

October 12, 2011

Dear Friend,

The Centers for Disease Control and Prevention (CDC), of the federal government, is conducting a study to collect information about the health and nutritional status of people living in the United States. Of particular interest to public health researchers and policy makers is assuring representation of the full spectrum of all people who live in this country, including Hispanic Americans. By participating in the National Health and Nutrition Examination Survey (NHANES) you have the opportunity to represent thousands of others in our communities.

The National Council of La Raza (NCLR) fully supports this worthwhile project and encourages everyone who is selected to participate. NHANES data has been used to help address important health concerns in our community, such as heart disease, diabetes, and high blood pressure. Your participation in the study makes sure that NCLR and other organizations have the detailed information necessary to promote policies and design programs to address the specific needs of the Hispanic community.

We hope that you will take the time to participate in this important study. Your participation will include an interview in your home. That interviewer will then set up an appointment for your physical examination in our Mobile Examination Center. You will be given the results of your exam, which you and your doctor may find very useful. All information obtained is kept in the strictest of confidence, and no information is ever released to another federal agency.

If you have any questions about this study, please feel free to call Dr. Kathryn Porter at the CDC toll-free at 1-800-452-6115. Thank you for your time and consideration.

Sincerely,



Janet Murguía
President and CEO