

**NATIONAL HEALTH AND NUTRITION EXAMINATION SURVEY (NHANES)**  
Consent/Assent and Parental Permission for Specimen Storage and Continuing Studies

Print name of participant \_\_\_\_\_  
First Middle Last

**Q Why will a sample of blood and urine be kept for future health studies?**

**A** We will store some of the blood and urine from persons who are examined in NHANES for future health studies. These samples will be frozen and kept in a specimen bank for as long as they last. Your participation is voluntary and no loss of benefits will result if you refuse.

**Q What studies will be done with the samples?**

**A** At this time, no specific studies are planned besides the tests included in the NHANES exam. As scientists learn more about health and diseases, other studies will be conducted that may include stored samples. There can be many additional studies on these samples. People conducting these studies will not contact NHANES participants for any additional information.

We will keep strictly confidential all health data and samples that we collect in NHANES as required by Federal law. By confidential we mean that the information that we release to the public can not be used to identify you. Our staff is not allowed to discuss that any person is part of this survey under penalty of Federal laws: Section 308(d) of the Public Health Service Act (42 USC 242m) and the Privacy Act of 1974 (5 USC 552A).

**Q Who can use the stored samples for further study?**

**A** Researchers from Federal agencies, universities, and other scientific centers can submit proposals to use the stored specimens. These proposals will be reviewed for scientific merit and then by a separate board that determines if the study proposed is ethical. The NHANES program will always know which samples belong to you or your child, but we will not give other researchers any information that could identify you or your child.

**Q Will I receive results from any future testing of my specimens?**

**A** Most studies will simply add to our knowledge of health and disease. Therefore, we do not plan to contact you or your family with individual results from these studies. Periodically we will announce on our web site general results from the studies being conducted (<http://www.cdc.gov/nchs/nhanes.htm>). To get more general information about a particular study, you can call our toll-free number, 1-800 452-6115.

**Q What are the benefits and risks for allowing my blood or urine sample to be used for future studies?**

**A** You will not directly benefit but these studies may eventually help the health of people in the future. The risk of giving a sample includes the minor risk associated with taking the blood sample. There may also be a risk that some people may use the information from these studies to exaggerate or downplay differences among people. The ethics board that will review all studies using these samples will attempt to prevent any misuse of the information gained from the NHANES samples.

**Q How can I remove blood or urine samples from the specimen bank?**

**A** In the future, if you want samples removed from the specimen bank, call us toll-free at 1-800-452-6115.

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**The results of continuing studies of your stored specimens may help find new ways to prevent, treat, and cure many diseases.**

For **persons ages 7 and over**, check a box

- I agree that my blood and urine (if applicable) may be kept for future health studies
- I disagree

For **parent/guardian of a child under the age of 18**, check a box

- I agree that my child's blood and urine may be kept for future health studies
- I disagree

\_\_\_\_\_  
Signature of participant age 7 or over Date

\_\_\_\_\_  
Signature of parent/guardian of participant under 18 Date  
(Unless the participant is an emancipated minor )

I observed the interviewer read this form to the person named above and he/she agreed to participate by signing or marking this form.

\_\_\_\_\_  
Witness (if required) Date

Name of staff member present when this form was signed:  
\_\_\_\_\_

SP ID \_\_\_\_\_