IS READ.</p>	<p>MCQ.170 {Do you/Does SP} still . . . ?</p>	<p>MCQ.180 How old {were you/was SP} when {you were/s/he was} <b>first</b> told {you/s/he} . . .</p>	<p>MCQ.195 Which type of arthritis was it?</p>
<p>a. <b>had arthritis (ar-thry-tis)?</b></p> <p>YES ..... 1 → NO ..... 2 (n) REFUSED ..... 7 (n) DON'T KNOW..... 9 (n)</p>		<p>had arthritis?</p> <p> _ _ _  ENTER AGE IN YEARS</p> <p>REFUSED ..... 777 DON'T KNOW ..... 999</p>	<p>Osteoarthritis or degenerative arthritis..... 1 Rheumatoid arthritis ..... 2 Psoriatic arthritis ..... 3 Other..... 4 REFUSED..... 7 DON'T KNOW ..... 9</p>
<p>n. <b>had gout?</b></p> <p>YES ..... 1 → NO ..... 2 (b) REFUSED ..... 7 (b) DON'T KNOW..... 9 (b)</p>		<p>had gout?</p> <p> _ _ _  ENTER AGE IN YEARS</p> <p>REFUSED ..... 777 DON'T KNOW ..... 999</p>	
<p>b. <b>had congestive heart failure?</b></p> <p>YES ..... 1 → NO ..... 2 (c) REFUSED ..... 7 (c) DON'T KNOW..... 9 (c)</p>		<p>had congestive heart failure?</p> <p> _ _ _  ENTER AGE IN YEARS</p> <p>REFUSED ..... 777 DON'T KNOW ..... 999</p>	
<p>c. <b>had coronary (kor-o-nare-ee) heart disease?</b></p> <p>YES ..... 1 → NO ..... 2 (d) REFUSED ..... 7 (d) DON'T KNOW..... 9 (d)</p>		<p>had coronary heart disease?</p> <p> _ _ _  ENTER AGE IN YEARS</p> <p>REFUSED ..... 777 DON'T KNOW ..... 999</p>	
<p>d. <b>had angina (an-gī-na), also called angina pectoris?</b></p> <p>YES ..... 1 → NO ..... 2 (e) REFUSED ..... 7 (e) DON'T KNOW..... 9 (e)</p>		<p>had angina, also called angina pectoris?</p> <p> _ _ _  ENTER AGE IN YEARS</p> <p>REFUSED ..... 777 DON'T KNOW ..... 999</p>	

<p>e. <b>had a heart attack (also called myocardial infarction (my-O-car-dee-al in-fark-shun))?</b></p> <p>YES..... 1 →  NO..... 2 (f)  REFUSED ..... 7 (f)  DON'T KNOW..... 9 (f)</p>		<p>had a heart attack (also called myocardial infarction)?</p> <p> _ _ _   ENTER AGE IN YEARS</p> <p>REFUSED ..... 777  DON'T KNOW ..... 999</p>	
<p>f. <b>had a stroke?</b></p> <p>YES..... 1 →  NO..... 2 (g)  REFUSED ..... 7 (g)  DON'T KNOW..... 9 (g)</p>		<p>had a stroke?</p> <p> _ _ _   ENTER AGE IN YEARS</p> <p>REFUSED ..... 777  DON'T KNOW ..... 999</p>	
<p>g. <b>had emphysema (emph-phi-see-ma)?</b></p> <p>YES..... 1 →  NO..... 2 (m)  REFUSED ..... 7 (m)  DON'T KNOW..... 9 (m)</p>		<p>had emphysema?</p> <p> _ _ _   ENTER AGE IN YEARS</p> <p>REFUSED ..... 777  DON'T KNOW ..... 999</p>	
<p>m. <b>had a thyroid (high-roid) problem?</b></p> <p>YES..... 1 →  NO..... 2 (k)  REFUSED ..... 7 (k)  DON'T KNOW..... 9 (k)</p>	<p>have a thyroid problem?</p> <p>YES..... 1  NO..... 2  REFUSED ..... 7  DON'T KNOW ..... 9</p>	<p>had a thyroid problem?</p> <p> _ _ _   ENTER AGE IN YEARS</p> <p>REFUSED ..... 777  DON'T KNOW ..... 999</p>	
<p>k. <b>had chronic bronchitis?</b></p> <p>YES..... 1 →  NO..... 2 (l)  REFUSED ..... 7 (l)  DON'T KNOW..... 9 (l)</p>	<p>have chronic bronchitis?</p> <p>YES..... 1  NO..... 2  REFUSED ..... 7  DON'T KNOW ..... 9</p>	<p>had chronic bronchitis?</p> <p> _ _ _   ENTER AGE IN YEARS</p> <p>REFUSED ..... 777  DON'T KNOW ..... 999</p>	
<p>l. <b>had any kind of liver condition?</b></p> <p>YES..... 1 →  NO..... 2 (MCQ.220)  REFUSED ..... 7 (MCQ.220)  DON'T KNOW.. 9 (MCQ.220)</p>	<p>have this liver condition?</p> <p>YES..... 1  NO..... 2  REFUSED ..... 7  DON'T KNOW ..... 9</p>	<p>had this liver condition?</p> <p> _ _ _   ENTER AGE IN YEARS</p> <p>REFUSED ..... 777  DON'T KNOW ..... 999</p>	

## HELP SCREENS FOR MCQ.160

MCQ160a

**Arthritis:** Is a disease that causes pain, swelling or stiffness in joints, for example the hand, the knee, or neck. Common kinds of arthritis are osteoarthritis and rheumatoid arthritis.

MCQ.195

**Osteoarthritis:** Is the most common kind of arthritis older persons. It is also called degenerative joint disease. Most often, it affects the knees, the hips, the hands, the feet, and the spine. There is usually bony joint enlargement. There can be joint deformity or pain.

**Rheumatoid Arthritis:** Causes inflammation, redness and swelling of both hands and knees, but it can affect joints anywhere in the body. You may feel sick and tired, and sometimes there are fevers.

**Psoriatic Arthritis:** Is arthritis caused by the skin rash Psoriasis. Most often it causes redness and swelling of joints such as the spine, knees, hips and hands.

**Arthritis:** Is a disease that causes pain, swelling or stiffness in joints, for example the hand, the knee, or neck. Common kinds of arthritis are osteoarthritis and rheumatoid arthritis.

MCQ160n

**Gout:** Gout attacks are the sudden onset of pain, redness and swelling in a joint. The big toe is the most common joint attacked, but knee and wrist attacks are also common. Gout is caused by uric acid crystal build up in the body.

MCQ160b

**Congestive Heart Failure:** Is when the heart can't pump enough blood to the body. Blood and fluid "back up" into the lungs, which makes you short of breath. Heart failure causes fluid buildup in and swelling of the feet, legs and ankles.

INTERVIEWER: DO NOT COUNT HEART MURMURS, IRREGULAR HEART BEATS, CHEST PAIN OR HEART ATTACKS.

MCQ160c

**Coronary Heart Disease:** Is when the blood vessels that bring blood to the heart muscle become narrow and hardened due to plaque (plak). Plaque buildup is called atherosclerosis (ATH-er-o-skler-O-sis). Blocked blood vessels to the heart can cause chest pain or a heart attack.

INTERVIEWER: IF THE RESPONDENT REPORTS CHEST PAIN, PROBE IF A DOCTOR TOLD THEM THAT THEY HAD BLOCKED BLOOD VESSELS OR CORONARY HEART DISEASE.

MCQ160d

**Angina (Angina Pectoris):** (AN-ji-na or an-JI-na). Angina is chest pain or discomfort that occurs when the heart does not get enough blood.

INTERVIEWER: IF THE RESPONDENT REPORTS CHEST PAIN, PROBE IF A DOCTOR TOLD THEM THAT THEY HAD BLOCKED BLOOD VESSELS OR ANGINA.

MCQ160e

**Heart Attack (Myocardial Infarction):** A heart attack happens when there is narrowing of a blood vessel that supplies the heart. A blood clot can form and suddenly cut off the blood supply to the heart muscle. This damage

causes crushing chest pain that may also be felt in the arms or neck. There can also be nausea, sweating, or shortness of breath.

MCQ160f

**Stroke:** Is when the blood supply to a part of the brain is suddenly cut off by a blood clot or a burst blood vessel in the brain. The part of the brain affected can no longer do its job. There can be numbness or weakness on one side of the body; trouble speaking or understanding speech; loss of eyesight; trouble with walking, dizziness, loss of balance or coordination; or severe headache.

MCQ160g

**Emphysema:** Is disease where the tiny air sacs in the lungs become damaged so less air goes in and out. As a result, the body does not get the oxygen it needs. Emphysema makes it hard to catch your breath. It is often due to smoking.

MCQ160m

**Thyroid Problem:** The thyroid is a gland in the neck that makes thyroid hormone. The thyroid sets your body's energy level: the temperature and heart rate. Thyroid problems include thyroid levels that are too high or too low, an inflamed or enlarged gland, and thyroid lumps or cancer.

INTERVIEWER: INCLUDE HYPERTHYROID (OVERACTIVE THYROID); HYPOTHYROID (UNDERACTIVE THYROID); GRAVES DISEASE (HYPERTHYROID AND/OR THYROID EYE DISEASE); HASHIMOTO'S THYROIDITIS (INFLAMED THYROID); POSTPARTUM THYROIDITIS (INFLAMED THYROID THAT HAPPENS AFTER DELIVERY OF A BABY); GOITER (ENLARGED THYROID); THYROID NODULE (LUMP IN THYROID-NOT CANCER); AND THYROID CANCER.

MCQ160k

**Chronic Bronchitis:** Is a long lasting breathing problem where you constantly cough up phlegm. Often there is a daily cough with phlegm for several months at a time for two or more years and you are short of breath. It is often due to smoking.

MCQ.220 {Have you/Has SP} **ever** been told by a doctor or other health professional that {you/s/he} had cancer or a malignancy (ma-lig-nan-see) of any kind?

- YES ..... 1
- NO ..... 2 (MCQ.300a)
- REFUSED ..... 7 (MCQ.300a)
- DON'T KNOW ..... 9 (MCQ.300a)

**HELP SCREEN:**

**Cancer:** Is an abnormal growth that can spread to other parts of the body. This causes damage and even death. Most cancers are named for where they start: for example lung cancer or breast cancer. A cancer is also called a "malignancy" or a "malignant tumor".

**Malignancy:** A tumor or growth that is a cancer. (see Cancer)

MCQ.230 What kind of cancer was it?

ENTER UP TO 3 KINDS. IF RESPONDENT OFFERS MORE THAN 3, ENTER 66 AS THE 4TH RESPONSE.

**CAPI INSTRUCTIONS:**

ALLOW UP TO 3 ENTRIES.

ALLOW 'MORE THAN 3 KINDS (CODE 66) ONLY AS 4TH ENTRY.

( ) ( ) ( ) ( )

BLADDER..... 10	LEUKEMIA..... 21	SKIN (NON-MELANOMA) ..... 32
BLOOD..... 11	LIVER ..... 22	SKIN (DON'T KNOW WHAT KIND) ..... 33
BONE ..... 12	LUNG..... 23	SOFT TISSUE (MUSCLE OR FAT) ..... 34
BRAIN ..... 13	LYMPHOMA/HODGKINS' DISEASE... 24	STOMACH ..... 35
BREAST ..... 14	MELANOMA ..... 25	TESTIS (TESTICULAR) ..... 36
CERVIX (CERVICAL) ..... 15	MOUTH/TONGUE/LIP ..... 26	THYROID ..... 37
COLON..... 16	NERVOUS SYSTEM..... 27	UTERUS (UTERINE)..... 38
ESOPHAGUS (ESOPHAGEAL)..... 17	OVARY (OVARIAN)..... 28	OTHER..... 39
GALLBLADDER..... 18	PANCREAS (PANCREATIC) ..... 29	MORE THAN 3 KINDS ..... 66
KIDNEY ..... 19	PROSTATE..... 30	REFUSED ..... 77
LARYNX/WINDPIPE..... 20	RECTUM (RECTAL) ..... 31	DON'T KNOW ..... 99

**BOX 9**

**LOOP 1:**

ASK MCQ.240 FOR EACH TYPE OF CANCER (CODES 10-39 AND CODE 99)  
ENTERED IN MCQ.230.

MCQ.240 How old {were you/was SP} when {TYPE OF CANCER/cancer} was **first** diagnosed?

**CAPI INSTRUCTIONS:**

DISPLAY TYPE OF CANCER (CODE 10-39) ENTERED IN MCQ.230.

DISPLAY "CANCER " IF DON'T KNOW ENTERED IN MCQ.230.

|\_|\_|\_|  
ENTER AGE IN YEARS

- REFUSED ..... 777
- DON'T KNOW ..... 999

**BOX 9A**

**END LOOP 1:**

ASK MCQ.240 FOR NEXT TYPE OF CANCER (CODES 10-39 AND CODE 99)  
ENTERED IN MCQ.230.

IF NO NEXT TYPE, CONTINUE WITH MCQ.300a.

**BOX 10**

OMITTED

**BOX 10A**

**CHECK ITEM MCQ.248:**

IF SP AGE  $\geq$  20, CONTINUE.

OTHERWISE, GO TO MCQ.300b.

MCQ.300  
a/b/c

Including living and deceased, **were any of {SP's/your} close biological** that is, blood **relatives** including father, mother, sisters or brothers, **ever told by a health professional that they had . . .**

CAPI INSTRUCTION:

TEXT OF QUESTION SHOULD BE OPTIONAL, "[ ]'S, AFTER FIRST TIME.

a. **a heart attack or angina (an-gī-na) before the age of 50?**

YES .....	1
NO .....	2
REFUSED .....	7
DON'T KNOW .....	9

b. **asthma (az-ma)?**

CAPI INSTRUCTION:

IF SP AGE 6-19, DISPLAY: Including living and deceased, were any of {SP's/your} close biological that is, blood relatives including father, mother, sisters or brothers, ever told by a health professional that they had

...

YES .....	1
NO .....	2
REFUSED .....	7
DON'T KNOW .....	9

**BOX 10c**

OMITTED

**BOX 10D**

**CHECK ITEM MCQ.360:**

IF SP AGE 6-15, GO TO END OF SECTION.

IF SP AGE 16-19, GO TO MCQ.365.

OTHERWISE, CONTINUE.

c. **diabetes?**

YES .....	1
NO .....	2
REFUSED .....	7
DON'T KNOW .....	9

**BOX 11**

OMITTED

MCQ.365 To lower {your/SP's} risk for certain diseases, during the past 12 months {have you/has s/he} ever  
a/b/c/d been told by a doctor or health professional to:

RESPONSES: YES = 1, NO = 2, REFUSED = 7, DON'T KNOW = 9

- a. control {your/his/her} weight or lose weight? \_\_\_\_\_
- b. increase {your/his/her} physical activity or exercise? \_\_\_\_\_
- c. reduce the amount of sodium or salt in {your/his/her} diet? \_\_\_\_\_
- d. reduce the amount of fat or calories in {your/his/her} diet? \_\_\_\_\_

HELP SCREEN: Controlling your weight might be recommended to help prevent high blood pressure, diabetes, high cholesterol and other conditions.

MCQ.370 To lower {your/his/her} risk for certain diseases, {are you/is s/he} now doing any of the following:  
a/b/c/d

RESPONSES: YES = 1, NO = 2, REFUSED = 7, DON'T KNOW = 9

- a. controlling {your/his/her} weight or losing weight? \_\_\_\_\_
- b. increasing {your/his/her} physical activity or exercise? \_\_\_\_\_
- c. reducing the amount of sodium or salt in {your/his/her} diet? \_\_\_\_\_
- d. reducing the amount of fat or calories in {your/his/her} diet? \_\_\_\_\_

HELP SCREEN: Controlling your weight might be recommended to help prevent high blood pressure, diabetes, high cholesterol and other conditions.

<b>BOX 12</b>
<b>CHECK ITEM MCQ.375:</b> IF SP AGE < 60, GO TO END OF SECTION. OTHERWISE, CONTINUE.

MCQ.380 During the **past 7 days**, how often {have you/has SP} had trouble remembering where {you/he/she} put things, like {your/his/her} keys or {your/his/her} wallet? Would you say....

- Never ..... 0
- About once ..... 1
- Two or three times ..... 2
- Nearly every day ..... 3
- Several times a day ..... 4
- REFUSED ..... 7
- DON'T KNOW ..... 9