

<b>START NEW CARD</b>				
<b>DUP COL 1 - 10</b>				
MOD.	<u>  A  </u>	<u>  6  </u>	[11 - 12]	
CARD NO.	<u>  0  </u>	<u>  1  </u>	[13 - 14]	
		<u>  b  </u>	[15]	

**GAD**

**a: IF CHILD DID NOT ATTEND SCHOOL OR WORK IN LAST YEAR, CODE "8" IN Q 1, THEN GO TO Q 2**

Now I want to ask you about some other things that you might worry about.

1. In the last year – that is, since [NAME EVENT/NAME CURRENT MONTH of last year] – did you often get very worried before you [took a test or handed in an important assignment/had to get something ready for a deadline]? 0 2 7 8 9 [16]

**IF YES, A.** In the last year, was there a time when you would worry even when you didn't need to, say [in a subject/about something at work] where you were well prepared and always did well? 0 **2\*** 7 9 [17]

**B.** Was it very hard for you to stop yourself from worrying before [tests or assignments/deadlines]? 0 **2\*** 7 9 [18]

**b: IF A \* RESPONSE WAS CODED IN A OR B, CONTINUE**  
**ALL OTHERS, GO TO Q 2**

**C.** When you were worried like that, did you keep asking other people if you would do okay? 0 2 7 9 [19]

**c: IF CHILD DID NOT ATTEND SCHOOL IN LAST 4 WEEKS, CODE "8" IN D, THEN GO TO Q 2**

**D.** Now, what about the last four weeks? 0 2 7 8 9 [20]  
Since [[NAME EVENT]/the beginning of/the middle of/the end of [LAST MONTH]], have you often gotten very worried before you [took a test or handed in an important assignment/had to get something ready for a deadline]?

2. In the last year (*that is, since [NAME CURRENT MONTH] of last year*), did you often worry a lot before you were going to play a sport or game or do some other activity? 0 2 7 9 [21]

**IF YES,** A. In the last year, was there a time when you would worry like that even when you were going to do something you were pretty good at? 0 2\* 7 9 [22]

B. Was it very hard for you to stop yourself from worrying before you played in a game or did some other special activity like that? 0 2\* 7 9 [23]

**d: IF A \* RESPONSE WAS CODED IN A OR B,  
CONTINUE  
  
ALL OTHERS, GO TO Q 3**

C. When you were worried like that, did you keep asking other people if you would do okay? 0 2 7 9 [24]

D. Now, what about the last four weeks?  
(*Since [[NAME EVENT]//the beginning of/the middle of/the end of [LAST MONTH]]*), have you gotten very worried before you were going to play in a game or before you were going to do some other special activity? 0 2 7 9 [25]

3. In the last year (*that is, since [NAME CURRENT MONTH] of last year*), did you often worry a lot when you made small mistakes doing (your homework or on other) projects or activities? 0 2 7 9 [26]

**IF YES,** A. In the last year, was there a time when you would worry about these things even when you didn't need to, say when no one would even notice the mistake (or it wouldn't count against you in your grade)? 0 2\* 7 9 [27]

B. Was it very hard for you to stop yourself from worrying about these things? 0 2\* 7 9 [28]

**e: IF A \* RESPONSE WAS CODED IN A OR B,  
CONTINUE  
  
ALL OTHERS, GO TO Q 4**

C. When you were worried like that, did you keep asking other people if you would do okay? 0 2 7 9 [29]

D. Now, what about the last four weeks?  
(*Since [[NAME EVENT]//the beginning of/the middle of/the end of [LAST MONTH]]*), have you worried a lot when you made small mistakes? 0 2 7 9 [30]

4. In the last year – that is, since [NAME CURRENT MONTH] of last year – did you often worry about being on time? 0 2 7 9 [31]

**IF YES,** A. In the last year, was there a time when you would worry even when you didn't need to, because you had plenty of time to get where you were going? 0 2\* 7 9 [32]

B. Was it very hard for you to stop yourself from worrying about being on time? 0 2\* 7 9 [33]

**f: IF A \* RESPONSE WAS CODED IN A OR B, CONTINUE**  
**ALL OTHERS, GO TO Q 5**

C. When you were worried like that, did you keep asking other people if you would be on time? 0 2 7 9 [34]

D. Now, what about the last four weeks? (Since [[NAME EVENT]]//the beginning of/the middle of/the end of [LAST MONTH]), have you often worried about being on time? 0 2 7 9 [35]

5. In the last year (*that is, since [NAME CURRENT MONTH] of last year*), have you worried a lot that you might have some sickness or illness? 0 2 7 9 [36]

**IF YES,** A. In the last year, was there a time when you worried a lot more than other [children/people your age] that you might have a sickness? 0 2\* 7 9 [37]

B. Was it very hard for you to stop yourself from worrying about having some sickness or illness? 0 2\* 7 9 [38]

**g: IF A \* RESPONSE WAS CODED IN A OR B, CONTINUE**  
**ALL OTHERS, GO TO INSTRUCTION BOX "h"**

C. When you were worried like this, did you keep asking other people if you were okay? 0 2 7 9 [39]

D. Now, what about the last four weeks? (Since [[NAME EVENT]]//the beginning of/the middle of/the end of [LAST MONTH]), have you worried a lot about having some serious sickness or illness? 0 2 7 9 [40]

**h: IF 1 OR MORE \* RESPONSES WERE CODED IN Q 1 - 5, CONTINUE**  
**ALL OTHERS GO TO Q 23, P. 55**

6. You said that you worried about [NAME \* SYMPTOMS IN Q 1 - 5].

Thinking about the whole last year, was there a time when you worried about one thing or another on at least four days a week? 0 2π 7 9 [41]

**IF NO, GO TO Q 23, P. 55**

**IF YES, A.** Did you worry like this for as long as six months? 0 2 7 9 [42]

7. Now I'm going to ask you about how you felt when you worried in the last year – that is, since [NAME CURRENT MONTH] of last year.

When you were worried, did your muscles feel tight or tense? 0 2 7 9 [43]

**IF YES, A.** Did you feel like this on most days for as long as six months? 0 2\* 7 9 [44]

**IF YES, B.** Now, what about the last four weeks?  
*(Since [[NAME EVENT]]//the beginning of/the middle of/the end of [[LAST MONTH]]), have your muscles felt tight or tense when you were worried?* 0 2 7 9 [45]

8. In the last year (*that is, since [NAME CURRENT MONTH] of last year*), when you were worried, did you feel very restless or keyed up? 0 2 7 9 [46]

**IF YES, A.** Did you feel like this on most days for as long as six months? 0 2\* 7 9 [47]

**IF YES, B.** Now, what about the last four weeks?  
*(Since [[NAME EVENT]]//the beginning of/the middle of/the end of [[LAST MONTH]]), have you felt very restless or keyed up when you were worried?* 0 2 7 9 [48]

9. In the last year (*that is, since [NAME CURRENT MONTH] of last year*), when you were worried, did you get tired very easily? 0 2 7 9 [49]

**IF YES, A.** Did you feel like this on most days for as long as six months? 0 2\* 7 9 [50]

**IF YES, B.** Now, what about the last four weeks?  
*(Since [[NAME EVENT]]//the beginning of/the middle of/the end of [[LAST MONTH]]), have you gotten tired very easily when you were worried?* 0 2 7 9 [51]

10. In the last year (*that is, since [NAME CURRENT MONTH] of last year*), did you have problems keeping your mind on what you were doing because you were so nervous? 0 2 7 9 [52]
- IF YES, A.** Did you have problems keeping your mind on things on most days for as long as six months? 0 2† 7 9 [53]
- IF YES, B.** Now, what about the last four weeks? (Since [[NAME EVENT]//the beginning of/the middle of/the end of [LAST MONTH]], have you had problems keeping your mind on what you were doing because you've been so nervous? 0 2 7 9 [54]
11. In the last year – that is, since [NAME CURRENT MONTH] of last year – when you felt worried, did your mind sometimes start to go blank? 0 2 7 9 [55]
- IF YES, A.** Did this happen on most days for as long as six months? 0 2† 7 9 [56]
- IF YES, B.** Now, what about the last four weeks? (Since [[NAME EVENT]//the beginning of/the middle of/the end of [LAST MONTH]], has your mind sometimes started to go blank when you were worried? 0 2 7 9 [57]

**NOTE 1: WAS A † RESPONSE CODED IN Q 10 OR Q 11?** 0 2\* [58]

12. In the last year (*that is, since [NAME CURRENT MONTH] of last year*), when you worried, did you have trouble falling asleep or staying asleep ... or did you feel tired when you woke up in the morning? 0 2 7 9 [59]
- IF YES, A.** Did you feel like this on most nights for as long as six months? 0 2\* 7 9 [60]
- IF YES, B.** Now, what about the last four weeks? (Since [[NAME EVENT]//the beginning of/the middle of/the end of [LAST MONTH]], have you had trouble sleeping when you were worried? 0 2 7 9 [61]
13. In the last year (*that is, since [NAME CURRENT MONTH] of last year*), when you were worried, were you grouchy or irritable ... bothered even by little things? 0 2 7 9 [62]
- IF YES, A.** Did you feel like this on most days for as long as six months? 0 2\* 7 9 [63]
- IF YES, B.** Now, what about the last four weeks? (Since [[NAME EVENT]//the beginning of/the middle of/the end of [LAST MONTH]], have you been grouchy or irritable ... when you were worried? 0 2 7 9 [64]

**i: IF 1 OR MORE \* RESPONSES WERE CODED IN NOTE 1 AND Q 7 - 13, CONTINUE**

**ALL OTHERS, GO TO Q 23, P. 55**

14. You said that in the last year you worried about one thing or another at least four days a week.

How old were you the first time you ever worried about a lot of different things like that?

CODE AGE (66 = WHOLE LIFE, ALWAYS) -----> | \_\_\_\_ | YEARS [65-66]

IF AGE NOT KNOWN, ASK: What grade were you in?

CODE GRADE (44 = PRE-K, 55 = KINDERGARTEN, 13 = COLLEGE FRESHMAN, 14 = SOPHOMORE, 15 = JUNIOR, 16 = SENIOR, 17 = POST B.A) -----> | \_\_\_\_ | GRADE [67-68]

j: IF [AGE/GRADE] GIVEN WAS CHILD'S CURRENT [AGE/GRADE], GO TO 15  
 IF [AGE/GRADE] GIVEN WAS CHILD'S CURRENT [AGE/GRADE] MINUS ONE, GO TO A  
 ALL OTHERS, GO TO B

A. Was that more than a year ago – that is, before [[NAME EVENT/NAME CURRENT MONTH] of last year]? 0 2 7 9 [69]

**IF NO, GO TO Q 15**

B. Since that first time, was there ever a time when you did not worry about a lot of different things? 0 2 7 9 [70]

**IF NO, GO TO Q 15**

C. Did that time when you weren't worried about different things last for two months or more? 0 2 7 9 [71]

**IF NO, GO TO Q 15**

D. You said that you were worried about one thing or another at least 4 days a week in the last year.

How old were you when worrying about a lot of different things began this time?

CODE AGE (88 = NEVER STARTED AGAIN) -----> | \_\_\_\_ | YRS. [72-73]

IF AGE NOT KNOWN, ASK: What grade were you in?

CODE GRADE (44 = PRE-K, 55 = KINDERGARTEN, 13 = COLLEGE FRESHMAN, 14 = SOPHOMORE, 15 = JUNIOR, 16 = SENIOR, 17 = POST B.A, 88 = NEVER STARTED AGAIN) -----> | \_\_\_\_ | GRADE [74-75]

k: IF [AGE/GRADE] GIVEN WAS CHILD'S CURRENT [AGE/GRADE] MINUS ONE, GO TO E  
 ALL OTHERS, GO TO Q 15

E. Did you start worrying about different things again more than a year ago – that is before [[NAME EVENT/NAME CURRENT MONTH] of last year]? 0 2 7 9 [76]

**START NEW CARD  
DUP COL 1 - 12**

CARD NO.   0     2   [13-14]  
                                  b                                  [15]

15. You said that in the last year you worried about a lot of different things.

Now I'd like you to think back to the time in the last year when worrying caused the most problems.

At that time did your [CARETAKERS] seem annoyed or upset with you because you worried about a lot of different things? 0 1 2 7 9 [16]

**IF YES, A.** How often did your [CARETAKERS] seem annoyed or upset with you because of this? Would you say: a lot of the time, some of the time, or hardly ever?

- A lot of the time ..... 3 [17]
- Some of the time ..... 2
- Hardly ever ..... 1
- Refuse to answer ..... 7
- Don't know ..... 9

16. At that time, did worrying about different things keep you from doing things or going places with your family? 0 1 2 7 9 [18]

**IF YES, A.** How often did worrying like that keep you from doing things or going places with your family? Would you say: a lot of the time, some of the time, or hardly ever?

- A lot of the time ..... 3 [19]
- Some of the time ..... 2
- Hardly ever ..... 1
- Refuse to answer ..... 7
- Don't know ..... 9

17. At that time, did worrying about different things keep you from doing things or going places with other [children/people your age]? 0 1 2 7 9 [20]

**IF YES, A.** How often did worrying like that keep you from doing things or going places with other [children/people your age]? Would you say: a lot of the time, some of the time, or hardly ever?

- A lot of the time ..... 3 [21]
- Some of the time ..... 2
- Hardly ever ..... 1
- Refuse to answer ..... 7
- Don't know ..... 9

**I: IF CHILD DID NOT ATTEND SCHOOL OR WORK IN LAST YEAR, CODE "8" IN Q 18 AND Q 19, THEN GO TO Q 20**

18. When the problems were worst, did worrying about different things [make it difficult for you to do your schoolwork or cause problems with your grades/make it difficult for you to do your work]? 0 1 2 7 8 9 [22]

**IF YES,** A. How bad were the problems you had with your [schoolwork/work] because you worried like that? Would you say: very bad, bad, or not too bad?

- Very bad ..... 3 [23]
- Bad ..... 2
- Not too bad ..... 1
- Refuse to answer ..... 7
- Don't know ..... 9

19. At that time, did worrying about different things cause your [teachers/boss] to be annoyed or upset with you? 0 1 2 7 8 9 [24]

**IF YES,** A. How often [were/was] your [teachers/boss] annoyed or upset with you because you worried like that? Would you say: a lot of the time, some of the time, or hardly ever?

- A lot of the time ..... 3 [25]
- Some of the time ..... 2
- Hardly ever ..... 1
- Refuse to answer ..... 7
- Don't know ..... 9

20. When the problems were worst, did worrying about different things make you feel bad or make you feel upset? 0 1 2 7 9 [26]

**IF YES,** A. How bad did worrying like that make you feel? Would you say: very bad, bad, or not too bad?

- Very bad ..... 3 [27]
- Bad ..... 2
- Not too bad ..... 1
- Refuse to answer ..... 7
- Don't know ..... 9

21. In the last year – that is, since [NAME CURRENT MONTH] of last year – have you been to see someone at a hospital or a clinic or at their office because you worried about a lot of different things? 0 2 7 9 [28]

**IF YES, GO TO OPTIONAL DETAILS, NEXT PAGE**

**IF NO,** A. Do you have an appointment set up to see someone because you worry about a lot of different things? 0 2 7 9 [29]

**IF YES, GO TO OPTIONAL DETAILS, NEXT PAGE**

**OPTIONAL DETAILS:**

22. Who [did you/are you going to] see? (**WRITE IN:**)

Name: \_\_\_\_\_ |\_\_\_\_\_| [30-31]

Profession: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

**A. IF SOMEONE WAS SEEN, ASK:**

What did the person you saw say was the matter?

\_\_\_\_\_ |\_\_\_\_\_| [32-33]

\_\_\_\_\_

\_\_\_\_\_

23. Now I'd like to ask you a few more questions about feeling nervous or uncomfortable in the last year.

Are you the kind of person who is often very tense, or who finds it very hard to relax? 0 2 7 9 [34]

**IF YES, A.** Have you been tense like this in the last year – that is, since [NAME CURRENT MONTH] of last year? 0 2 7 9 [35]

**IF YES, B.** Have you been tense like this a lot of the time for as long as six months? 0 2 7 9 [36]

**C.** Now, what about the last four weeks?  
 (Since [[NAME EVENT]]//the beginning of/the middle of/the end of [LAST MONTH]), have you been very tense or has it been hard for you to relax? 0 2 7 9 [37]

24. In the last year (*that is, since [NAME CURRENT MONTH] of last year*), have you often been worried that you have made a mistake or have done something the wrong way? 0 2 7 9 [38]

**IF YES, A.** Have you worried like this a lot of the time for as long as six months? 0 2 7 9 [39]

**B.** Now, what about the last four weeks?  
 (Since [[NAME EVENT]]//the beginning of/the middle of/the end of [LAST MONTH]), have you often worried that you've made a mistake or done something the wrong way? 0 2 7 9 [40]

25. In the last year (*that is, since [NAME CURRENT MONTH] of last year*), have you often worried that you made a fool of yourself in front of other people? 0 2 7 9 [41]
- IF YES,** A. Have you worried like this a lot of the time for as long as six months? 0 2 7 9 [42]
- B. Now, what about the last four weeks? 0 2 7 9 [43]  
*(Since [[NAME EVENT]]//the beginning of/the middle of/the end of [LAST MONTH]), have you often worried that you made a fool of yourself in front of other people?*
26. In the last year (*that is, since [NAME CURRENT MONTH] of last year*), have you often worried about whether other people liked you? 0 2 7 9 [44]
- IF YES,** A. Have you worried like this a lot of the time for as long as six months? 0 2 7 9 [45]
- B. Now, what about the last four weeks? 0 2 7 9 [46]  
*(Since [[NAME EVENT]]//the beginning of/the middle of/the end of [LAST MONTH]), have you often worried about whether other people liked you?*
27. In the last year – that is, since [NAME CURRENT MONTH] of last year – have you had a lot of headaches? 0 2 7 9 [47]
- IF YES,** A. Was that when you were sick, say with a cold or the flu ... or because of another medical problem? 0 2 7 9 [48]
- IF YES,** B. Have you had a lot of headaches when you weren't sick or didn't have a medical problem? 0 2 7 9 [49]
- IF NO, GO TO Q 28**
- C. Did you keep having headaches like this for as long as six months? 0 2 7 9 [50]
- D. Now, what about the last four weeks? 0 2 7 9 [51]  
*(Since [[NAME EVENT]]//the beginning of/the middle of/the end of [LAST MONTH]), have you had a lot of headaches?*
28. In the last year (*that is, since [NAME CURRENT MONTH] of last year*), have you had a lot of stomachaches? 0 2 7 9 [52]
- IF YES,** A. Was that when you were sick, say with a cold or the flu ... or because of another medical problem? 0 2 7 9 [53]
- IF YES,** B. Have you had a lot of stomachaches when you weren't sick or didn't have a medical problem? 0 2 7 9 [54]
- IF NO, GO TO Q 29**
- C. Did you keep having stomachaches like this for as long as six months? 0 2 7 9 [55]
- D. Now, what about the last four weeks? 0 2 7 9 [56]  
*(Since [[NAME EVENT]]//the beginning of/the middle of/the end of [LAST MONTH]), have you had a lot of stomachaches?*

29. In the last year (*that is, since [NAME CURRENT MONTH] of last year*), have you had a lot of other aches and pains? 0 2 7 9 [57]
- IF YES, A.** Was that when you were sick, say with a cold or the flu ... or because of another medical problem? 0 2 7 9 [58]
- IF YES, B.** Have you had a lot of aches and pains when you weren't sick or didn't have a medical problem? 0 2 7 9 [59]
- IF NO, GO TO INSTRUCTION BOX "m"**
- C. Did you keep having aches and pains like this for as long as six months? 0 2 7 9 [60]
- D. Now, what about the last four weeks?  
(*Since [[NAME EVENT]]/the beginning of/the middle of/the end of [LAST MONTH]]*), have you had a lot of other aches and pains? 0 2 7 9 [61]

**m: IF A π RESPONSE WAS CODED IN Q 6 AND CHILD IS AGE 7 OR OLDER, CONTINUE**

**ALL OTHERS, GO TO SeMu, P. 59**

**Whole Life Screen**

30. You said that in the last year there was a time when you worried about one thing or another at least four days a week.

Now I want you to think back to before the last year ... since the time you turned five years old up until the last twelve months.  
(*INTERVIEWER: point out age five on whole life chart.*)

Since you turned five years old, was there ever a time when worrying about different things was worse than it has been in the last year? 0 2 7 9 [62]

**IF YES, A.** When did you worry the most often?  
(*INTERVIEWER: IF MORE THAN ONE YEAR IS REPORTED, ASK: "During which single year of age were you the worst?" IF MORE THAN ONE YEAR STILL REPORTED, ENTER YOUNGEST AGE.*)

**CODE AGE ----->** |\_\_\_ \_\_\_| YRS. [63-64]

**IF AGE NOT KNOWN, ASK:** What grade were you in?  
**CODE GRADE (44 = PRE-K, 55 = KINDERGARTEN, 13 = COLLEGE FRESHMAN, 14 = SOPHOMORE, 15 = JUNIOR, 16 = SENIOR, 17 = POST B.A) ----->** |\_\_\_ \_\_\_| GRADE [65-66]

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